**Donna Seminara, MD, FACP** co-founded the medical practice of Island Internists in 1991 and is proud to have served thousands of families in Staten Island, sometimes over multiple generations, as their primary care physician. She is Board Certified in both Internal Medicine and Geriatrics and currently serves as the Governor for the Brooklyn, Queens, & Staten Island Region of NYACP. She is currently Director of Geriatrics at Staten Island University Hospital of the Northwell System and Medical Director of Eger Health Care and Rehabilitation Center. Dr. Seminara holds many academic and advocacy positions but identifies herself first and foremost as a practicing clinician.