The High Blood Pressure Resource Library is a compilation of different materials and resources from coalition members. Use them to inform or enhance your own messaging or share as is. The library is sorted by topic and then by resource format. Call 311 to order NYC Department of Health and Mental Hygiene materials. Please note there are order limits per material. If you would like to request a large quantity, email bloodpressure@health.nyc.gov.

Please follow the <u>library policy</u> if you would like to make any changes to these documents.

2019 Communications Calendar

Format Definitions:

E-blast: electronic newsletters

Print material: patient/community-facing infographic, educational

handout, poster, etc.

Provider resource: provider-facing form, guide, etc.

Social media: examples of existing posts or products to share on

social media

Song: musical song

Video: instructional or music video

Webpage: link to an informational webpage

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	KNDW YOUR NUMBERS	Newsletter: Go Red for Women Day Newsletter	E-blast		American Heart Association
Awareness	Co. Ni Shaha David Shawa What Flore Ch. Ni Shaha David Shaha Shaha David Shaha	Insider Newsletter: Dr. Nichola Davis Shares What You Need to Know About "The Silent Killer" – High Blood Pressure	E-blast		NYC Health + Hospitals
Awdichess	** On the transformation of the state of the	Worksite Newsletter: Is Your Heart Healthy?	E-blast		WorkWell NYC
	Together to End Stroke. PRESIÓN ALTA CAUSA DERRAME CEREBRAL O DO DORIGOMAN COMO CONTROLANA LOS SÍNTOMAS	Spanish Stroke Awareness Infographic	Infographic		American Heart Association

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	3.7 c. 1 cm. O 5 c. 2 c.	Five Key Facts about Stroke	Print material	Spanish	American Heart Association
	Here is not pressure 12 A start of an 15 NO CAN CO 1 Recognity 2 Corting 1 Recognity 2 Corting 1 Recognity 1 Recog	Hypertension Informative Screensavers (4) 1, 2, 3, 4	Print material		NYC Health + Hospitals
	High Blood Pressure	High Blood Pressure Health Bulletin	Print material	Arabic, Bengali, Chinese (traditional), Chinese (simplified), Haitian Creole, French, Italian, Korean, Polish, Russian, Spanish, Urdu, Yiddish,	NYC Health Department
	1000K/H	Blood Pressure Kiosk Borough Maps Bronx, Manhattan, Brooklyn, Queens, Staten Island	Print material		NYC Health Department
	The Standing Season of Control of	NYC Health Map Overview	Provider resource		NYC Health Department
		High Blood Pressure Poster	Print material	<u>Spanish</u>	NYC Health Department
	Policies of SOCIS **Systematics* **Systematics* **Billion of the Conference of th	Patient Facts: Hypertension	Provider resource		American College of Physicians
	The state of the s	High Blood Pressure Tweets	Social media		NYC Health Department

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	Circle Of Norther Horn Age	Heart Age Calculator Social Media Images	Social media	Spanish	NYC Health Department
		How to Share the NYC Health Map	Social media		NYC Health Department
	From the Prince State St	"Hip Hop STROKE" Music Video	Video		Hip Hop Public Health
	THE FAST, ONE OF MAJE A LETTER WORDS. F	Stroke Month Webpage	Webpage		American Heart Association
	Things to some Colder Americans and blood pressure In section and control to the	Older Americans and Blood Pressure Webpage	Webpage		American Heart Association
Blood Pressure Measurement	Measurement was the second of	Measuring Your Blood Pressure at Home	Print material		AHRQ
	■ Mont to 14th Your Strong American Control Processor Inter you control processor desired processor and processo	How to Take Your Blood Pressure Handout	Print material	Bengali, Chinese, French, Russian, Spanish,	NYC Health Department
	The state of the s	Self-Measured Blood Pressure Monitoring Guide	Provider resource		NYC Health Department
	EBOOKLYN	Blood Pressure Kiosk Borough Maps Bronx, Manhattan, Brooklyn, Queens, Staten Island	Print material		NYC Health Department

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	The final decision of the control of	NYC Health Map Overview	Provider resource		NYC Health Department
	Game Plan Measuring Your Brood Press	How to Measure Blood Pressure video	Video		American Heart Association
	Knewledge gaps in getting accurate blood pressure randing measure randing measure randing measure randing measure randing measurement of the pressure randing measurement of the pressure randing measurement of the pressure randing measurement of the pressurement of t	Knowledge Gaps in Getting Accurate Blood Pressure Readings Webpage	Webpage		American Heart Association
Wellness	STOP STRESS IN ITS TRACKS WAS RELIES FRANCE LANGE Everyone experiences stress at times - it's a restural reaction to the demands of life.	Newsletter: Feeling Stressed? Healthy Ways to Cope	E-blast		WorkWell NYC
Weimess	Holiday Stress? Try Our Top 5 Tips for a Healthy Holiday Season	Holiday Stress? Try Our Top 5 Tips for a Healthy Holiday Season Webpage	Webpage		American Heart Association
Nutrition	Life without augar is fust as sweet! The second se	Life Without Sugar is Just as Sweet Recipe	Infographic		F.Y. Eye
	Healthy Recipes, Healthy Hearts Whenever will be show the recommended and threat Ingredients For an angle of the recommended and threat For any angle of the recommended any angle of the recommended and threat For any angle of the recommended any angle of threat For any angle of the recommended	Healthy Recipes, Healthy Hearts Recipe	Infographic		F.Y. Eye
		Eat More Color Infographic	Print material	<u>Spanish</u>	American Heart Association
	HEALTH ATING	Holiday Healthy Eating Guide	Print material		American Heart Association

