





New Chapter President Maria Torroella Carney, MD, FACP President, NYACP

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NYACP is excited to welcome Dr. Maria Torroella Carney as President of the New York Chapter ACP for 2020-21.

NYACP-MedQuest IM Board Review Question and Answer of the week

Dr. Carney is an internist, geriatrician and palliative medicine physician who has had public health experience. She is currently Medical Director for Post Acute Services and Chief of the Division of Geriatrics and Palliative Medicine at Northwell Health and a Professor at the Donald and Barbara Zucker School of Medicine at Hofstra / Northwell.

As medical director of Post Acute Services at Northwell Health, Dr. Carney aligns the health system's Department of Medicine and Post Acute Services, which includes inpatient palliative care, sub-acute rehabilitation, outpatient geriatric medicine, home care and hospice.

Dr. Carney received her MD at New York Medical College, carried out her residency training in Internal Medicine at New York Presbyterian Hospital - Weill/Cornell Medical Center and completed a research oriented fellowship in Geriatric Medicine at The Mount Sinai School of Medicine in New York City. She has dedicated most of her career to the care and advocacy for older adults and vulnerable populations.

## New ACP Masters, Fellows and Awards



Meet ACP's newest Masters and Fellows from New York!

#### **Masters**

Masters shall be Fellows who have been selected because of integrity, positions of honor, impact in practice or in medical research, or other attainments in science or in the art of medicine. Masters must be highly accomplished persons demonstrating impact in practice, leadership, or in medical research.

NYACP congratulates Douglas DeLong, MD, MACP, Immediate Past-Chair of the ACP Board of Regents and Past-President and Governor of ACP (Hudson Valley Region) and Lawrence Phillips, MD, MACP, Past-President of NYACP and Past Governor of ACP (Bronx-Manhattan Region), upon their election to ACP Mastership!



Douglas DeLong, MD, MACP Chief, Internal Medicine Primary Care Bassett Healthcare Network



## Lawrence Phillips, MD, MACP Assistant Professor, Department of Medicine Director Nuclear Cardiology Laboratory NYU Langone Health

#### **Fellows**

ACP awards Fellowship to members who exhibit excellence for contributions made to both medicine and to the communities in which they live and work. <u>Congratulations to the new ACP Fellows!</u>

## ACP Award for a Distinguished Contribution by ACP National or Chapter Staff



NYACP is pleased to congratulate Linda Lambert, CAE, former Executive Director for the NY Chapter ACP, for being honored by ACP as the 2020 winner of the ACP Award for Distinguished Contribution by an ACP National or Chapter staff. Linda was NYACP Executive Director (formerly NYSSIM and NYACP-ASIM) from 1997-2019. She had overseen the merger of the organizations and

restructuring to allow tremendous growth and expansion of programs and services, including multiple lines of grant activity. Linda retired in May 2019 to spend time with her family and friends in Florida. Linda is a valued colleague to ACP and NYACP staff, as well as NYACP's physician members. Congratulations Linda on this well deserved honor!

## **New NYACP Council Board Members:**

The Chapter is excited to announce the following physicians have been elected to the Chapter's Council Board beginning April 2020 and serving a 3-year term:

- Manhattan District Councilor Michael LoCurcio, MD, FACP, New York, NY
- Brooklyn/Queens/Staten Island Region Councilor-At-Large Christos Paras, DO, FACP, Bayside, NY
- Staten Island District Councilor Wassim Diab, MD, FACP, Staten Island, NY
- Suffolk District Councilor Niket Sonpal, MD, FACP, Hauppauge, NY
- Hudson Valley Central District Councilor Ahmad Masood, MD, FACP, Central Valley, NY
- Upstate Region Councilor-At-Large Harvir Singh Gambhir, MD, FACP, Syracuse, NY
- Southern Tier District Councilor- Rajesh Kumar, MD, FACP, Vestal, NY

## NYACP Receives Special Recognition from ACP

NYACP is pleased to be the recipient of three special recognition awards from ACP this year. The projects identified for commendation include:

·Campaign to Support Legislation to Permit Medical Exemptions Only for Immunizations

NYACP Legislative Day attendees included: Nandini Anandu, MD, FACP, Jitendra Barmecha, MD, FACP, Rasan Cherala, Tina Dobsevage, MD, FACP, Linda Efferen, MD, MACP, Brendan Heeb, Kellin King, MD, FACP, Parag Mehta, MD, FACP, Steven Shamosh, MD, FACP, Dr. Heather Bennett, NYACP Executive Director and Loretta Ponesse, NYACP Assistant Executive Director

·Early Adapter Incentive Program: Helping Physicians Empower Patients

UR Medicine Primary Care - Partners in Internal Medicine (Leslie Algase, MD, FACP), Jeremiah Benoit, MD, Tina Chee, MD, Jeeny Job, MD, Inderpal Chhabra, MD, FACP, Mohammed Ismail, MD, PC, Glenn

Kashan, MD, Stonybrook Primary Care (Susan Lee, MD, FACP), Poughkeepsie Medical Group, LLC (Sumita Mazumdar, MD), Island Internists (Donna Seminara, MD, MACP), Michael Shanik, MD, Advanced Specialty Care Internal Medicine (Stephanie Jones, MD), Gordon Tussing, DO, PC. With special thanks to John Feldman, MD, FACP for his contributions.

## ·Opioid and Pain Management Education

NYACP Pain Management Task Force Members: Paula E. Lester, MD, FACP, CMD, Daniel Pomerantz, MD, FACP, MD, MPH, FACP, and Kelly S. Ramsey, MD, MPH, MA, FACP. One additional contributor included Linda S. Efferen, MD, MBA, MACP

Thank you to all of the physician members who worked on developing and implementing these projects for the benefit of NYACP members. Your contributions were critical to the success of these outstanding programs.

