

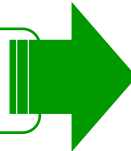


MONEY-SAVING TIPS FOR MEDICATIONS



1

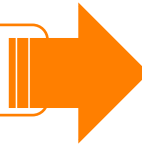
KNOW YOUR COVERAGE



Call your insurance company or look at the benefits summary. Important information: Deductible amount, copay amount, and preferred pharmacies. When considering new plans, be sure to check for your medications on the Drug Formulary list (Covered Medications)!

2

START A CONVERSATION



Let us know your concerns about cost so that we can discuss options together. We can also connect you to programs that provide assistance.

3

COMPARE PRICES



Look for your medication(s) on the pharmacy's \$4 generic medication list. Search price comparison sites to find the best cash or coupon price.

GoodRx.com
NeedyMeds.org
EasyDrugCard.com

4

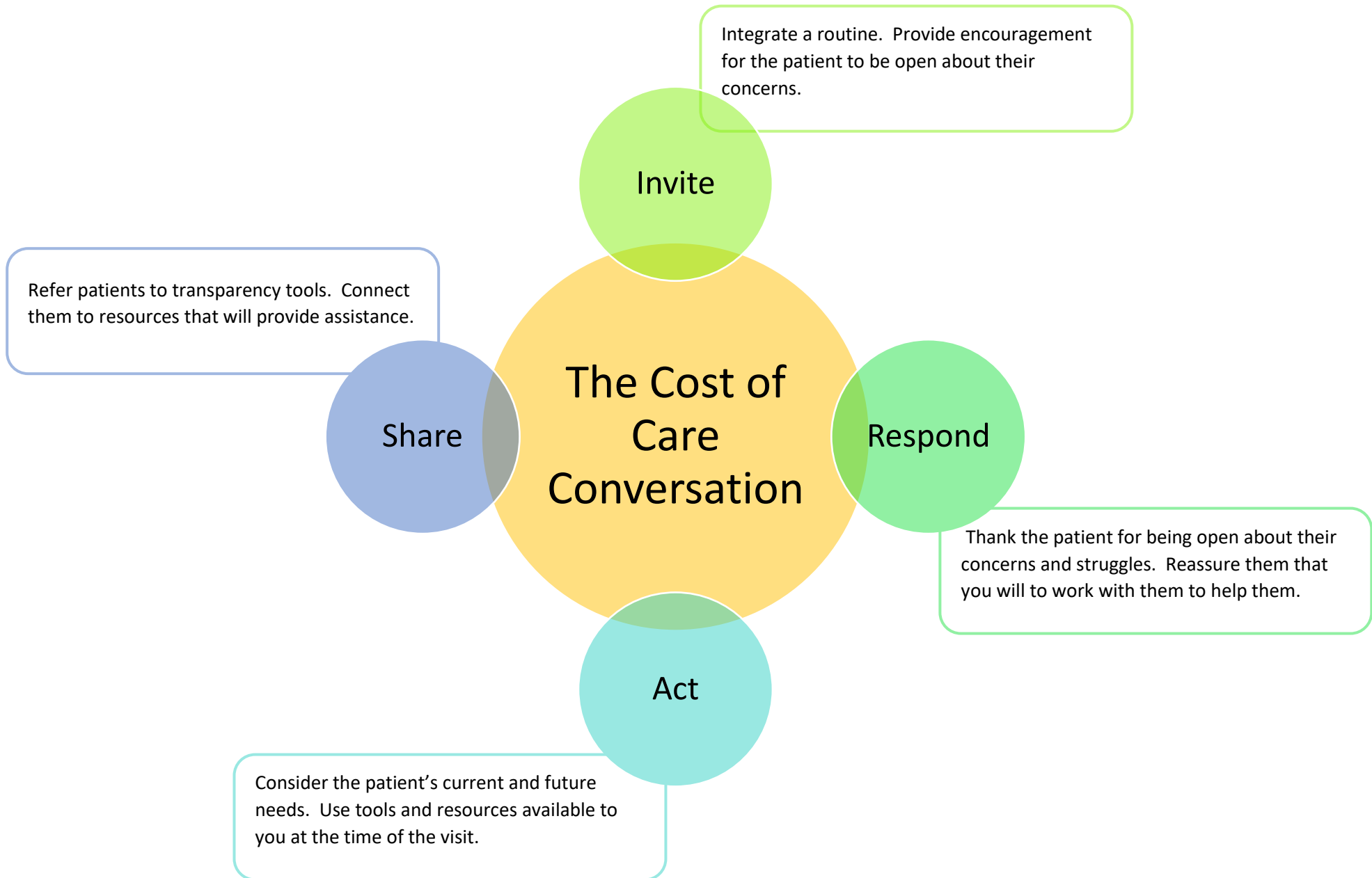
ASK THE PHARMACIST



You have options! Ask about lowering costs every time. Request prices for your medications for multiple payment types: with insurance, cash or with a discount card.

When Should I Shop For Discounts That Don't Use My Insurance Coverage?

- ✓ When you will not spend more than your insurance deductible this year.
- ✓ When there is a change in your insurance coverage for a medication that you take.
- ✓ When you have reached the Medicare Coverage Gap and will not meet the spending amount to get out of the Gap.
- ✓ When you do not have insurance.
- ✓ When a discount price is less than your copay.



Cost Conversations - Medications

	INVITE	RESPOND	ACT	SHARE
Do	<p>Integrate a routine:</p> <ul style="list-style-type: none"> • Give medication list at check-in for patient to update.¹ • Give a pre-visit medication use questionnaire at check-in. Address during the visit.¹ • Ask more than if they are taking their medications 	<ul style="list-style-type: none"> • Review the pre-visit questionnaire. • Review the patient's changes to their medication list. • Communicate concerns between the MA/Nurse and the Physician. 	<ul style="list-style-type: none"> • Refer patients to tools when they: <ul style="list-style-type: none"> - know they won't reach their deductible - don't have insurance - are in the donut hole and don't expect to reach catastrophic coverage - have changes to drug coverage • Refer to a formulary when prescribing a new medication. • In dire situations, prioritize medications. • Perform a Drug Utilization Review 	<ul style="list-style-type: none"> • Determine a person that can provide further information and assistance for the patient. • Compile a list of resources related to Prescription Assistance.
