11th Annual Mid-Atlantic *Hospital Medicine Symposium* 



### MASTERING THE CARE OF THE HOSPITALIZED PATIENT

Friday & Saturday October 21-22, 2016

Course Director Andrew S. Dunn, MD, MPH, FACP, SFHM

### Icahn School of Medicine at Mount Sinai The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium • New York, NY

Jointly Provided by Department of Medicine Icahn School of Medicine at Mount Sinai and the New York Chapter, American College of Physicians



An SHM-affiliated Meeting



www.icahn.mssm.edu/cme/courses

Hospitalists and inpatient clinicians are increasingly called upon to provide care for patients of high acuity across a broad spectrum of medical and surgical conditions. In the face of these demands, hospitalists strive to become *Master Clinicians*. We all recall the Master Clinician who helped train us; the clinician we most wanted to emulate. Our symposium's rapid pace, relevant topics, and format are designed to ensure a highly valuable experience that will help move you towards your goal of becoming a master clinician.

Our faculty consists of national and international leaders in their fields and our sessions have been designed to provide highly relevant material in a concise and stimulating format.

### HIGHLIGHTS INCLUDE:

- *Keynote speaker*, Dr. Ron Greeno, President-elect of the Society of Hospital Medicine (SHM) and Chief Strategy Officer for IPC Healthcare, speaking on The Hospitalist's Role in the Era of Healthcare Reform.
- *Leading experts* providing updates on the Evaluation and Management of Seizures in the Hospital and New Recommendations from the 2016 ACCP VTE Guidelines.
- *Pearls for Practice* series presenting rapid fire lectures on core topics, including Delirium, Acute Pancreatitis, and Bleeding in the Anticoagulated Patient.
- *Skills Center* Enhance your expertise in essential skills that impact patient care on a daily basis. Stations include Acid-base interpretation, CXR evaluation, and advanced ECG analysis.
- A hands-on workshop on Handheld Ultrasound Skills.

Our **WORKSHOPS** provide participants with a **choice of Three Tracks** in which to gain expertise. Concentrate in one track to develop expertise or mix-and-match tracks to experience a variety of topics:

- (1) HOSPITALIST AS GENERALIST—Develop mastery of core topics, including Pre-Operative Assessment and Pain Management
- (2) HOSPITALIST AS SPECIALIST—Develop expertise in areas such as Ventilator Management and ESRD Essentials
- (3) ENHANCING QUALITY & VALUE—Workshops will educate and enlighten on topics including Providing Patient-Centered Care and Mindfulness Practices for Stress Reduction

Come to increase your knowledge of core topics, learn more of subspecialty conditions, increase your value to your hospital, and network with colleagues. In short, come to continue your quest to become a *Master Clinician!* 

### PROGRAM OBJECTIVES

At the conclusion of this CME activity, the participant should be able to:

- Recognize hospitalists role in the changing landscape of health care reform, including MACRA implementation
   Apply the updated definition key principles of management of sepsis
- Apply the updated definition key principles of management of sepsis
   Choose an optimal treatment strategy for patients with venous thromboembolism, including selecting appropriate
- patients with PE for treatment primarily at home
- Risk stratify and optimize patients with cardiac disease who will undergo major surgery
- Manage pain and opioid medications for patients with acute and chronic pain syndromes

### WHO SHOULD ATTEND?

Hospitalists, General Internists, Nurse Practitioners, Physician Assistants, House Staff, Medical Students.

### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Icahn School of Medicine at Mount Sinai and the New York Chapter, American College of Physicians. The Icahn School of Medicine at Mount Sinai is accredited by the ACCME to provide continuing medical education for physicians.

### CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 13.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### VERIFICATION OF ATTENDANCE

Will be provided to all professionals.

### **COURSE LOCATION**

All sessions will be held in **The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor,** 1470 Madison Avenue (Between 101st & 102nd Streets), New York, NY 10029.

Directions and Parking, go to www.mountsinai.org/about-us/visiting-us/directions

### **ACCOMMODATIONS**

A limited number of discounted rooms will be held at the **Courtyard New York Manhattan/Upper East Side**, 410 East 92nd St., New York, NY, 10128 Ph: (800) 321-2211 or (212)-410-6777 Rate: King \$269 ++ per night; Queen \$289 ++ per night. Cut-off date is September 18, 2016.

### SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

WORKSHOP TRACKS! > Hospitalist Generalist > Hospitalist Specialist + Enhancing Quality & Value

