

**NYACP Annual Scientific Meeting**  
Saturday, November 5th | 8:00 AM - 4:15PM | Westchester Marriott

**Register Today!**

October 27, 2022



**President's Message: Dr. Jitendra Barmecha**  
Progress Note:

On September 2, 2022, New York State submitted its final 1115 waiver amendment request, ["New York Health Equity Reform \(NYHER\): Making Targeted, Evidence-Based Investments to Address the Health Disparities Exacerbated by the COVID-19 Pandemic"](#) to the Centers for Medicare and Medicaid (CMS). The final 1115 waiver requests \$13.52 billion over five years to change the way New York's Medicaid program "integrates and pays for social, physical, and behavioral health care" and seeks to advance health equity for Medicaid enrollees through an array of linked initiatives. A federal 30-day public notice and comment period closed on October 19, 2022.



A new [Digital App Library](#) has been developed by the ACP, the American Telemedicine Association (ATA), and the Organisation for the Review of Care and Health Apps (ORCHA) Digital Academy. This resource helps you find safe and effective weight management apps to recommend to patients. All diet and weight management apps, included in the library, were reviewed and meet or exceed the criteria of the Digital Health Assessment Framework (DHAf). DHAf is a comprehensive set of criteria designed to find high-quality, safe, and effective apps. [ACP members can register for free access to the Digital App Library](#) through their ACP accounts using upgrade code ACPPRO.

**Reminder - Friday, October 28 is National Internal Medicine Day. Please join the Chapter and ACP in celebrating the essential role of internal medicine physicians!** We are critical thinkers who excel in the most challenging and dynamic environments and provide compassionate care for our patients throughout their health care journey. We are the cornerstone of clinical care—vital to patients, medical professionals, and the healthcare system.

Finally, the wait is over! NYACP's "in-person" Annual Scientific Meeting is right around the corner. For the first time, we will be conducting [Point of Care Ultrasound \(POCUS\)](#) training at the pre-conference workshop on November 4, 2022. This year, we have received a record number of abstract submissions and an incredible line-up of speakers on various I.M. topics. Our keynote speaker is **Dr. Nirav Shah, a Master of the College**, and former New York State Health Commissioner, who will be sharing insights

on Artificial Intelligence in Healthcare “Hype or Hope.” Please share the registration link amongst your colleagues and any last-minute exhibitors: [NYACP Annual Meeting](#).

Stay safe and, again, please do not forget to get COVID 19 bivalent booster and Influenza vaccines!



Jitendra Barmecha, MD, MPH, FACP, SFHM  
President

### Celebrate National Internal Medicine Day!

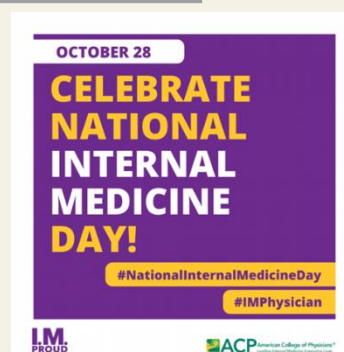
*Join ACP in celebrating the essential role of internal medicine physicians on Friday, October 28th!*

We are experts in complexity. We serve, and lead, in every place and everywhere, in many diverse roles and settings.

Please encourage colleagues to celebrate National Internal Medicine Day by:

- Flooding the internet with internal medicine pride: recognize a colleague, thank a mentor, or tell your story.
- Sharing social media posts from the NY Chapter featuring members sharing the reasons they chose internal medicine. New posts will be added on [Twitter](#), [Facebook](#), [LinkedIn](#) and [Instagram](#) throughout the day!
- Using the hashtags – #NationalInternalMedicineDay, #IMPhysician, #IMProud,– in social media posts.
- Joining ACP’s **#NIMdayChat Twitter chat on October 27 at 8 p.m. ET.**
- Visiting [this page](#) to download Zoom backgrounds, profile frames and posters.
- Following ACP on [Twitter](#), [Facebook](#), and [Instagram](#) for sharable social media content about National Internal Medicine Day, including social media frames for your profile picture on Facebook and Twitter.
- Listening for radio ads about National Internal Medicine Day and internal medicine physicians are airing in New York throughout the month of October.

