

9th Annual Mid-Atlantic  
*Hospital Medicine*  
*Symposium*



Icahn  
School of  
Medicine at  
Mount  
Sinai

# MASTERING THE CARE OF THE HOSPITALIZED PATIENT

Friday & Saturday  
October 24-25, 2014

**Course Director**  
Andrew S. Dunn, MD, MPH, FACP, SFHM

Visit  
NYC  
in the Fall!

**Icahn School of Medicine at Mount Sinai**  
Goldwurm Auditorium • New York, NY

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Icahn School of Medicine at Mount Sinai  
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Hospitalists and inpatient clinicians are increasingly called upon to provide care for patients of high acuity across a broad spectrum of medical and surgical conditions. In the face of these demands, hospitalists strive to become **Master Clinicians** – to be able to diagnose and manage complex diseases, incorporate high-quality evidence, and provide patient-centered care. However, given the pace of the expansion of clinical evidence and evolving guidelines, it is challenging for busy clinicians to remain current on the most effective practices. This symposium will provide the essential updates that clinicians will need to be confident they are providing outstanding evidence-based care.

Our faculty consists of national and international leaders in their fields and our sessions have been designed to provide highly relevant material in a concise and stimulating format. The symposium's rapid pace, relevant topics, and variety of workshops will ensure a highly valuable experience.

### HIGHLIGHTS INCLUDE:

- Keynote speaker, Dr. Kevin O'Leary, Chief of the Division of Hospital Medicine at Northwestern Medical Center, Chicago. Dr. O'Leary is a national expert in teamwork skills and assessment on Medicine wards and will be giving the keynote lecture on **Teamwork Essentials**.
- Plenary lecture by Dr. Scott Lorin on **Stopping Sepsis**. Dr. Lorin is Director of the MICU at Mount Sinai Hospital and will lecture on reducing mortality through early recognition and management of sepsis.
- **Pearls for Practice** series presenting rapid fire lectures on core topics.
- **Update in Hospital Medicine** – Concise summary of the most important studies changing hospitalist practice over the past 12 months.
- NEW FEATURE: **Pediatric Workshop** – Pediatric HM is growing rapidly. The workshop will focus on Pediatric Respiratory Illnesses for the Hospitalist.
- NEW FEATURE: **Skills Workshop** – Enhance your expertise in essential skills that impact patient care on a daily basis. Stations include *ABG interpretation, CXR evaluation, and advanced ECG analysis*.

Our highly rated **WORKSHOPS** provide participants with a choice of **Three Tracks** in which to gain expertise. Concentrate in one of these tracks to develop expertise or mix-and-match tracks to experience a greater variety of topics:

- (1) **HOSPITALIST AS GENERALIST**—Develop mastery of core topics, including Pre-Operative Assessment, Pain Management, and Clinical Skills.
- (2) **HOSPITALIST AS SPECIALIST**—Develop expertise in Critical Care, ACS, and Management of HIV Patients.
- (3) **ENHANCING QUALITY & VALUE**—Increase your skills in Quality Improvement, your knowledge of Best Practices for Observation Units, and your understanding of the impact of the rapidly changing Healthcare Landscape on hospitals and hospitalists.



Come to increase your knowledge of core topics, learn more of subspecialty conditions, enhance your QI skills, increase your value to your hospital, and network with colleagues. In short, come to continue your quest to become a **Master Clinician!**

## PROGRAM OBJECTIVES

At the conclusion of this CME activity, the participant should be able to:

- Explain the essential knowledge, attitude, and skills contributing to optimal teamwork performance.
- Risk stratify patients with acute stroke
- Prescribe novel oral anticoagulants for appropriate patients
- Describe policies and protocols that can be efficiently utilized in an observation unit setting

## WHO SHOULD ATTEND?

Hospitalists, General Internists, Nurse Practitioners, Physician Assistants, House Staff, Medical Students.

## ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Icahn School of Medicine at Mount Sinai and the New York Chapter, American College of Physicians. The Icahn School of Medicine at Mount Sinai is accredited by the ACCME to provide continuing medical education for physicians.

## CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## VERIFICATION OF ATTENDANCE

Will be provided to all professionals.