3

### Hospital Medicine Symposium MASTERING

DAY 1 • FR	IDAY, OCTOBER 21, 2016
7:30 – 8:00ам	REGISTRATION AND CONTINENTAL BREAKFAST
8:00 – 8:15	INTRODUCTION Andrew S. Dunn, MD, MPH
8:15 – 8:50	. <b>.KEYNOTE: THE HOSPITALIST'S ROLE IN THE ERA OF HEALTHCARE REFORM</b> Ron Greeno, MD, President-Elect, Society of Hospital Medicine (SHM)
8:50 – 9:20	. <b>.SEPSIS – A NEW DEFINITION AND ESSENTIALS OF MANAGEMENT</b> Tuyet-Trinh Truong, MD
9:30 – 10:45	PEARLS FOR PRACTICE I         9:30 – 9:50       Inpatient Rheumatology: Lupus and Beyond — Yousaf Ali, MD         9:50 – 10:10       Delirium — Joseph I. Friedman, MD         10:10 – 10:30       Acute Pancreatitis — Christopher DiMaio, MD         10:30 – 10:45       Panel Q&A
10:45 - 11:00	BREAK
11:00 – 12:15рм	PEARLS FOR PRACTICE II         11:00 – 11:20       Bleeding in the Anticoagulated Patient — Stephan Mayer, MD         11:20 – 11:40       Venous Thromboembolism: Key Changes from the 2016 Chest Guidelines — Andrew S. Dunn, MD, MPH         11:40 – 12:00       Antibiotics Update — Gopi Patel, MD         12:00 – 12:15       Panel Q&A
12:15 - 1:15	LUNCH
1:15 – 2:15	<b>PAIN AND THE OPIOID EPIDEMIC: THE HOSPITALIST'S ROLE IN THE NEW ERA</b> Dahlia Rizk, DO, MPH, FHM; Shahbaz Farnad, MD
2:15 – 3:15	<ul> <li>WORKSHOP I</li> <li>Case Studies in Pain Management — Jay Horton, PhD, MSN</li> <li>Weaning and Vent Management Tips — Lisa Rho, MD</li> <li>Mindfulness Practices for Stress Reduction for the Busy Hospitalist — Patricia Bloom, MD</li> </ul>
3:15 - 3:30	BREAK
3:30 – 4:30	<ul> <li>WORKSHOP II</li> <li>Case Studies in Peri-Op Assessment — Dennis Chang, MD</li> <li>Symptom Management at the End of Life — Emily Chai, MD</li> <li>Introduction to Bedside Lung Ultrasound: A Hands-on Experience — Michael Herscher, MD; Vinh-Tung Nguyen, MD</li> </ul>
4:30 - 5:30	.WINE AND CHEESE RECEPTION
DAY 2 SA	TURDAY, OCTOBER 22, 2016

7:30 - 8:00ам	REGISTRATION AND CONTINENTAL BREAKFAST
8:00 – 8:50	. <b>.UPDATE IN HOSPITAL MEDICINE</b> Brian Markoff, MD, SFHM
8:50 – 9:40	<b>RECOGNIZING, UNDERSTANDING AND TREATING HOSPITAL ONSET</b> SEIZURES AND STATUS EPILEPTICUS Lara Marcuse, MD
9:40 - 9:50	BREAK
9:50 — 10:50	<ul> <li>WORKSHOP III</li> <li>&gt; Bedside Teaching Skills — Eric Barna, MD, MPH</li> <li>&gt; Essentials of ESRD — Joji Tokita, MD</li> <li>&gt; Patient-Centered Care — Yosuke Chikamoto, PhD, Director, Center for Excellence in Physician Communication, Faye Reiff-Pasarew, MD; Maria Reyna, MD</li> </ul>
10:50 - 11:00	BREAK
11:00 – 12:00pm	<ul> <li>WORKSHOP IV</li> <li>➤ Skills Center: Mastery of ECG, CXR, Acid-base Evaluation — Samuel O. Acquah, MD; Preety Chawla, MD; Patricia Dharapak, MD; Matthew Harrington, MD; Jennifer Hui, MD; Roxana Sulica, MD</li> <li>★ HIV for the Hospitalist — Rachel Chasan, MD</li> <li>♦ Discharge Before Noon: Expertise in Efficiency — Brian Markoff, MD, SFHM; Katherine Hochman, MD</li> </ul>
12:00	ADJOURN

### THE CARE OF THE HOSPITALIZED PATIENT

### COURSE DIRECTOR/PLANNING COMMITTEE

Andrew S. Dunn, MD, MPH, FACP, SFHM

Professor of Medicine Chief, Division of Hospital Medicine Department of Medicine Mount Sinai Health System

### Brian A. Markoff, MD, SFHM

Associate Professor of Medicine, Hospital Medicine Chief, Division of Hospital Medicine Mount Sinai St. Luke's Hospital

### Kathy F. Navid, MD

Assistant Professor Chief, Division of Hospital Medicine Department of Medicine, General Internal Medicine, MSHQ Mount Sinai Hospital

### Dahlia Rizk, DO, MPH, FHM

Associate Professor of Medicine Chief, Division of Hospital Medicine Mount Sinai Beth Israel

### Ravi Gupta, MD

Chief, Division of Hospital Medicine Mount Sinai West

### **GUEST FACULTY**

Ron Greeno, MD, MHM President-Elect, Society of Hospital Medicine (SHM) Chief Strategy Officer at IPC HealthCare Los Angeles, CA

### Katherine Hochman, MD

Assistant Chief of Medicine Service Director of the Hospitalist Program New York University Medicine Center New York, NY

### ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI FACULTY

Dennis Chang, MD Associate Chief Director of Education Division of Hospital Medicine Mount Sinai Hospital

