

Current Topics in
**PRIMARY CARE AND
NEUROLOGY**

Update for the Primary Care Practitioner

SEPTEMBER 21-23, 2018

The Conference Center
2608 Main Street
Lake Placid, New York 12946



In collaboration with New York Chapter, American College of Physicians

*Sponsored by Albany Medical College's Department of Medicine, Department of Neurology
and the Office of Continuing Medical Education*

WHO SHOULD ATTEND

This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the adult and adolescent patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful.

ABOUT THE SYMPOSIUM

This conference focuses on topics of interest to primary care practitioners. The sessions will be concise, up-to-date and clinically relevant. Our intent is to bring practitioners of primary care together in a relaxed setting to review the latest trends in medicine and to share their own experiences and viewpoints in the context of evidence-based discussions.

LEARNING OBJECTIVES

At the conclusion of this conference, participants should:

- Become familiar with nutritional health fads patients are utilizing.
- Be familiar with motivational interviewing techniques.
- Be able to diagnose and treat HIV and hepatitis C.
- Be cognizant of the new hypertension guidelines.
- Discuss common parasomnias.
- Become familiar with women's cardiac health risks.
- Be able to discuss the importance of physical activity and health.
- Discuss appropriate utilization of medical marijuana in the community.
- Recognize new mechanisms of migraine.
- Be able to manage low testosterone according to the guidelines.
- Recognize the role of new advances in interventional pain management.

ACCREDITATION

Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

Tuition	By Sept 10	After Sept 10
Physicians	\$260.00	\$310.00
Others	\$210.00	\$260.00
Full-time AMC	\$110.00	\$60.00
Employees and Residents		

Tuition includes admission to the symposium, access to an on-line course syllabus and breaks

TUITION REFUND POLICY

Tuition refunds are possible if notification is received by September 10. After that date no refunds are available. Refunds will be processed upon receipt of a written request.

NEED INFORMATION?

For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, Fax at (518) 262-5679 or e-mail atpricej@mail.amc.edu

For emergency calls during the conference, call The Lake Placid Conference Center at (518) 523-5200

Web Sites:

- Albany Medical Center - www.amc.edu

ON-LINE REGISTRATION

On-Line Registration at http://www.amc.edu/academic/cme/events_and_programs.cfm

Click on the registration bar at the top of the page.

CONFIRMATION

All registrants will receive a confirmation. **If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.**

Lodging reservation confirmation will be handled by the Golden Arrow.

SPECIAL NEEDS

Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by September 1 to discuss your needs.

ATTIRE

Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

ON-LINE SYLLABUS

Printed syllabus material will **NOT** be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262 5828.

AGENDA

Friday, September 21, 2018

- 4:15 pm Registration, Exhibits, & Introduction
Welcome, Introductions and Administration of Pre-Test
Ivelisse Verrico, MD
- 4:30- 5:30 pm Easy Weight Loss Strategies: The New and Not So New Fads
Jennifer Lindstrom, MD
- 5:30- 6:30 pm Influencing Lifestyle Change through Motivational Interviewing
Lindsey Ross-Bailey, PhD
- 6:30 pm Adjourn

Saturday, September 22

- 7:30- 8:00 am Exhibits & Continental Breakfast
- 8:00- 9:00 am Medical Marijuana
Grace Forde, MD
- 9:00- 9:45 am New Mechanisms of Migraine
Charles Argoff, MD
- 9:45- 10:30 am "Things That Go Bump in the Night"
John Pugh, MD, PhD
- 10:30- 11am Break and Exhibits
- 11:00- 11:45 am Behavioral Management of Chronic Pain
Lindsay Ross-Bailey, PhD
- 11:45- 12:30 pm New Advances in Interventional Pain Management
Ravneet Bhullar, MD

- 12:30- 1:15 pm Physical Activity and Health: Just Do It! (But Don't Overdo It)
Alwin Steinmann, MD
- 1:15 pm Adjourn

Sunday, September 23

- 7:30- 8:00 am Continental Breakfast & Exhibits
- 8:00- 9:00 am Men's Health: "Doc, Do I Need Testosterone? I Hear it'll Help Me Perform Better."
Matthew Leinung, MD
- 9:00- 10:00 am CAD Risk: Optimizing Our Patient's Risk Profiles
Suzie Mookberjie, MD
- 10:00- 10:15 am Break
- 10:15- 11:15 am Hypertension: The Even Newer New Hypertension Guidelines
Robert Millar, MD
- 11:15- 12:15 pm ID: Cases in HIV and Hep C (mis)Management: What the Primary Care Provider Should Know.
Cindi Miller, MD
- 12:15 pm Wrap Up Session with Post Test

ACKNOWLEDGMENT

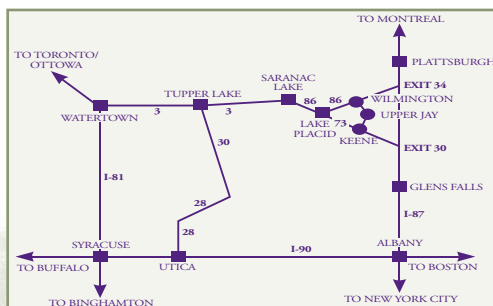
A complete list of supporters will be provided at the conference.