## COURSE LOCATION

All sessions will be held in the **Goldwurm Auditorium and lecture rooms**, 1425 Madison Avenue & 98th Street, New York, NY 10029. **Directions and Parking**, go to [www.mountsinai.org/about-us/visiting-us/directions](http://www.mountsinai.org/about-us/visiting-us/directions)

## ACCOMMODATIONS

A limited number of discounted rooms will be held at the **Courtyard New York Manhattan/Upper East Side**, 410 East 92nd St., New York, NY, 10128 Ph: (800) 321-2211 or (212)-410-6777 Rate: \$269 ++ per night or at the **Wales Hotel**, 1295 Madison Avenue (between 92nd & 93rd) New York, NY 10128. Ph: (212) 876-6000 Rate: \$295 ++ per night.

## SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

## FACULTY DISCLOSURE

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

# Hospital Medicine Symposium MASTERING

## DAY 1 ■ FRIDAY, OCTOBER 24, 2014

- 7:30 – 8:00AM ..... **REGISTRATION AND CONTINENTAL BREAKFAST**
- 8:00 – 8:15 ..... **INTRODUCTION**  
Andrew S. Dunn, MD, MPH, SFHM, FACP
- 8:15 – 8:50 ..... **KEYNOTE: TEAMWORK ESSENTIALS**  
Kevin O'Leary, MD  
Chief, Division of Hospital Medicine  
Northwestern Medical Center
- 8:50 – 9:20 ..... **STOPPING SEPSIS: BEST PRACTICES IN EARLY DETECTION & MANAGEMENT**  
Scott Lorin, MD
- 9:20 – 9:30 ..... **PANEL Q&A**
- 9:30 – 10:45 ..... **PEARLS FOR PRACTICE I**  
9:30 – 9:50     **Acute Liver Failure**     Jahnvi Naik, MD  
9:50 – 10:10     **Transfusion Triggers**     Jeffrey Jhang, MD  
10:10 – 10:30     **Hepatorenal Syndrome**     Brian Radbill, MD
- 10:30 – 10:45 ..... **PANEL Q&A**
- 10:45 – 11:00 ..... **BREAK**
- 11:00 – 12:15PM ..... **PEARLS FOR PRACTICE II**  
11:00-11:20     **Acute Stroke**     Aaron P. Tansy, MD  
11:20-11:40     **Syncope**     Nicholas T. Skipitaris, MD  
11:40-12:00     **Malnutrition Essentials**     Jeffrey I. Mechanick, MD
- 12:00 – 12:15 ..... **PANEL Q&A**
- 12:15 – 1:15 ..... **LUNCH**
- 1:15 – 2:15 ..... **NOVEL ORAL ANTICOAGULANTS: KEYS TO APPROPRIATE USE**  
Andrew S. Dunn, MD, MPH, SFHM, FACP  
*Panelist, Chest Anticoagulation Guidelines 2012*
- 2:15 – 3:15 ..... **WORKSHOP I**  
▶ **Case Studies in Pain Management** — Emily Chai, MD  
♦ **Critical Care for the Hospitalist** — Lisa Rho, MD  
♦ **Observation Status: Best Practices & Protocols** — Luke K. Herman, MD
- 3:15 – 3:30 ..... **BREAK**
- 3:30 – 4:30 ..... **WORKSHOP II**  
▶ **Skills Center: Mastery of ECG, CXR, Acid-base Evaluation** — Preeti Chawla, MD;  
Svetlana Chernyavsky, MD; Matthew Harrington, MD; Pierre Kory, MD; Samuel O. Acquah, MD;  
Christopher Taurani, MD  
♦ **Getting Kids to Take a Deep Breath: Inpatient Pediatric Respiratory Illnesses** — Daniel Rauch, MD  
♦ **Hospitals & Hospitalists in the Changing Healthcare Landscape** — Jeremy Boal, MD
- 4:30 – 5:30 ..... **WINE AND CHEESE RECEPTION**