Yousaf Ali, MD, FACR Associate Professor of Medicine Division of Rheumatology Vice-Chair, Department of Medicine

### Samuel O. Acquah, MD Assistant Professor Pulmonary Division Mount Sinai Beth Israel

Patricia Bloom, MD, FACP, AGSF Clinical Associate Professor Brookdale Department of Geriatric and Palliative Medicine

Eric Barna, MD, MPH Assistant Professor of Medicine, Hospital Medicine

**Emily Chai, MD** Associate Director, Palliative Care Institute Mount Sinai Hospital

Rachel Chasan, MD Assistant Professor of Medicine, Infectious Diseases Director, Inpatient HIV Service

Preety Chawla, MD Assistant Professor Cardiology Division Mount Sinai Beth Israel

Yosuke Chikamoto, PhD Director Cullman Institute for Patient Care Director, Center for Excellence in Physician Communication Lara Marcuse, MD Associate Professor Neurology Co-Director of the Mount Sinai Epilepsy Center Department of Neurology Mount Sinai Hospital

Christopher DiMaio, MD Associate Professor of Medicine, Gastroenterology Director, Therapeutic Endoscopy

Shahbaz Farnad, MD Assistant Professor Pain Management and Anesthesiology Mount Sinai Beth Israel

Joseph I. Friedman, MD Associate Professor of Medicine Director, Hospital Delirium Program

Matthew Harrington, MD Assistant Professor Division of Hospital Medicine Mount Sinai Beth Israel

Michael Herscher, MD Instructor, Hospital Medicine

Jay Horton, PhD, MSN Clinical Program Manager, Geriatric and Palliative Medicine

**Jennifer Hui, MD** Assistant Professor Division of Hospital Medicine Mount Sinai Beth Israel

Patricia Dharapak, MD Assistant Professor Division of Hospital Medicine Mount Sinai Beth Israel Lisa Rho, MD Assistant Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine Director, Medical ICU Mount Sinai Hospital

**Stephan Mayer, MD** Professor of Neurology Director, Institute for Critical Care Medicine

Vinh-Tung Nguyen, MD Assistant Professor of Medicine, Hospital Medicine Unit Medical Director, Department of Medicine

**Gopi Patel, MD** Assistant Professor Medicine, Infectious Diseases Director of Antimicrobial Stewardship Program Mount Sinai Hospital

Faye Reiff-Pasarew, MD Instructor of Medicine, Hospital Medicine Director, Humanities in Medicine Program Hospital Medicine

Maria Reyna, MD Assistant Professor of Medicine, Hospital Medicine Unit Medical Director, Department of Medicine

Roxana Sulica, MD Assistant Professor, Director Pulmonary Hypertension Program Mount Sinai Beth Israel

Joji Tokita, MD Assistant Professor of Medicine; Nephrology

**Tuyet-Trinh Truong, MD** Assistant Professor of Medicine, Hospital Medicine Director, Sepsis Program

### FACULTY DISCLOSURE

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

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### REGISTRATION FEES

Physicians	\$300	Mount Sinai Health System (MSHS) Physicians	\$200
Allied Health Professionals	\$250	Mount Sinai Health System (MSHS) Allied Health Professionals	\$150
Residents, Fellows	\$175	Mount Sinai Health System (MSHS) Residents, Fellows *Complime	entary

\*To receive complimentary registration code Mount Sinai Health System (MSHS) Residents and Fellows must email: cme@mssm.edu with a copy of their Hospital ID or letter from their program director; then Register Online. MSHS Residency and Fellowship will be verified.

### □ Yes, I would like information about The Society of Hospital Medicine (SHM) www.joinshm.org

LAST NAME	FIRST NAME		(MD, RN, etc.)
MAILING ADDRESS			
CITY		STATE	ZIP
TELEPHONE	FAX		
EMAIL		SPECIALTY	

INSTITUTION/AFFILIATION

Cancellation Policy: A 30% administrative fee will be deducted from all refunds/cancellations issued. All refund and cancellation requests must be emailed to the CME Office at cme@mssm.edu by Friday, Oct 7, 2016. No refunds will be made after this date or for "no-shows."

### TWO WAYS TO REGISTER

∎ A	Online at www.icahn/mssm.edu/cn	ne/courses
	Mail this form with your check to:	Icahn School of Medicine at Mount Sinai
		The Page and William Black Post-Graduate School
		One Gustave L. Levy Place, Box 1193
		New York, NY 10029-6574
	Enclosed is my check for \$	payable to The Page and William Black Post-Graduate School

### FOR ONSITE REGISTRATION ONLY

For security purposes, credit card payment cannot be accepted by mail or fax.

Please visit mssm.edu.cme/courses to register and pay by credit card.

MasterCard	U Visa	America	n Express				
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CCV#:	Ex	p. Date:					
Cardholder's Name (please print):							
Signature:							
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For conference information, please call the Office of CME at 212-731-7950 or email cme@mssm.edu



### Icahn School of Medicine at Mount Sinai The Page and William Black

Post-Graduate School

<sup>tt</sup> One Gustave L. Levy Place, Box 1193 New York, NY 10029-6574

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