

July 8, 2021



President's Message: Dr. Parag Mehta

Leadership, Diversity, and Your Legacy

Welcome to all our new residents and future leaders!

Physicians play an essential role in safeguarding a patient's physical and mental health. They also play a role in the uplifting of society through advocacy and identifying and addressing the social determinants of health. I welcome you all to the wonderful world of medicine and invite you to join the ACP and participate in our advocacy work, showcase your scholarly activities, and enjoy fun activities such as Jeopardy - becoming a physician leader.

To be a successful leader, you need to plan your life, not your day.

Think about what you want to accomplish over the next thirty days:

- *What projects do you want to complete?*
- *What are your objectives?*
- *How much time to set aside for family and friends?*

Achieving success is about your attitude and integrity.

Maintaining integrity, the ability to align your actions with your words and live your values consistently is crucial as a leader. Integrity makes you dependable and trustworthy - followable, in other words - in the eyes of your team, because they know that you will do what you say you will and that your actions are rooted in strong moral values. Focus on lifting others.



Image: Gerd Altmann - Pixabay

I want to share some more lessons in leadership from John Maxwell's books: *Leadership* and *Great Potential*.

When we focus our efforts on connecting with other people and helping them do their best, we can live up to our potential. This is a multi-step process.

- *We first need to surround ourselves with people who bring out the best in us.*
- *Then, we should act on our power to make a change and expand that power to those around us.*
- *The following steps are enhancing others through praise and defending against negative influences like stress.*
- *Lastly, we need to sustain momentum through meaning, positive visualization, and celebration.*

[Click to continue reading Dr. Mehta's thoughts on Diversity and Legacy](#)

Member Input at Work – Streamlined Chapter Communications Begin July 12th

In the [previous NY Chapter newsletter](#), we shared the 2020 Chapter Member satisfaction rating and our commitment to addressing qualitative input. A common theme emerged about email communications: streamline the format and frequency.

In response, we took a deeper dive into our data and found that the highest number of event registrations corresponded with event-specific email drive-outs. Since we have had so many fantastic events to share, how do we reduce emails while still making sure that important Chapter communications are shared?

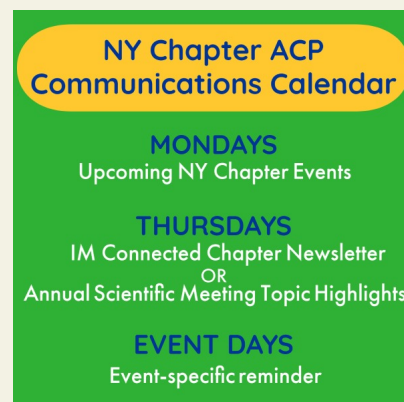
Beginning on Monday, July 12th, the NY Chapter ACP is implementing an updated, streamlined communications plan:

Mondays - Upcoming Chapter Events email. An outline of dates and topics for upcoming events with links to more information.

Thursdays - Alternating with the IM Connected Newsletter (*Legislative and policy information, action alerts, members in the news, and other NY-specific information*) and Annual Scientific Meeting Topics Highlights (*July - Oct*).

Event Days - Specific reminders with a registration link.

Tell us how we are doing: [Does this plan streamline Chapter member communications for you?](#)



Chapter Awards - Submit Nominations by July 31st!

Help the New York Chapter ACP recognize, honor, and congratulate the truly deserving members of our Chapter for their amazing and outstanding work. The categories for candidate nominations include Education, Advocacy, Clinical Excellence, Research, Diversity, Equity and Inclusion (DEI), and Public Health.



To nominate a member for a Chapter Award, submit

- [a completed nomination form](#)
- a Letter of Nomination,
- and a copy of the nominee's CV.

The submission deadline is July 31, 2021. Self-Nominations will not be accepted.

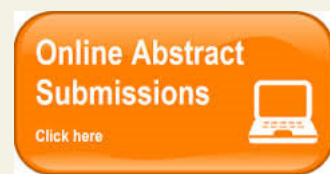
[Click here to complete the Chapter Awards Nomination Form](#)

Awards presentation: Thursday, October 7, 2021 at 6:00 pm

Residents and Medical Students: Call for Abstracts

NYACP Abstract / E-Poster Competition - *One week left to submit!*

If you have worked on a research project or have an interesting clinical case, [submit your abstract](#) for a chance to present at the Fall NYACP E-Poster Competition!



Separate poster competitions for residents/fellows and medical students will be held for entries in the following categories: Research, Clinical Vignette and Quality.

The deadline to submit abstracts is Friday, July 16th at 5 pm.

