

August 18, 2022



President's Message: Dr. Jitendra Barmecha
Progress Note:

On a positive note, NY Governor Kathy Hochul announced the launch of the [Health Care and Mental Hygiene Worker Bonus Program](#). Enacted in the Fiscal Year 2023 New York State Budget, the program includes a \$1.3

billion allocation for the payment of recruitment and retention bonuses to health care and mental hygiene workers. Bonuses, up to \$3,000 per person, will be awarded to eligible workers who make less than \$125,000 annually and remain in their positions for at least six months. Advocacy efforts, by the Chapter and other NY medical/specialty societies, have resulted in residents and fellows now being included and eligible under this program.

ACP Fellowship is a mark of distinction representing the pinnacle of integrity, professionalism, and scholarship for those who aspire to pursue careers in Internal Medicine. ACP has details about [Advancement to Fellowship](#) and [eligibility requirements](#). I invite you to join us virtually for an exclusive Fellowship informational session, facilitated by John Hall, MD, FACP, NYACP Governor for the Upstate Region, on September 14 from 6-7pm. Dr. Hall will review the meaning of Fellowship, the requirements for attaining your FACP® designation and navigating the application process. [Meeting Registration - Zoom](#)

ACP has created an [Understanding Advocacy and Why We Do It - A Comprehensive Toolkit for Chapters](#) to support engagement in and the efficacy of chapter-level advocacy at the state and federal level. This comprehensive toolkit breaks down the different methods and mediums for advocacy engagement and highlights all the programs and resources offered by ACP to make the most of chapter advocacy efforts.

I am sure you all have been keeping abreast of the changing landscape in primary care with recent acquisitions by non-traditional healthcare providers (i.e., Walmart and Target) opening their primary and virtual care network- Walgreen's acquisition of VillageMD, Amazon's acquisition of One Medical and now CVS Health announcing acquisition of primary care practices by end of 2022. I am very skeptical about these acquisitions and/or partnerships...its implications for the future of primary care, health care delivery, and health equity remain unclear!



Please join us for a virtual workshop on “Disrupting Bullying in Academic Medicine” on September 6, 3:00-4:00 p.m. ET by Maya S. Iyer, MD, MEd. Dr. Iyer will discuss how to recognize workforce bullying and provide tools to disrupt this behavior. [Register Today!](#)

Last but not the least, let us promote awareness of Gastroparesis, National Breastfeeding Month and Immunizations in August.

Enjoy the rest of the summer, stay cool and be safe!



Jitendra Barmecha, MD, MPH, FACP, SFHM
President

ACP Practical Tips on Vaccines and Routine Immunizations

Internal medicine physicians and their clinical teams play a critical role in ensuring adult patients are up to date on all their recommended immunizations. Access free resources to support your efforts at [ACP's Adult Immunization Hub](#).



New this year! Download or order a free copy of the [2022 Adult Vaccine Rx Pad](#), a referral resource containing ACIP recommended vaccines for your adult patients. You can also access time-saving [Microlearnings](#) that offer practical tips to make effective vaccine recommendations. These brief, interactive learning activities address a wide range of topics, including:

- How to match flu vaccine types to patient needs
- Specifics for flu vaccine in older adults
- How to boost vaccine confidence
- Tips for administering the new pneumococcal vaccine

[ACCESS THE ACP ADULT IMMUNIZATION HUB](#)

Help Celebrate Women in Medicine Month!
Nominations close Friday, August 19.

ACP invites you to recognize your peers who are making a positive impact on the women in the medicine community. These notable physicians are



working toward gender equality in medicine and supporting the advancement of women in medicine.

Honorees will be recognized in September during Women in Medicine Month. Honorees must be ACP members in good standing.

[Submit Your Nomination Today!](#)

2022 NYACP Annual Scientific Meeting Saturday, November 5 / 8:00 am

Westchester Marriott Hotel
670 White Plains Road
Tarrytown, NY 10591



As we close the summer and look forward to our fall schedules, please take a moment to review the NYACP Annual Scientific Meeting agenda and register today! Influential speakers and panelists will share their expertise on Automated Intelligence in Healthcare, Updates on Post-COVID treatment, Lyme Disease, Cancer Screening Updates, Addressing Cardiovascular Risk Reduction, Diversity, Equity and Inclusion and much more!