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	Cut the Salt	Cut the Salt Health Bulletin	Print material	Arabic, Bengali, Chinese (traditional), Chinese (simplified), Haitian Creole, French, Italian, Korean, Polish, Russian, Spanish, Urdu, Yiddish	NYC Health Department
	A plant frame fram	Adult Plate Planner	Print material	Spanish	NYC Health Department
	The second section of the section o	<u>Using Food Labels to Eat Less</u> <u>Sodium Fact Sheet</u>	Print material	Bengali, Chinese, French, Russian, Spanish	NYC Health Department
	Garden Ga	Guide to Healthy Eating and Active Living in NYC	Print material	Arabic, Bengali, Chinese (traditional), Chinese (simplified), Haitian Creole, French, Italian, Korean, Polish, Russian, Spanish, Urdu, Yiddish	NYC Health Department
	KEEP ON TRACK Under the Windows (Inc.)	Keep on Track: Simple Steps to a Healthier Lifestyle Guide	Print material	<u>Punjabi</u> , <u>Bengali, Korean</u> , <u>Hindi, Nepali, Urdu</u>	NYC Health Department
		Keep On Track: Plate Planners	Print material	Punjanbi, Bengali, Korean, Hindi, Nepali, Urdu	NYC Health Department
	HOW MUCH SODIUM IS IN YOUR FOOD?	Do You Know How Much Sodium is in Your Food? Flipchart	Provider resource	<u>Spanish</u>	NYC Health Department
	Penergraphy to be trained, many graphy of the company of the compa	Healthy Eating and Active Living Prescription Pad	Provider resource	<u>Spanish</u>	NYC Health Department

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	PAY ATTENTION TO THE MENU	"Pay Attention to the Menu" Song	Song		Hip Hop Public Health
	HEALTHY FOR GOOD BL THE CONTROL OF	Break Up With Salt Webpage	Webpage		American Heart Association
	Healthy for Good	Healthy for Good Webpage	Webpage		American Heart Association
	N/A	DASH Diet Seminars (coming soon)	Webpage		YMCA of Greater New York
Physical Activity	N/A	Let's Move Outside newsletter	E-blast		YMCA of Greater New York
	Colder market was a second of the colder of	Guide to Healthy Eating and Active Living in NYC	Print material	Arabic, Bengali, Chinese (traditional), Chinese (simplified), Haitian Creole, French, Italian, Korean, Polish, Russian, Spanish, Urdu, Yiddish	NYC Health Department
	KEEP ON TRACK	Keep on Track: Simple Steps to a Healthier Lifestyle Guide	Print material	Punjabi, <u>Bengali, Korean,</u> <u>Hindi, Nepali, Urdu</u>	NYC Health Department
	Prescription for invalve, family and Acres Limits and Acr	Healthy Eating and Active Living Prescription Pad	Provider resource	Spanish	NYC Health Department

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	TOTAL	Hip Hop Dance Fitness Breaks	Video		Hip Hop Public Health
	YMCA SUMMER CAMPS	YMCA Summer Day Camp Information	Webpage		YMCA of Greater New York
	SO JOINER'S FEE OPEN HOUSE OUT 6	YMCA Open Houses	Webpage		YMCA of Greater New York
	AWAKEN SAMMER INAGINATION	YMCA Healthy Kids Day	Webpage		YMCA of Greater New York
Smoking	Among and a fine of the community of the	Newsletter: World No Tobacco Day	E-blast		WorkWell NYC
	Make Guiding Coal When the Coal Coal Coal Coal Coal Coal Coal Coal	Quit to Save Pamphlet	Print material	Arabic, Bengali, Chinese (traditional), Chinese (simplified), Haitian Creole, French, Italian, Korean, Polish, Russian, Spanish, Urdu, Yiddish	NYC Health Department
	The state of the s	Help Your Patients Quit Smoking Coaching Guide	Provider resource		NYC Health Department
		New York State Tobacco Cessation Counseling Information and Billing Codes	Provider resource		NYC Health Department

