



Sponsored by the SGIM Women and Medicine Commission Nighttime Parenting in Medicine Café

“I’m not Martha Stewart- how about you?” with Cynthia (Daisy) Smith MD, FACP

Thursday, December 15, 2022 Virtual

Evening Event 7:30pm – 8.30pm EST

Join colleagues for an evening of fun, laughter and encouragement as Dr Smith shares strategies and insights from her work as the Chief Membership and Engagement Officer at the American College of Physicians (ACP) and at National Academy of Medicine’s Action Collaborative on Clinician Well-being and Resilience. Dr Smith will talk about physician-parent wellness and finding joy in both the roles, as parents and physicians. She will discuss the importance of setting expectations for yourself, unburdening expectations, and explore ways to recharge and rejuvenate - just in time for the holiday season!



Speaker

Cynthia (Daisy) Smith MD, FACP

Chief Membership and Engagement Officer

American College of Physicians

Adjunct Professor of Medicine at the Perelman School of Medicine.

Click Here to Register Today! <http://bit.ly/3u8OxCV>

After registering, you will receive a confirmation email containing information about joining the meeting.

Please forward to friends and colleagues who might be interested in participating.

Non SGIM members are also invited.

About SGIM’S Women and Medicine Commission (WAMC) Workgroup on Parenting

The Workgroup on Parenting launched monthly meetings for SGIM members and guests in November 2020. The “Nighttime Parenting in Medicine Café” invites physician-parents to meet virtually and discuss solutions with invited speakers. The meetings are designed to be entertaining, useful, and encouraging. Zoom-bombing children, pets, and family members are welcome. Video recordings of the monthly presentations will be available on-line for those who cannot attend the gatherings. Future topics will include negotiating, self-care, scheduling strategies, and managing work and home. Workgroup members include: Deborah Kwolek, Sneha Shrivastava, Elisha Brownfield, Beth Lewis, Rakhee Bhayani and Karhink Gosh.

Academic physician-parents need support from their institutions, chiefs, co-workers, and professional societies to fulfill their demanding dual roles. In response, the SGIM’s Women and Medicine Commission (WAMC) formed a Workgroup on Parenting in 2020 with three major goals:

- To increase SGIM programming around parenting issues including monthly meetings throughout the year to equip physician-parents for success.
- To form a community for networking and to provide a safe space for members to vent, troubleshoot, share experiences, and feel supported.
- To work with leaders throughout SGIM to increase their support for parents at their institutions, and to identify concrete strategies for helping physician-parents to succeed.

For more information please visit: sgim.org/WAMCParentingCafe