View the full [agenda here.](#)

We are also proud to offer the one-day **Point of Care Ultrasound Course** on Friday, November 4th!

[View POCUS Course Information Here](#)

DynaMed: ACP Free Member Benefit!

Named 2022 Best in KLAS for Clinical Decision Support, DynaMed provides the highest-quality evidence-based information; expert guidance from leading specialists; and a user-friendly, personalized experience that delivers fast, accurate answers to clinical questions at the point of care.



DynaMed collaborates with ACP to oversee the peer review of the Overview and Recommendations sections for internal medicine topics most used by our members to ensure content accuracy. Look for the ACP logo on these peer-reviewed topics.

Features include:

- Single sign-on with ACP member login credentials
- Automatic tracking of CME credits and MOC points
- Summary-level Micromedex® drug information

- Complimentary mobile app

[Access DynaMed Here](#)

Upcoming Events

Co-sponsored by the NY Chapter ACP:

The IMG Event 2022

Saturday, August 27/ 1:00 PM- 7:00 PM
Randall's Island Wards Meadow Field



After the successful 2021 IMG Event in Central Park, where more than 400 IMGs came to network and socialize, we are officially announcing that the 2022 IMG event is back again in New York City!

Residents and clinicians will be speaking from the podium and IMGs from all over the world are expected to attend to network and build relationships. There will be many games and giveaways! Make sure to visit the sponsors (including the NYACP booth), dance with the DJs and listen to the live music! It will be a great opportunity to meet other colleagues and ECFMG's who are coming to this year's event!



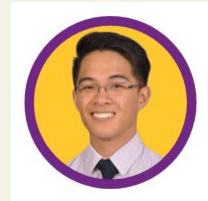
[REGISTER HERE](#)

[MORE INFORMATION](#)

Hosted by the Chapter's Early Career Physicians Committee

Financial Planning Webinar: Money Talks

Wednesday, August 31 / 5:00 - 6:00 pm



Join us for an informational webinar on financial planning and budgeting for Residents/Fellows and any member who wants to obtain insight on how to manage their money. This talk will seek to identify knowledge gaps regarding personal finance directed at residents and new attendings. Learn more about budgeting, insurance, debt repayment strategies, retirement, and basic investing.

Facilitated by: Joshua Jimenez, MD

[REGISTER HERE](#)

Hosted by the Chapter's Early Career Physicians Committee
Advancement to Fellowship Webinar (FACP)
Wednesday, September 14 / 6:00 - 7:00 pm



Are you interested in becoming an ACP Fellow? New York Chapter ACP invites you to join us for an exclusive Fellowship informational session facilitated by John Hall, MD, FACP, NYACP Governor for the Upstate Region. Dr. Hall will review the meaning of Fellowship, the requirements for attaining your FACP® designation and navigating the application process.

Learn more about ACP Fellowship by visiting [ACP Online](#).

Facilitated by: John Hall, MD, FACP
NYACP Governor, Upstate Region

[REGISTER HERE](#)

District Event: Long Island Region Meetup
September 22 / 6:00 pm
1 Delaware Drive
Lake Success, NY 11040



The NYACP Long Island Region leaders are excited to announce a return to in-person district events! We invite you to meet, mingle, and lift each other up.

Networking and Growth Opportunities

Come to make connections, learn from colleagues and leaders, and find opportunities for personal and professional growth.

Open to All

This meetup is open to members and non-members. We encourage you to share information about this event with friends, colleagues, residents, and medical students!

Community Service

Bring a canned/dry food item for donation to the Harry Chapin Food Bank/Long Island Cares.

Family Friendly

A coloring and homework station for kids!

[RSVP HERE](#)

Small Feedings of the Soul: Readings and Reflections

September 22 / 7:00 - 8:15 pm



You're in for a treat! This month, NYACP is thrilled to welcome back Michael LaCombe, MD, MACP, associate editor for the Annals of Internal Medicine, and a captivating writer and presenter. Come for discussion, camaraderie, reflection, and to meet Dr. LaCombe! Please note that this event is not recorded. This session will be 75 minutes.

September's theme:
Life's Lessons

Readings and Guest Authors:

Dr. Michael LaCombe returns to Small Feedings of the Soul to share a piece written for an invited talk at a Virginia school where the assignment was to include what advice you would give if you were facing death. The element of surprise is an important part of this piece, so it will be shared by the author on the night of the event.