## DAY 2 ■ SATURDAY, OCTOBER 25, 2014

- 7:30 – 8:00AM ..... **REGISTRATION AND CONTINENTAL BREAKFAST**
- 8:00 – 8:50 ..... **UPDATE IN HOSPITAL MEDICINE**  
Brian Markoff, MD, SFHM
- 8:50 – 9:40 ..... **UPDATE IN GASTROENTEROLOGY**  
David P. Hudesman, MD
- 9:40 – 10:50 ..... **WORKSHOP III**  
▶ **Case studies in Peri-Op Assessment** — Dennis Chang, MD  
♦ **Case Studies in Chest Pain: ACS Evaluation and Management** — Eyal Herzog, MD  
♦ **Increasing Your Value: Cost Conscious Care** — Harry Cho, MD; Dahlia Rizk, DO, FHM
- 10:50 – 11:00 ..... **BREAK**
- 11:00 – 12:00 ..... **WORKSHOP IV**  
▶ **Evaluation and Management of Post-operative Complications** — Alan S. Briones, MD  
♦ **HIV for the Hospitalist** — Richard Mackay, MD  
♦ **QI Tools: PDSA Cycles and Beyond** — Ramiro Jervis, MD, SFHM & Rajan Gurunathan, MD
- 12:00 ..... **CONCLUSION**

# THE CARE OF THE HOSPITALIZED PATIENT

## COURSE DIRECTOR/PLANNING COMMITTEE

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### **Andrew S. Dunn, MD, MPH, FACP, SFHM**

Professor of Medicine  
Chief, Division of Hospital Medicine  
Department of Medicine  
Mount Sinai Health System

### **Brian A. Markoff, MD, SFHM**

Associate Professor of Medicine, Hospital Medicine  
Associate Division Chief, Division of Hospital Medicine  
Mount Sinai Hospital

### **Kathy F. Navid, MD**

Assistant Professor  
Department of Medicine, General Internal Medicine, MSHQ  
Mount Sinai Hospital

### **Dahlia Rizk, DO, FHM**

Assistant Professor of Medicine  
Chief, Division of Hospital Medicine  
Mount Sinai Beth Israel

### **Rajan Gurunathan, MD**

Chief, Division of Hospital Medicine  
Mount Sinai St. Luke's

## GUEST FACULTY

---

### **Kevin O'Leary, MD**

Associate Professor in Medicine, Hospital Medicine  
Chief, Division of Hospital Medicine  
Northwestern Medical Center  
Chicago, IL

### **Ramiro Jervis, MD, SFHM**

Director, Post-Acute Care Services  
North Shore/LIJ  
Westbury, NY

## ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI FACULTY

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### **Samuel O. Acquah, MD**

Attending, Department of Pulmonary and Critical Care Medicine  
Mount Sinai Beth Israel

### **Jeremy Boal, MD**

Chief Medical Officer  
Mount Sinai Health System

### **Alan S. Briones, MD**

Hospital Medicine  
Director, Peri-Operative Services  
Mount Sinai Hospital

### **Emily Chai, MD**

Associate Professor Geriatrics and Palliative Medicine  
Associate Professor of Medicine, Clinical Geriatrics  
Associate Director, Palliative Care Institute  
Mount Sinai Hospital

### **Dennis Chang, MD**

Assistant Professor of Medicine, Hospital Medicine  
Director of Education, Division of Hospital Medicine  
Mount Sinai Hospital

### **Preety Chawla, MD**

Attending, Department of Medicine  
Mount Sinai Beth Israel

### **Svetlana Chernyavksy, DO**

Attending Department of Medicine  
Mount Sinai Beth Israel

### **Harry (Hyung) Cho, MD**

Instructor Medicine, Hospital Medicine  
Director, Quality & Patient Safety  
Division of Hospital Medicine

### **Matthew Harrington, MD**

Attending Department of Medicine  
Mount Sinai Beth Israel

### **Luke K. Herman, MD**

Associate Professor, Emergency Medicine  
Director, Observation Unit  
Department of Emergency Medicine  
Mount Sinai Hospital

### **Eyal Herzog, MD**

Director, Cardiac Care Unit  
Mount Sinai St. Luke's

### **David P. Hudesman, MD**

Assistant Professor of Medicine  
Director, The Inflammatory Bowel Disease Center  
Associate Program Director, Gastroenterology Fellowship  
Division of Digestive Diseases  
Mount Sinai Beth Israel

