



May 27, 2021



# Presidents Message: Dr. Parag Mehta Spread Love and Kindness, Stop Hate crimes

On the recent anniversary of George Floyd's death, we are reminded that the fight against racism is still ongoing in our lives. Since that day, we have seen renewed energy and passion in the pursuit for racial justice. The rise of racist attacks and hate crimes against Asian Americans is disheartening. We denounce all hate crimes towards people of



NYACP-MedQuest IM Board Review Question

any race, ethnicity, gender, or age. Speak up against injustice, and provide strength to those who are fragile.

Together, we need to educate our peers and colleagues about the power of unity, the miracle of kindness, and the wonders of love to heal these wounds. We promote peace and equality.

### **Read More**

### Chapter Awards - Submit Nominations By June 30th

NYACP is excited to announce that a *NEW* Chapter Awards Committee has been established to increase member recognition for excellence and distinguished contributions to Internal Medicine. This year, the committee will be issuing a total of 3-5 awards. The categories for candidate nominations include: Education; Advocacy; Clinical Excellence; Research; Diversity, Equity and Inclusion (DEI); and Public Health.

Here is the link to the online Chapter Awards Nomination Form: <a href="https://www.nyacp.org/i4a/forms/index.cfm?id=429">https://www.nyacp.org/i4a/forms/index.cfm?id=429</a>.

The nomination requires a completed online form, a 500-word Letter of Nomination, and a copy of the nominee's CV.

The submission deadline is June 30, 2021.

Please help the New York Chapter ACP recognize, honor and congratulate the truly deserving members of our Chapter for their amazing and outstanding work!

The Appropriate Use of PPIs in Older Adults: A Challenge in Practice!



TS Dharmarajan MD, MACP, AGSF, FRCPE
Vice Chairman, Department of Medicine
Clinical Director, Geriatrics
Program Director, Geriatric Medicine Fellowship Program
Montefiore Medical Center (Wakefield Campus), Bronx, NY
Professor of Medicine, Albert Einstein College of Medicine, NY



Proton pump inhibitors (PPIs) are a class of drugs that irreversibly inhibit the proton pump in gastric parietal cells to inhibit acid secretion, until replacement pumps are resynthesized. PPIs differ considerably from H2 blockers which have a milder, shorter duration of action; PPIs maintain gastric pH over four for 15 to 21 hours daily. PPIs as a class include six drugs that marginally differ in pharmacokinetics; the choice of a specific PPI is of little relevance in practice. PPIs are best taken in the fasting state for maximum effect.

#### **Read Full Article Here**

Members in the News!

Imran Chaudhri, MD Resident at Stony Brook, NYACP Long Island Resident Council Board Representative



Published in ASN Kidney360

"Outcomes Associated with the Use of Renin-Angiotensin-Aldosterone System Blockade in Hospitalized Patients with SARS-CoV-2 Infection"

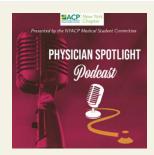
Read the full article: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7748256/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7748256/</a>

Do you know a member who is in the news? Let us know - email <u>klabello@nyacp.org</u>

New Podcast Released:

Physician Spotlight on Oncology/Hematology and Rural Medicine with Anush Patel, MD, FACP

NYACP's Medical Student Committee has created podcasts focused on individual professional journeys in Internal Medicine. Click below to hear how Dr. Patel went from being hesitant about Oncology/Hematology in his clinical rotations to being inspired about the field and passionate about his rural area. You will want to hear the story about the chocolate chip and cherry cookies!



This is an engaging interview that unfolds in a storytelling format and will leave you anxiously awaiting our next podcast installment.

Available now at: nyacp.org/students and https://www.buzzsprout.com/1597336

### ACP/AHA Seek Editor for new Clinical Cases Journal

The American College of Physicians (ACP), publisher of *Annals of Internal Medicine*, one of the most influential peer-reviewed clinical journals in the world, has partnered with the American Heart Association (AHA) which publishes an array of quality peer-reviewed journals, to launch *Annals of Internal Medicine: Clinical Cases* 



(AIMCC). This digital, open-access, peer-reviewed journal will publish case reports relevant to clinicians across the spectrum of medicine.

In support of this new initiative, the journal is searching for qualified candidates for the position of Editor in Chief (EIC). The editorial team, led by the EIC, will be responsible for upholding the efficient and careful peer-review and publishing practices that authors and readers have come to expect from *Annals* and the scholarly journals of the AHA.

### **Read More**

### **CALENDAR OF EVENTS**

ACP Webinar:

Implicit Bias, Microaggressions, and the Health of Pan-Asian Physicians and Trainees Wednesday, June 2, 2021: 3:00 p.m.

Panelists:

Elisa I. Choi, MD, FACP

Tiffany I. Leung, MD, MPH, FACP



Joshua M. Liao, MD, MS, FACP Tammy L. Lin, MD, FACP

Pan-Asian physicians and trainees comprise a vital part of the health care workforce and are not immune to the effects of bias and microaggressions within the medical profession and outside of it. Anti-Asian discrimination and assaults increased significantly during the COVID-19 pandemic, contributing to a "secondary contagion" of racism. These factors exacerbated preexisting unique challenges and barriers that Pan-Asian physicians and trainees already faced in work and learning environments, such as the "bamboo ceiling." The "model minority" myth and "perceived foreignness" at the front line of usual and pandemic-related care are particularly damaging to the Pan-Asian workforce.

In this free 1-hour webinar, explore the impact of implicit bias and microaggressions on the health of Pan-Asian physicians and trainees.

### **Register Here**

Discussion and Camaraderie - Sponsored by the NYACP Well Being Committee

Small Feedings of the Soul: Readings and Reflections Webinar Series June 7, 2021: 7:00 pm

Do you look forward to reading 'On Being a Doctor' essays in the Annals of Internal Medicine? We love them, too! So, let's gather and connect virtually through discussions stimulated by these short, provocative readings.



June's theme is Professional Identity and Development.

Come meet the authors Christina Dimopoulos and MD, Sonia Singh, MD, and each other to explore the practice of medicine and our experiences.

June Readings (Audio version available for those without a full text subscription):

- 1. Calling A Code
- 2. Open Letter to a Burned Out Intern

### **Register Here**

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### **ACP Webinar:**

COVID-19 Forum V - ACP Member Exclusive Invitation Evaluation and Care of Patients with Persistent Symptoms Following Acute SARS-CoV-2 Infection June 9, 2021: 3:30 - 5:00 pm



### Register Here

## **Read More**

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Women in Medicine Webinar Series Part 3:

July 13, 2021 5:00 - 6:00 PM

Sponsorship and Writing Letters of Recommendation/Support and Nomination for Women in Medicine
Tiffany Leung, MD, FACP

Mentorship and Promotion of Women in Medicine Harvir Singh Gambhir, MD, FACP





Thursday, October 7, 2021: 6:00 pm -Business Meeting & Awards

NYACP Annual Scientific Meeting - online live presentations! Friday, October 8, 2021: 8:00 am- 3:45 pm Earn up to 13 CME credits and 13 MOC points!

We hope you will join us- virtually for a day of learning, networking and idea sharing for the NYACP Annual Scientific Meeting - held virtually in homes and offices everywhere!

# Plenary Topics include:

- Innovations in COVID Management Panel
- Past, Present and Future of Telemedicine Panel
- Update in Infectious Diseases
- Panel and Life Goals of Life Care
- Update in NYS Healthcare



Full Details/Registration (\$50 per member)

Abstract/Poster Competition Details