Say	<p>"Many people have trouble [filling or] taking their medications on a regular basis. Do you find this is the case for any of your medications?"¹</p> <p>When was the last time you took "x"? (x = each medication)</p> <p>I know it can be difficult to take all of these medications regularly. What gets in the way of taking your medications?</p>	<p>"Thank you for telling my staff that you are not taking the medicines I prescribed last time. Let's talk about why that is."¹</p> <p>"Testing is expensive, Are you testing less often to try and conserve supplies?"</p>	<p>"Let's discuss some different options and the pros and cons of each..."²</p> <p>"We talked about a lot today! Here is information about (quick summary) for you to have at home."</p> <p>"Sometimes we can cut pills in half to help with cost or keep it as a single, whole pill to make it easier. How would you prefer to take your medications?"</p>	<p>"It's important to me that we address these concerns. I would like to connect you with the best person to assist you. Would that be ok?"</p>
Use	<ul style="list-style-type: none"> • AMA Steps Forward Medication Adherence Module for staff training 	<ul style="list-style-type: none"> • Costs of Care Value Conversations Models for staff training 	<p>Look up coverage for current or new medications:</p> <ul style="list-style-type: none"> • EHR formulary • App: Formularylookup.com 	<ul style="list-style-type: none"> • State Health Insurance Program Assistance (Medicare) • \$4 Generic List • Price Comparison Tools: <ul style="list-style-type: none"> ○ Commercial Insurances ○ GoodRx ○ NeedyMeds.org ○ EasyDrugCard.com
Give	<ul style="list-style-type: none"> • A list of medications and/or a pre-visit questionnaire to the patient. 	<ul style="list-style-type: none"> • Reassurance that you will address this concern together. 	<ul style="list-style-type: none"> • Medicare Coverage Gap Handout • Money Saving Tips Handout • A plan of action if the prescription is too expensive (<i>i.e. an OTC substitute or backup prescription</i>) 	<ul style="list-style-type: none"> • A name and contact for assistance. • A handout explaining resources.

1. AMA Recommendation 2. ACP Recommendation