Learn more about how ACP is celebrating the leadership and impact of [Internal Medicine Physicians](#)



**2022 NYACP Annual Scientific Meeting**  
Saturday, November 5 / 8:00 am  
Westchester Marriott



670 White Plains Rd  
Tarrytown, NY 10591

The NYACP Annual Meeting is less than two weeks away! Join us for a day filled with clinical topics, Diversity, Equity, and Inclusion initiatives and much more! In addition, you will even have time to view over one hundred Resident and Medical Student posters and visit exhibitors from various industries, such as financial planning, IPA's, diagnostic companies, and physician recruiters.

### ***Updated Faculty Announced!***

The Chapter is pleased to announce that Bishnu Sapkota, MD, FACP, a Gastroenterologist from Upstate University Hospital, will be presenting "Gastroenterology Pearls" on the Rapid-Fire Panel. We are excited to have Dr. Sapkota share his expertise on this important and timely topic!



Dr. Bishnu Sapkota

### **[NYACP Annual Meeting](#)**

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### **ACP Patients Before Paperwork Initiative**

*Resources to Help Mitigate Administrative Burdens*

ACP knows that current administrative burdens, including prior authorization, electronic health record requirements, and the challenges of prescribing drugs, make it difficult to practice medicine and provide the best patient care.



ACP's priority initiative, **[Patients Before Paperwork](#)**, seeks to make positive change in your daily practice by reducing unnecessary practice burdens through policy recommendations, stakeholder engagement, and regulatory advocacy. ACP has also developed educational resources and practical tools to help you mitigate some of these burdens.

### **[Learn More](#)**

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### **Join ACP's Free Guided Fellowship Program!**

#### **Achieve Fellowship Distinction with ACP Guidance**

Fellowship in the American College of Physicians is a mark of distinction that honors your achievements in and above the practice of medicine.



Get personalized guidance and mentorship from ACP leaders as you gain the experience needed to attain the FACP credential over a 3-year time frame. **[ACP's Guided Fellowship Program](#)** helps you advance professionally while providing you with opportunities for deeper engagement within the internal medicine community.

2022 residency program graduates are eligible to enroll in the FREE\* 3-year program.

[Apply For ACP's Free Guided Fellowship Program Today!](#)

### Hudson Valley Region Governor-Elect Elections - Vote by November 4th!

It's time to vote for the next NYACP Hudson Valley Region Governor! NYACP's statewide structure includes five regions with one Governor for each region. The five Governors and Governor-Elects make up the Chapter's Executive Committee and, in the final year as Governor, he/she serves in the role of Chapter President. The Governor serves as an official representative of the College, providing a link between members at the local level and leadership at the national level.



Donna Morrison, MD, FACP



Anush Patel, MD, FACP

This year the two superb candidates running for Hudson Valley Region Governor-elect are Donna Morrison, MD, FACP and Anush Patel, MD, FACP. Voting instructions, along with candidate statements, background information and experience can be found on the [Chapter's website](#).

### Classified Ad - Job Postings #1:

**NYSDOH: Community Health Program Manager 3  
Albany, NY**



Preferred Qualifications: The preferred candidate should have work experience related to the management of a large, multi-faceted, statewide public health program with a strong understanding of state and federal government management processes and fiscal management. Excellent communication, analytical and organizational skills, and a strong command of technology solutions is critical.

[Read More](#)

### Classified Ad - Job Postings #2:

**NYACP Meetings Specialist and District Relations Liaison**



NYACP is looking for an experienced association professional to join our remote workforce team in New York. This is a full-time position with some travel required. Meeting and events experience, along with strong organizational, technology, communication and writing skills are REQUIRED ... non-profit experience a plus!