DO YOU HAVE QUESTIONS FOR OUR FACULTY?

If you have specific questions regarding any of the agenda topics, please type them on a separate piece of paper and mail them to the Office of Continuing Medical Education with your registration. The faculty will do their best to respond to your questions, or incorporate the information into their talks.

TRAVEL

Lake Placid is easily accessible by major highways and well-maintained thoroughfares. Air travel is available by commercial carrier to Adirondack Airport in Saranac Lake. (Saranac Lake is 16 miles from Lake Placid)



COURSE DIRECTORS

Charles E. Argoff, MD

Professor of Neurology
Department of Neurology
Albany Medical College

Ivelisse Verrico, MD, FACP, FAAP

Associate Professor of Internal Medicine
and Pediatrics
Program Director of the Combined Internal
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Division of Medicine
Albany Medical College

GUEST FACULTY

Grace Forde, MD

Director of Neurological Services
North American Partners in Pain Management
Lake Success, NY

Lindsey Ross-Bailey, PhD

Orlando, FL

Alwin Steinmann, MD

Chief of Academic Medicine
Designated Institutional Official
for The Residency Programs
Saint Joseph Hospital
Denver, CO

ALBANY MEDICAL COLLEGE FACULTY

Ravneet Bhullar, MD

Assistant Professor of Anesthesiology
Department of Anesthesiology
Director Division of Chronic Pain Management

Matthew Leinung MD FACE

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Department of Medicine
Assistant Dean for Curricular Integration

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Assistant Professor of Internal Medicine
and Pediatrics
Medical Director Bariatric Surgery Program
Division Head Combined Internal Medicine
and Pediatrics
Division of Medicine

Robert Millar, MD

Assistant Professor of Medicine
Division of Cardiology

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AIDS Designated Center
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Albany, NY

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Assistant Professor of Medicine
Associate Program Director of Cardiology
Fellowship Program
Division of Cardiology

John Pugh, MD, PhD

Assistant Professor of Pediatric Neurology
Department of Neurology

LAKE PLACID

Stretching along the shores of two spectacular bodies of water and surrounded by the Adirondack High Peaks, the Village of Lake Placid is located in the heart of the six million acre Adirondack State Park. Host to the 1932 and 1980 winter Olympics, the Lake Placid area offers a variety of recreational activities. Enjoy golf, tennis, fishing, hiking, biking, boating and rock climbing. Tour the Olympic Museum and the Olympic Sports and Jumping Complexes. Stroll in the Olympic Village where you'll find a variety of boutiques and eateries. Lake Placid has something for everyone.

THE GOLDEN ARROW

The Golden Arrow property includes 143 guest rooms with indoor pool and private beach on Mirror Lake. Dining pleasures await you at Generations Restaurant where Adirondack hospitality is demonstrated at breakfast, lunch, and dinner.

This is a no smoking property.

ACCOMMODATION INFORMATION

A block of rooms has been reserved at the The Golden Arrow for the conference from Thursday, September 20 through Saturday, September 22, 2018. The rate is \$189 per night single/double occupancy, based on a three night minimum stay or \$209 per night based on a 2 night minimum stay. Rates quoted do not include sales tax. Room rates will not be guaranteed after August 4, 2018.

All lodging reservations are to be made directly with the Golden Arrow by calling 518 523 1025. Mention Albany Medical College to secure the above rates.

CONFERENCE REGISTRATION FORM

Current Topics in Primary Care and Neurology SEPTEMBER 21-23, 2018

Tuition	By September 10:	After September 10:
	Physicians \$260.00	Physicians \$310.00
	Others \$210.00	Physicians \$260.00
	Full-time AMC Employees and Residents \$110.00	Full-time AMC Employees and Resident \$160.00

On-Line Registration at http://www.amc.edu/academic/cme/events_and_programs.cfm

Click on the registration bar at the top of the page.

Only paid registrations can be accepted.

Name & Degree (*as to appear on conference materials*)

CME credit tracking

Month of birth - date of birth - First 4 Characters of First Name

Specialty _____

Institution/Affiliation _____

Department _____

Business Address _____

City _____ State _____ Zip _____

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E-mail Address (*You must provide an e-mail address to gain access to the on-line syllabus*)

Please indicate method of payment: Please check one:

My Check for \$_____, payable to Albany Medical College is enclosed.

Please charge my credit card for the amount of \$_____.

(*For credit card payment, complete information below.*)

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Name as it appears on Card

Card Number _____ Exp. Date ____ / ____ / _____

Signature _____

Method of Registration: Mail or Fax

RETURN THIS FORM WITH PAYMENT TO:

Primary Care and Neurology Conference
Albany Medical College, Mail Code – 1 J408
47 New Scotland Avenue
Albany, New York 12208-3479

Fax (518) 262-5679 registrations accepted for Visa, MasterCard, Discover and American Express only. Fax registrations without credit card payment cannot be processed. This is a secure fax. Please register one person per form. This form may be photocopied.

Office Use Only

Check #: _____

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C.C. Approval #: _____

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