# <u>Do You Need to Renew Your 3-Hour State Mandated</u> <u>Pain Management Training or Are You a New NYS</u> <u>Licensed Prescriber?</u>



Since March 9, 2020, the New York Chapter American College of Physicians, in collaboration with Boston University School of Medicine, have been offering the *Scope of Pain* and <u>updated</u> version of the Chapter's *Managing Pain and Opioid Use: An Educational Program on Compliance with NYS Prescribing Laws* educational training modules. This online course now includes *updated content* and fulfills New York's mandated 3-hours of continuing medical education (CME) on addiction and pain management for all licensed prescribers as required by NY Public Health Law Sec. 3309-a(3). In addition, 3 MOC Points through the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program can also be obtained.

As most NY prescribers will recall, the initial pain management training deadline was 7/1/17 and every 3 years thereafter. The new cycle (renewal) deadline is 7/1/2020. Note: There are no changes pertaining to newly licensed prescribers (within 1-year of licensure and every 3-years thereafter) or for residents prescribing under a hospital or facility DEA number (within 1-year of the start of their residency and every 3-years thereafter and hospitals must attest that ALL residents prescribing under their institutional DEA number have completed the required training).

The 2-Hour Scope of Pain course is free, and NYACP's 1-Hour module fee is \$20. Internal medicine program directors have recently been notified about NYACP's fee mitigation policy for ACP resident members.

Detailed information is contained on NYACP's <u>website</u>, or you can <u>begin the course</u> now. The Chapter will be addressing questions and/or technical assistance matters by emailing <u>info@nyacp.org</u>.



# Call for National Awards and Mastership Nominations - Help ACP Recognize Excellence in Internal Medicine!

Do you have a mentor, trainee, colleague, or peer deserving recognition? A person who challenges you to work at your highest level and constantly inspires those around him or her? The Awards Committee of the American College of Physicians invites your assistance in recognizing the accomplishments of distinguished individuals and organizations through the College's awards and Masterships program. The College offers 22 awards and a number of Masterships to recognize outstanding contributions in the practice of medicine, teaching, research, public service, leadership, and medical volunteerism.

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COVID-19 Chaos Calls for Creative Contribution
By Zeel Shah MD
Member of the NYACP Volunteer Task Force

Although this chaos has catapulted a dark period in our lives; we also have an opportunity for growth, creativity, and contribution. Even if we aren't physically on the battlegrounds of the nation's emergency departments, intensive care units, and hospital floors, we can still

make significant contributions to help support our patients and colleagues.

As a member of the primary care committee with Dr. John Maese, Dr. Donna Seminara, and in collaboration with several healthcare organizations on Staten Island, we launched the "10,000 Calls Initiative". This initiative advocates clinics to actively maintain contact with their patients to fend off the detrimental psychological impact of social isolation in vulnerable or elderly patients above 65 years of age. We can effectively support our most susceptible patients by calling periodically to identify any needs like food, medication delivery, or behavioral health issues that may need attention. Once these needs are identified, we work with local community organizations to make sure these needs are met.

I've found that calling patients has helped me feel a sense of purpose and joy even if there aren't any urgent needs that require immediate medical attention. There is a 68-year-old woman that brings a smile to my face whenever I think of her. She didn't have any urgent needs that required attention and we got to chatting. She told me about her son's dog and how silly he was being when her son called her over FaceTime. I shared stories of my own cocker spaniel. She expressed that one of the hardest parts for her was being isolated from her loved ones and even though our conversation was brief, it made her happy and cared for. As we said our good-byes and I moved on to the next patient on my list, she stayed with me. I carried that feeling of mirthful contentment with me for the rest of the day. Ultimately, this initiative allows us to be there for each other as a community and stay together even while apart.

In addition to supporting our patients, we have also created a resource to support our healthcare workers on Staten Island as well as those in the State of New York. It is a website with consolidated information about telemedicine, help for small businesses like private practices, as well as community, personal, and other resources to help our colleagues during this tumultuous time. It is a quick and simple way to access information that has been carefully curated from a multitude of different sites to save time for our frontline workers. This resource can be accessed at <a href="https://www.covid19si.com">www.covid19si.com</a>.

If you are interested in getting involved with either initiative, we would love to have you join us. Together, we will get through this.



## ACP Leadership Programs Available in Hospital Medicine or Primary Care

In partnership with the American Association for Physician Leadership, the ACP Leadership Academy offers a flexible, 18-month-long <u>Certificate in Physician Leadership</u> program with tracks in Hospital Medicine and Primary Care.

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## ACP Advocacy in Action and Tips for the Busy Physician Webinar

Through this action-orientated, one-hour webinar, College members will gain a better understanding of how ACP advocates for physicians on a national level. Speakers Eileen D. Barrett, MD, MPH, FHM, FACP, a member of ACP's Board of Regents, and Brooke Rockwern, Associate for Health IT Policy, examine various approaches on how to develop personal and professional advocacy plans for the benefit of patients and the profession.

View Advocacy in Action Webinar

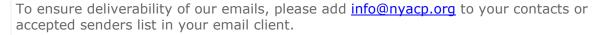
### **New Webinar!**

Sponsored by the NYACP Early Career Physicians Task Force and the NYACP Well Being Task Force

Well-Being in Times of Difficulty Thursday, May 7, 2020 7:00 - 8:00 PM

- Checking in with you and where you are today
- Overview of Resources ACP / NYACP / 7 Strategies
- Overview of Practices for Positive Psychology
- Sharing & Questions

## **Register Online**



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