Facilitated by: Lynn Cleary, MD, MACP

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[REGISTER HERE](#)

Wisdom and Well Being: Making Healthcare Work Better for Physicians and Patients



Prioritizing Physician Trainee Mental Health: Recognizing and Navigating Mental Health Crisis
Wednesday, September 28 / 6:00 - 7:00 pm

Faculty:

Cori Salvit, MD, FACP
Chanchal Sharma, PsyD

Objectives:

1. Recognize the signs of psychological distress in medical trainees.
2. Understand how to manage a mental health crisis of a trainee through review of protocol and helpful tips.
3. Identify mental health supports and resources for trainees.

[REGISTER HERE](#)

Dietary and Lifestyle Strategies for Cardiovascular Risk Reduction
October 14 / 7:30 am - 2:30 pm
NYU Langone Health and Live Stream



Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.

This half-day course focuses on strategies to reduce risk for cardiovascular disease and related comorbidities through lifestyle and dietary approaches. The course will provide evidence for the association between diet and cardiovascular disease highlighting new clinical and scientific data. This annual course provides attendees with the latest information to help their patients achieve optimal health through exercise, diet, and integrative medicine strategies.

The NYU Grossman School of Medicine designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

INFORMATION AND REGISTRATION

Society of Hospital Medicine in collaboration with NYACP sponsors:

17th Annual Mid-Atlantic Hospital Medicine Symposium
Mastering the Care of the Hospitalized Patient

Friday, October 21-22 / 7:30 AM

Hess Center for Science and Medicine
Davis Auditorium and Seminar Rooms, New York, NY



Hospitalists stepped up and helped lead their hospitals through the pandemic and now they can re-focus on the core conditions in Hospital Medicine.

Program Brochure

REGISTER HERE

Small Feedings of the Soul: Readings and Reflections
Wednesday, October 26 / 7:00 - 8:00 PM



Explore the practice of medicine through shared experiences! Come for discussion, camaraderie, and to meet authors of select pieces from 'On Being A Doctor'.

Please note that this event is not recorded.

October's theme:
Coming soon!

Readings and Guest Authors:

Coming soon!

Facilitated by: Alexandra Goodman, MD (*co-founder of Women in Residency Life at SUNY Upstate Medical University*)

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[REGISTER HERE](#)

Introduction to Point of Care Ultrasound - *an interactive course*

Friday, November 4 / 8:00 am - 5:00 pm

At the end of the course, the learner will have an introductory ability to use bedside ultrasound. Specifically, the learner will be able to: Understand ultrasound physics, machine controls, and probe selection to obtain optimal ultrasound images; Demonstrate normal lung, cardiac, abdominal, and vascular exams; Interpret normal ultrasound images; Interpret common abnormalities noted on lung, cardiac, abdominal, and vascular exams.



[NYACP Point of Care Ultrasound Course](#)

Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591

[REGISTER HERE](#)

We hope you will join us!

2022 NYACP Annual Scientific Meeting

Saturday, November 5 / 8:00 am

Join us as we return to an in-person meeting format.

Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591



[Registration Open](#)

[Exhibitor Prospectus](#)

[Schedule & Information](#)

Thank you to our Gold Sponsor!



**Irwin D. Mandel Advances in Cardiovascular Risk Reduction:
Improving Treatment for Patients with Diabetes**

**December 1 / 7:45 am - 5:00 pm
NYU Langone Health and Live Stream**



Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.

This one-day course will cover state-of-the-art management of patients with cardiovascular risk factors, with a focus on prevention. The morning session will highlight the latest scientific and clinical advances in the management of diabetes, including evidence-based strategies to reduce cardiovascular risk in diabetic patients and best practices in the care of hospitalized patients with diabetes.

[Information and Registration](#)

New Webinar! Home and Skilled Nursing Facility: Post-Operative Care of Older Adults

jointly provided by NYMDA and the NYACP Geriatric Task Force
February 9, 2023 / 7:00 - 8:00 pm



This one-hour session will cover Home and Skilled Nursing Facility post-op care for older adults. Themes will include how to address common complications within this patient population, telehealth, financing care, and caregiving.

[Register Here](#)