### **Jeffrey Jhang, MD**

Director, Blood Bank and Transfusion Services  
Mount Sinai Hospital

### **Pierre Kory, MD, MPA**

Associate Professor of Medicine  
Program Director, Pulmonary Disease and Critical Care  
Medicine Fellowship  
Director of Simulation Training, Department of Medicine  
Mount Sinai Beth Israel

### **Scott Lorin, MD**

Associate Professor of Medicine, Pulmonary,  
Critical Care and Sleep Medicine  
Medical Director, MICU  
Mount Sinai Hospital

### **Jeffrey I. Mechanick, MD**

Clinical Professor Medicine, Endocrinology,  
Diabetes and Bone Disease  
President, American Association of Clinical Endocrinologists  
Mount Sinai Hospital

### **Brian Radbill, MD**

Associate Professor of Medicine, Nephrology  
Chief Medical Officer  
Vice-President of Medical Affairs  
Mount Sinai Queens

### **Richard MacKay, MD**

Assistant Professor of Medicine, Infectious Disease  
Assistant Professor of Medicine, Hospital Medicine  
Mount Sinai Hospital

### **Jahnvi Naik, MD**

Attending, Department of Medicine  
Mount Sinai Beth Israel

### **Daniel Rauch, MD**

Associate Professor of Medicine  
Associate Director of Pediatrics  
Mount Sinai Queens

### **Lisa Rho, MD**

Assistant Professor of Medicine, Pulmonary,  
Critical Care and Sleep Medicine  
Mount Sinai Hospital

### **Nicholas T. Skipitaris, MD**

Adjunct Assistant Professor Medicine, Cardiology  
Mount Sinai Hospital

### **Aaron P. Tansy, MD**

Assistant Professor of Neurology  
Stroke Director  
Mount Sinai Queens

### **Christopher Taurani, MD**

Attending Department of Medicine  
Mount Sinai Beth Israel

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### REGISTRATION FEES

<input type="checkbox"/> Attending Physicians	\$300	<input type="checkbox"/> MSHS & Affiliated Physicians	\$200
<input type="checkbox"/> NP, PA, RN & Other Allied Health Professionals	\$250	<input type="checkbox"/> MSHS & Affiliated NP, PA, RN & Other Allied Health Professionals Residents, Fellows at Affiliates	\$150
<input type="checkbox"/> Residents, Fellows	\$175	<input type="checkbox"/> MSHS Residents, Fellows	*Complimentary

\*\*Fax a letter of verification from Department Chairman/Chief of Service to 646-537-9203 or email a copy of badge identification to [cme@mssm.edu](mailto:cme@mssm.edu)

**Yes, I would like additional information about The Society of Hospital Medicine (SHM)**

LAST NAME FIRST NAME (MD, RN, etc.)

MAILING ADDRESS

CITY STATE ZIP

TELEPHONE FAX

EMAIL SPECIALTY

INSTITUTION/AFFILIATION

Please indicate special dietary needs:  Kosher  Vegetarian

**Cancellation Policy:** A fee of \$50.00 will be retained to cover administrative costs for refunds and cancellations. All requests must be confirmed in writing to The Page and William Black Post-Graduate School two weeks before the course begins. No refunds will be made after October 13, 2014 for cancellations and for 'no-shows'.

### TWO WAYS TO REGISTER

**Online** at [www.mssm.edu/cme/courses](http://www.mssm.edu/cme/courses)

**Mail** this form with your check to:  
Icahn School of Medicine at Mount Sinai  
The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

Enclosed is my check for \$\_\_\_\_\_ payable to **The Page and William Black Post-Graduate School**

For security purposes, credit card payment cannot be accepted by mail or fax.

Please visit [mssm.edu/cme/courses](http://mssm.edu/cme/courses) to register and pay by credit card.

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Card Number

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**For conference information, please call the Office of CME at 212-731-7950 or email [cme@mssm.edu](mailto:cme@mssm.edu)**



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One Gustave L. Levy Place, Box 1193

New York, NY 10029-6574

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*“Excellent symposium”*  
*“Great topics!”*

—comments from  
prior attendees

**3**

**WORKSHOP TRACKS!**

➤ Hospitalist Generalist

❖ Hospitalist Specialist

◆ Enhancing Quality  
& Value

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