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	Smaking Cesation Medication Precycling Clark The state of the state o	Smoking Cessation Medication Prescribing Chart	Provider resource		NYC Health Department
	(Mat's high our as throng)	What's in Your Ashtray? Media Campaign Video	Video		NYC Health Department
	Health Bulletin Still Smoking?	Still Smoking? Cigarettes Are Eating You Alive Health Bulletin	Print material	Chinese, Korean, Russian, Spanish	NYC Health Department
	Massaring Year Hand Person of Hand Person of Hand Share the Band Share the Band Hand	Measuring Your Blood Pressure at Home	Print material		AHRQ
	The Desire of the Control of the Con	Check Change Control Pamphlet	Print material		American Heart Association
Treatment Adherence	ROOMESSE TO THE SECOND TO THE	Blood Pressure Tracking Card	Print material	Bengali, Chinese, French, Hindu, Korean, Punjabi, Russian, Spanish, Tagalog, Urdu	NYC Health Department
		Medication Adherence Assessment	Print material	<u>Spanish</u>	NYC Health Department
	The second secon	My Medication List	Print material	Bengali, Chinese, French, Russian, Spanish	NYC Health Department
		My Medication List (wallet sized)	Print material	Bengali, Chinese, French, Russian, Spanish	NYC Health Department

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	and have got the boundary	Questions to Ask Your Health		Bengali, Chinese, French,	
	Grant State, Grant	Care Provider or Pharmacist		Russian, Spanish	
	Solution	About Your Medication	Print		NYC Health
	Transmitter (60)	<u>Checklist</u>	material		Department
	Laure the tacks about your embation			Bengali, Chinese, French,	
	"Sections by Committee on Committee of Management of Management of Management of Management of Management of Management on Committee on Committee of Management on Committee on Committee of Management on Co	<u>Learn the Facts About Your</u>		Russian, Spanish	
	And the second s	Medicine Fact Sheet	Print		NYC Health
	The state of the s		material		Department
	BLCOPERSSURE	Pharmacy Blood Pressure			
		Decal	Provider		NYC Health
	one with water and a	Decal	resource		Department
	HEALTH TIPS		resource		Department
	Hypertension	Health Tips: What You Can Do			
	The contract of the contract o	- Hypertension	Provider		American College
	Contraction apply to a contraction property to a contraction prop		resource		of Physicians
	·				
	GOING TO WINTERT TROOM WINTERT TROOM WINTERT TROOM WINTERT TROOM	A Guide to Hypertension			
		Management in Your Practice	Provider		NYC Health
	(G		resource		Department
	Parks.				
	PROTECTED COMMUNICATIONS WITHOUT TO AMANDA COMMUNICATION WITH TO AMANDA COMMUNICATION WITHOUT TO AMANDA COMMUNICATION WITH TO AMANDA COMMUNICATION WITH TO AMA	<u>Hypertension Management</u>	Dunasidan		NIVC Lloolth
	<u>-••••3-</u>	Coaching Guide	Provider		NYC Health
	ICH • TOTAL		resource		Department
	The Kallar Personal Conference Co	Journal Article: The Kaiser			
	representation control received the 50 ONE In 1.3 TRAINS (2000 ID 2013) Med. jim 50 graph in received for the 50 one in 1.3 TRAINS (2000 ID 2013) Med. jim 50 graph in received for the 50 one in 1.5 TRAINS (2013 ID 1.5 TRAINS	Permanente Northern	Provider		NYC Health
	■ Written ■ Property of the Control of t	California Story	resource		Department
	Tips to keep blood pressure in check this holiday				_ 500.0
	Medication As defined and additional sector The visitions are in floating according to which you design particles make in long and additional sector according to which you design particles make in long and additional sector according to the sec				
	with These Secretary for the resection float Management and tag you then Secretary states of these News of Managements (Management and Assaulters and they are selected COLD ASSAULTED ASS	Holiday Blood Pressure Tips			American Heart
	A Register of milet by an and milet any law and milet an		Webpage		Association
		Blood Pressure Self-			
	N/A	Monitoring Program (coming			
	14/7	soon)			YMCA of Greater
		300117	Webpage		New York

Topic	Thumbnail	Title	Format	Additional Languages	Organization
	Presure Ort.	Take the Pressure Off, NYC! Inaugural Plan	Print material		NYC Health Department
	The state of the s	How to Order Hypertension Provider and Patient Materials	Provider resource		NYC Health Department
Other	GE CONNECTES MITS FOR BANK STANDARD SUPPORTS. GE CONNECTES MITS FOR BANK STANDARD SUPPORTS. GENERAL STANDARD SUP	WellCare® Call Card	Print material		WellCare
	The YMCA's Disbatters Proyectation Program The State of the Control of the Contr	YMCA Diabetes Prevention Program	Webpage		YMCA of Greater New York