[Read More](#)

## Upcoming Events

**Introduction to Point of Care Ultrasound - an interactive course**  
**Hurry - registration closes on Oct 28th!**  
Friday, November 4 / 8:00 am - 5:00 pm



**Westchester Marriott**  
**670 White Plains Rd**  
**Tarrytown, NY 10591**

The New York Chapter is pleased to present an interactive Introduction to POCUS Course. At the end of the course, the learner will have an introductory ability to use bedside ultrasound. Specifically, the learner will be able to: Understand ultrasound physics, machine controls, and probe selection to obtain optimal ultrasound images; Demonstrate normal lung, cardiac, abdominal, and vascular exams; Interpret normal ultrasound images; Interpret common abnormalities noted on lung, cardiac, abdominal, and vascular exams.

[NYACP Point of Care Ultrasound Course](#) (Registration Closes on Friday, October 28th)

[REGISTER HERE](#)

***Have you registered yet?***

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[Registration Open](#)  
[Exhibitor Prospectus](#)

**Visit our Exhibit Hall!** Network with HealthConnections and WeCare IPA; Butterfly Network, Charles J. Sellers & Laboratories, MLMIC, Northwell Health,

Thank you to our Gold Sponsors



[Schedule & Information](#)

**Gold Level Exhibitors:**  
and **Bronze Level Exhibitors:**  
Co. Inc, Exact Sciences  
New York eHealth

Collaborative, Altfest Personal Wealth Management, Berkshire Bank, Xeris Pharmaceuticals and the NY Army National Guard.

**Thank you to our Bronze Exhibitors!**



## Wisdom and Well Being: Making Healthcare Work Better for Physicians and Patients Session 6



**Strategies for Organizational Well Being**  
**Wednesday, November 9 / 7:00 - 8:00 pm / Zoom Meeting**

It's known that well-being is critical to providing quality, meaningful care to patients, and being fulfilled with a demanding career in medicine. But, how are changes made beyond the individual?

This panel of experts will focus on efforts, wins, and challenges that they've experienced in the evolution of improving physician well-being across their health systems.

Objectives:

1. Identify strategies for implementing well-being in organizations
2. Name resources and potential collaborators to assist in the well-being journey

**Faculty:**

Caroline Gomez-DiCesare, MD, PhD, FACP, FAAP  
Lauren Peccoralo, MD, MPH  
Jacqueline Moline, MD, M.Sc., FACP, FACOEM  
Maria Maldonado, MD, FACP

[REGISTER HERE](#)

**Small Feedings of the Soul: Readings and Reflections**  
**Wednesday, November 16 / 7:00 - 8:00 pm / Zoom Meeting**

Explore the practice of medicine through shared experiences! Come for discussion, camaraderie, and to meet authors of select pieces from 'On Being A Doctor'.

Please note that this event is not recorded.

**November's theme:**  
Hope, Touch and Connection

**Readings by Guest Author Vincent Quagliarello, MD:**

[Doctors of a Certain Age](#)  
[Meaning at the Fingertips](#)  
[Tiny Branches \(JAMA\)](#)

Facilitated by: Cori Salvit, MD, FACP

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[REGISTER HERE](#)



**Irwin D. Mandel Advances in Cardiovascular Risk Reduction:  
Improving Treatment for Patients with Diabetes**

**December 1 / 7:45 am - 5:00 pm**  
**NYU Langone Health and Live Stream**

*Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.*

This one-day course will cover state-of-the-art management of patients with cardiovascular risk factors, with a focus on prevention. The morning session will highlight the latest scientific and clinical advances in the management of diabetes, including evidence-based strategies to reduce cardiovascular risk in diabetic patients and best practices in the care of hospitalized patients with diabetes.



[INFORMATION AND REGISTRATION](#)

**Home and Skilled Nursing Facility: Post-Operative Care of Older Adults**

**Wednesday, February 8, 2023 / 7:00 - 8:00 pm / Zoom Meeting**

*Jointly provided by NYMDA and the NYACP Geriatrics Task Force*



This one-hour session will cover Home and Skilled Nursing Facility post-op care for older adults. Themes will include how to address common complications within this patient population, telehealth, financing care, and caregiving.

[REGISTER HERE](#)