

January 6, 2016

Your Chapter in Action: SPECIAL EDITION

Focus on Aging: Helpful Resources in Caring For Your Aging Patient

According to the [Administration on Aging](#), the older population—persons 65 years or older—numbered 44.7 million in 2013 (the latest year for which data is available). They represented 14.1% of the U.S. population, about one in every seven Americans. By 2060, there will be about 98 million older persons, more than twice their number in 2013. People 65+ represented 14.1% of the population in the year 2013 but are expected to grow to be 21.7% of the population by 2040.

New York's total population is over 19 million individuals, and the State ranks fourth in the nation in the number of adults age 60 and over - 3.7 million.

New York State Office for the Aging: Community-Based Programs and Services Available to Compliment the Medical Care and Advice Physicians Provide to Older Adults

Did you know there are extensive community-based services available to older adults funded under the [Older Americans Act](#)? These programs and services are critical to an individual's overall health, wellness and independence. The [New York State Office for the Aging \(NYSOFA\)](#) and its network can help to connect patients through referral to the important day-to-day social supports that will reinforce and compliment the medical care and advice you provide.

NYSOFA contracts with 59 county based area agencies on aging (AAA) who have partnerships with almost 1,200 service providers to provide the following services in every county in the state:

- [NY Connects Program \(ADRC\)](#) - provides [county-specific](#), objective information and assistance in accessing long term services and supports, options counseling, benefits and application assistance
- Health Insurance Information, Counseling and Assistance (HIICAP) helps individuals understand their Medicare benefits, assistance selecting Part D plans, etc.
- Personal Care Level I and II (non-Medicaid)
- Case management
- Respite
- Ancillary services such as Personal Emergency Response Systems (PERS) and assistive devices
- Social adult day services
- Transportation to needed medical appointments, community services and activities
- Employment services
- Legal Services
- Home modifications, repairs
- Long Term Care Ombudsman
- Home delivered meals (HDM)
- Congregate meals
- Nutrition counseling & education
- Senior center programming
- Health promotion and wellness
- Evidence Based Interventions - Chronic Disease Self-Management Education Programs (CDSMEs), fall prevention, etc.
- Volunteer opportunities

Contact your local [County Office for the Aging](#) today to learn more about the community programs and services available to assist your patients in better accessing services that will help to improve their health care outcomes and maintain independence for as long as possible.

When you encounter an older adult and/or their caregiver, remember the aging network and the role they can play in helping your patients. Your referral to the Office for the Aging or NY Connects can make a big difference in their lives.

For more information, [access the NYSOFA Resource Guide](#). You can also visit the [ACP Practice Management webpage](#) for a [Geriatric Screening Tool](#) and other helpful resources.

Medicare Coverage of Advance Care Planning

A REMINDER: Starting on January 1, 2016, Medicare began covering advance care planning as a separate and billable service. The two advance care planning codes for Medicare are:

- 99497 for an initial 30 minute voluntary advance care planning consultation (Final RVU 1.5)
- 99498 as an add-on code for additional 30 minute time blocks needed (Final RVU 1.4)

-- [Review the FAQ document developed by the Henry J. Kaiser Family Foundation for more information on Medicare's role in end-of-life care and advance care planning.](#)

-- [Visit the Chapter's Practice Management webpage for more advance care planning tools.](#)

Falls Prevention Resource Available Through the New York City Department of Health

The New York City Department of Health's Bureau of Environmental Disease & Injury Prevention recently released a publication that guides health care providers on how to conduct screening and comprehensive risk factor assessment to prevent falls among older adults: [City Health Information: Preventing Falls in Older Adults](#). This guide describes steps for initial falls risk assessment and stratification, further clinical evaluation, and evidence-based interventions to reduce falls risk. The guide also links to the CDC STEADI toolkit and describes Medicare billing and incentive programs and community resources for older adults.

[Make sure to visit our Practice Management Page for more resources on Falls Prevention.](#)

Education

SAVE THE DATE!

Saturday, June 4, 2016 • The 2016 NYACP Annual Scientific Meeting
Westchester Hilton Hotel • 699 Westchester Avenue • Rye Brook, NY 10573
7.5 AMA PRA Category I CME Credits™! • 3 SEP Sessions! • 30 ABIM MOC Points!
[Online Agenda](#) • [Registration](#)

Calling All Students and Residents! NYACP Abstract Competition - *Online Abstract Submission is Now Open!*

If you have worked on a research project or have an interesting clinical case, submit your abstract for a chance to present it at the New York ACP Poster Session at the Chapter's Annual Scientific Meeting. Separate poster

competitions for residents and medical students are held for entries in the following categories:

- Research
- Clinical Vignette
- Public policy/advocacy
- Quality, Patient safety/outcomes measurement

If your abstract is chosen, you will be invited to present your poster at the Meeting on Saturday, June 4, 2016 at the Westchester Hilton Hotel in Rye Brook, NY.

Deadline: The deadline to submit your abstract is Friday, March 11, 2016 at 5:00 pm.

To Submit Your Abstract online, please go to: [Online Abstract Submission Forms](#)
For additional information, please contact Karen Tucker at ktucker@nyacp.org

2016 Dates to Remember

District Meetings

- **Tuesday, January 12, 2016: Manhattan District Meeting**
5:30pm Healthix Meet & Greet • 6pm Registration • 6:30pm Dinner and Educational Program
New York Athletic Club • 180 Central Park South • New York, NY 10019
[Event Flyer](#) • [Online Registration](#)
- **Tuesday, January 12, 2016: Rochester District Meeting**
6pm Registration • 6:30pm Dinner and Educational Program
Pomodoro Restaurant • 3400 Monroe Avenue • Rochester, NY 14618
[Event Flyer](#) • [Online Registration](#)
- **Thursday, January 14, 2016: Queens District Meeting**
5:30pm Healthix Meet & Greet • 6pm Registration • 6:30pm Dinner and Educational program
Il Toscano Ristorante • 4205 235th Street • Douglaston, NY 11363
[Event Flyer](#) • [Online Registration](#)
- **Thursday, January 21, 2016: Staten Island District Meeting**
5:30pm Healthix Meet & Greet • 6pm Registration • 6:30pm Dinner and Educational Program)
Fushimi Restaurant 2110 Richmond Road, Staten Island, NY 10306
[Event Flyer](#) • [Online Registration](#)
- **Wednesday, February 10, 2016: Nassau District Meeting**
6pm Registration • 6:30pm Dinner and Educational Program
Location details and Registration available soon!
- **Thursday, February 11, 2016: Suffolk District Meeting**
6pm Registration • 6:30pm Dinner and Educational program
Location details and Registration available soon!

Online Events

- **Ending The Epidemic**
End the HIV Epidemic by the End of 2020
This course is available online at any time and worth 1.5 AMA PRA Category 1 Credits™
[Event Flyer](#) • [Online Registration](#)
-