



NYACP - MedQuest Board Review Question of the Week



As promised in the Chapter's December 31st email correspondence, NYACP is pleased to provide you with the answer to the NYACP-MedQuest IM Question of the Week in this edition of *IM Connected*. For your convenience, this week we repeat the question in this newsletter in addition to the correct answer and explanation below. Did you miss our NYACP-MedQuest IM Question of the Week from January 7th? No problem, because another question is headed your way on Tuesday, January 14th!

Here is the NYACP - MedQuest IM Board Review Question of the Week from Jan 6, 2020:

A 79-year-old man is brought to the emergency department due to a loss of consciousness. He was unconscious for approximately four minutes after he fell. He had been walking home after spending the morning at the supermarket and then suddenly fell to the ground. The patient remembers regaining consciousness and woke to find himself face down on the sidewalk with abrasions on his nose and forehead. This is the patient's first syncopal event, and he is otherwise in good health. He recalls feeling lightheaded and shaky just before the fall and currently is experiencing nausea.

His blood pressure is 78/52 mmHg, pulse is regular at 165/min, and respiratory rate is 23/min. There are no tongue abrasions, jugular venous distention, or focal neurological deficits. There are no murmurs.

What is the best treatment for this patient?

These are the responses received from members (719 total)

- A. Synchronized cardioversion (39% of members selected this answer)
- B. Asynchronized cardioversion (3% of members selected this answer)
- C. Vagal maneuvers and administering adenosine (49% of members selected this answer)
- D. Amiodarone (5% of members selected this answer)
- E. Lidocaine (2% of members selected this answer)

[Click here for the correct answer](#)

New York State of the State

Yesterday Governor Cuomo announced a number of new healthcare initiatives during his State of the State address, including plans to target rising healthcare costs, tackle the ongoing opioid epidemic, and reduce rising youth e-cigarette use. The governor unveiled a multipoint plan to reduce healthcare costs, focusing on increasing price transparency and combating prescription drug prices



- A cap on insulin co-payments at \$100 per month

- Granting additional authority for the state to investigate pharmaceutical companies who raise prescription drug prices
- Creating a website for the public to compare the health care cost and quality information
- Additional limits on out-of-network billing for emergency services and disclosure of facility fees to patients

A number of new laws targeting tobacco and e-cigarettes were also announced

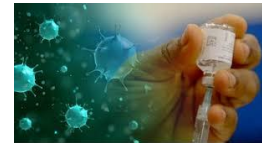
- A ban on the sale of all flavored nicotine products and a ban on e-cigarette ads targeting youth
- Ending the sale of tobacco and e-cigarettes at pharmacies
- Restricting online, mail, and phone purchasing of vaping products to prevent youth access

One proposal worthy of attention included in the supplemental State of the State Book is entitled “Enhancing Physician Integrity and Accountability.” It includes a number of action points, including a few listed below.

- Periodic renewal requirements for providers to maintain their NYS license with the stated goal of targeting “out-of-state bad actors who are licensed, but do not actually practice in New York”
- Strengthened disciplinary oversight of licensed providers
- Ensuring public access to up-to-date information on NYS licensed physicians, including on professional conduct

NYACP will work on these and all other healthcare issues that arise during the 2020 legislative session. Please watch for updates in IM Connected and special email alerts.

NYS Department of Health Issues a Statewide Health Advisory About the Flu



On January 3, 2020, the NYS Department of Health circulated a statewide [Health Advisory](#) to healthcare providers, clinical laboratories, hospitals, long term care facilities, healthcare facilities and local health departments.

The document contained timely and updated information on influenza prevention, surveillance and control. If you have not received or reviewed this alert, please do so at your earliest convenience. For [more information](#) about the sharp increase in the number of laboratory-confirmed flu cases and hospitalizations and/or to monitor weekly updates, visit the [NYSDOH website](#).

Upcoming Events

Women in Residency Life Webinar (WiRL)

Thursday, January 23, 2020
12:00 noon - 1:00 PM

[Objectives](#)
[Register Online](#)



Effective Tobacco Dependence Treatment Webinar

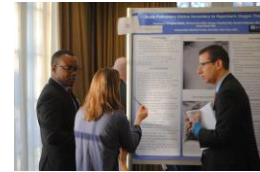
Thursday, February 25, 2020
12:00 noon - 1:00 PM



[Objectives](#)
[Register Online](#)

NYACP Resident and Medical Student Forum

Saturday, February 29, 2020
Desmond Hotel
660 Albany-Shaker Road
Albany, NY 12211



Stop by the Desmond Hotel to view accepted posters from the NYACP Competition and the Dr's Dilemma Competition. Twenty four teams will be competing for a chance to win a trip to Los Angeles to compete in the IM20 Competition!

[Full Details](#)

NYACP Weekend Board Review

Earn up to 27 CME Credits and 27 MOC points!

March 20-22, 2020

Rochester General Hospital
1425 Portland Avenue
Rochester, NY



[All Details and Registration Information](#)

Management of Dementia Related Behaviors

Wednesday, March 25, 2020
Guest Speaker: Alan Steinberg MD, Geriatric Psychiatrist

NYU Winthrop Research & Academic Center
101 Mineola Blvd.
Mineola, New York

Details coming soon!



**Advances in Cardiovascular Risk Reduction:
Improving Treatment for Patients with Diabetes**

Thursday, May 14, 2020

NYU Langone Health - Alumni Hall
550 First Avenue
New York, NY 10016

[Details and Registration](#)

**Friday, October 9, 2020:
NYACP Scientific Meeting
Westchester Hilton Hotel
699 Westchester Avenue
Rye Brook, NY 10573**

Details coming soon!