NYACP Early Career Physicians Task Force sponsors:

Women in Medicine Webinar Series Part 3: Allyship

Monday, July 12, 2021: 5:00 - 6:00 PM



Sponsorship & Writing Letters of Recommendation and Support for Women in

Medicine

Tiffany Leung, MD, FACP



Mentorship and Allyship #HeforShe

Harvir Singh Gambhir, MD, FACP

[More Information](#)

[Register Here](#)

Small Feedings of the Soul: Readings and Reflections Series

Wednesday July 21, 2021: 7:00 pm*

**This session will not be recorded*

Come for discussion, camaraderie, and to meet Jerry A. Molitor, MD, PhD and Maria Maldonado, MD. Explore the practice of medicine and our experiences!



July's theme is Professional Identity and Development.

Readings (*Audio version available for those without a full-text subscription*):

[1. A Great Gift](#)

[2. Is This How It's Supposed to Be?](#)

[Register Here](#)

NYACP Early Career Physicians Task Force Invites you to a Virtual Meet & Greet

Thursday, August 5, 2021: 7:30 - 8:00 pm



Dr's Ankita Sagar and Harvir Gambhir invite you to a virtual Happy Hour - bring your favorite beverage, sit back and join the conversation!

Are you a physician in New York and looking for a diverse group of new colleagues from around the state? Are you a Chief Resident interested in learning more about life in Fellowship or practice? Or do you have some pearls of wisdom to share with other Early Career Physicians?

We hope you will join us for an informal gathering on Thursday, August 5th at 7:30 pm to meet Early Career Physicians from around New York State to network, make new friends and get involved if you are interested!

[Register Here](#)

“Information Blocking” Guidance for Physicians

Did you know that the new Information Blocking Compliance Requirements went into effect on April 5, 2021? The 21st Century Cures Act required the Office of the National Coordinator for Health IT (ONC) to develop regulations to improve interoperability and patient access to electronic health information and deter information blocking. [ACP has developed numerous resources to help members understand and comply with the requirements.](#) Among them is a [free ACP Practice Advisor module](#) with resources to help you and your staff understand what you need to do to comply.

Federal Advocacy Update from ACP

- The [American Rescue Plan](#) expands coverage and funding to assist patients and physicians through COVID and beyond.
- [COVID-19 Coverage Assistance Fund](#) provides money to help practices cover the cost of administering vaccines to patients whose health plans won't reimburse for vaccine administration fees.
- [ACP is also advocating to prioritize primary care physicians' ability to easily provide COVID-19 vaccinations.](#)
- Telehealth payment parity is a priority issue for ACP. [ACP is urging Congress to enact legislation](#) to ensure internists continue to be paid for telehealth (including audio-only calls) at the same rate as in-person visits, allow them to bill for telehealth without regard to their location, and remove other barriers, even after the COVID-19 Public Health Emergency expires



SAVE THE DATE

Women in Medicine Webinar Series Part 4

Tuesday, September 14, 2021

6:00 - 7:00 PM

Burnout in Women in Medicine

Connie Newman, MD, FACP

Peer Support Group and Impact on Women in Medicine

Stephanie Catanese, MD, FACP

Details to follow!

SAVE THE DATE

Women in Medicine Webinar Series Part 5

Tuesday, November 9, 2021

6:00 - 7:00 PM

Building your Brand Intentionally Every Day

Dawn Sears, MD, FACP

Social Media & CV Building

Avital O'Glasser, MD, FACP

Details to follow!

[Register Today](#) for the NYACP Annual Scientific Meeting

Friday, October 8, 2021: 8:00 am- 3:45 pm

Earn up to 13 CME credits and 13 MOC points!

Join us for a day of learning, networking, and idea-sharing at the NYACP Annual Scientific Meeting - held virtually in homes and offices everywhere! Plenary and Breakout sessions can be viewed at a later date for CME credit and MOC points.



[Full Details/Registration \(\\$50 per member\)](#)

[Abstract/Poster Competition Details](#)

Also, join us on Thursday, October 7, 2021 at 6:00 pm (*the evening before the scientific meeting*) for NYACP's Business Meeting and Awards Presentation.

NYACP ABIM MOC Courses

Friday, October 22, 2021

(virtual in real-time)

Earn up to 20 CME credits and 20 MOC points!



8:30 am - 10:30 am • 2020-21 Update in Internal Medicine

Tejas Patel, MD, FACP and Nicholas Berbari, MD, FACP

11:00 am - 1:00 pm • 2020-21 Update in Hospital Medicine

Jitendra Barmecha, MD, MPH, FACP and Parag Metha, MD, FACP

[More Information](#)

[Register Here](#)