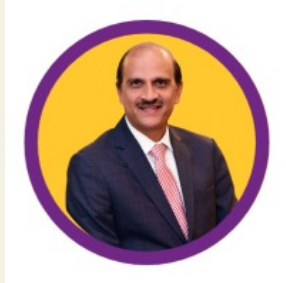


August 5, 2021



### **President's Message: Dr. Parag Mehta**

#### **Mental Health, Vaccine Hesitancy and Sexual Harassment in the Workplace**

Unrealistic expectations are placing too much pressure on our children, residents, and athletes, which have been taking a toll on our society.

Simone Biles, an outstanding athlete, is courageously stating that our health is the most critical thing in our lives. We are all human and we do see ups and downs. When we are under stress, we need to accept our vulnerability and seek help. We need to apply this philosophy to our children, residents, friends, and family. Physician burnout is on the rise and ACP has tremendous resources. Here is the link:

#### [Well-Being Resources from ACP](#)

#### **How to handle response to Delta Variant of COVID 19 and Mandatory Vaccination**

We saw a winning battle slip from our grip when the Delta variant of the COVID 19 virus came back to surge in the US. We need to double down our efforts in education, wearing masks, and vaccination. There is significant misinformation about the COVID vaccine.

Myth 1: It can cause infertility: IT DOES NOT CAUSE INFERTILITY.

Myth 2: It has a tracking device: IT DOES NOT HAVE TRACKING DEVICE

Myth 3: There was a shortcut in developing this vaccine: NO. This virus structure and its genetics were known from previous SARS epidemics. The government provided funding for this research. The number of subjects available for study was in thousands and was readily available. Clinical trial phases were combined, and this is how it was rapidly developed.

Fact: VACCINATED PEOPLE STILL CAN GET THE COVID 19 INFECTION: YES. However, people who are vaccinated are much more likely to have a milder form of the disease, or no symptoms at all, and usually do not require hospitalization.

[Click here to continue reading Dr. Mehta's Message](#)

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## Major Health Care Professional Organizations Call for COVID-19 Vaccine Mandates for All Health Workers



Groups include American College of Physicians, American Medical Association, American Nurses Association, American Academy of Pediatrics, Association of American Medical Colleges, National Association for Home Care and Hospice and many others

(July 26, 2021) - With COVID-19 case counts rising amid the spread of the Delta variant, more than 50 health care professional societies and organizations called for all health care employers to require their employees to be vaccinated against COVID-19 in a joint statement released today. These societies and organizations represent millions of workers throughout health and long-term care – from doctors and nurses to pharmacists and physician assistants, from public health workers and epidemiologists to long-term care, home care, and hospice workers.

Their endorsement of mandatory COVID-19 vaccination for health care workers aims to protect the safety of patients and residents of long-term care facilities and make the health care sector a leader in COVID-19 vaccination just as cases, hospitalizations, and deaths are once again rising throughout the United States.

[<<Read More>>](#)

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## Five Days to Friday: A Multimedia Performance About Current Challenges to Physician Mental Health

ACP is working with The New Theater of Medicine to present a special live Zoom performance of FIVE DAYS TO FRIDAY, an interactive play designed to promote discussion of current challenges to physicians' mental health and strategies for improving physician well-being.



Saturday, August 21, 1:00-2:30 p.m. ET

[Free to ACP members, save your seat today!](#)

Login information will be sent the day before the event. CME/MOC Available.

FIVE DAYS TO FRIDAY is a 90-minute multimedia performance that uses the power of theater and dance to unpack the unseen stressors (gender bias and expectations, mental health stigma, toxic/unsupportive work environments) that all too often threaten the health and well-being of clinicians.

[Developed by a team of professional artists and focus groups of physicians](#), this presentation follows the story of a prominent physician and chief resident as they attempt to navigate a week

of familiar challenges related to their professional and personal life. Characters include physician partners, spouses, and family.

A post-performance discussion, facilitated by Charles Samenow, MD, MPH, Associate Professor of Psychiatry and Behavioral Sciences, The George Washington University, and playwright Jeffrey Steiger, focuses on using this theatrical production to achieve a deeper understanding of the issues at play and examine specific strategies for support and change.

Those attending the performance are encouraged to include their own partners, spouses, and family members (over 16 years).

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**News about National Immunization Awareness Month (NIAM), Phase Two of the HPV Vaccination Campaign, Why the CDC is again turning to masks to help stop Covid-19 and more!**



In this month's [I Raise the Rates](#) Newsletter (IRtR), you will find information on how simple EHR modifications nearly double influenza vaccination rates in children; why the CDC is again turning to masks to help stop Covid-19; as well as information and educational resources to assist you in addressing vaccination questions and concerns during NIAM.

The New York Chapter is proud to partner with the American College of Physicians in supporting the I Raise the Rates Adult Immunization Program. [ACP's I Raise the Rates Program](#), is supported by funding from the CDC, Merck, and GSK.

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**Welcome New ACP Fellows:** *(past 6 months)*

**Samuel O Anameze, MBBS FACP  
FACP**

**Michael R Sood, MD**



**Tatyana Gavrilova, MD FACP  
Hidalgo, MD FACP**

**Diego G Cahn-**

**Anne B Ryan, MD FACP**

**Anita Lwanga, MD FACP**

**Heidi Beintrexler, MD FACP**

**Lily Yung, MD FACP**

**Dennis I Genin, MD FACP**

**Tingyin Chee, MD FACP**

**Apurva B Shah, MD FACP**

**Mafuzur Rahman, MD FACP**

Umesha N Boregowda, MBBS FACP

Shahab Dian, MD FACP

Sonia George, DO FACP

Keshwar N Ramkissoon, MD FACP

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## UPCOMING EVENTS

### NYACP Early Career Physicians Task Force Invites you to a Virtual Meet & Greet

Thursday, August 5, 2021: 7:30 - 8:00 pm

Drs Ankita Sagar and Harvir Gambhir invite you to a virtual Happy Hour - bring your favorite beverage, sit back and join the conversation!



Are you a physician in New York and looking for a diverse group of new colleagues from around the state? Are you a Chief Resident interested in learning more about life in Fellowship or practice? Or do you have some pearls of wisdom to share with other Early Career Physicians?

We hope you will join us for an informal gathering on Thursday, August 5th at 7:30 pm to meet Early Career Physicians from around New York State to network, make new friends and get involved if you are interested!

[Register Here](#)

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### Webinar: How Do We Tackle the Opioid Epidemic in 2021?

Wednesday, August 18, 2021

6:00 - 7:00 PM



[Judith Griffin, MD](#)

The NYACP Southern Tier District welcomes [Judith Griffin, MD](#) to empower physicians with the information needed to address the opioid epidemic in their clinical practice and communities.

#### Objectives:

- 1) Explain an overview and background of the overdose epidemic
- 2) Illustrate evidence-based interventions including medications for opioid use disorder
- 3) Describe the REACH medical model

## REGISTRATION

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### Women in Medicine Webinar Series Part 4

Tuesday, September 14, 2021

6:00 - 7:00 PM



**Burnout in Women in Medicine**  
Connie Newman, MD, FACP



**Peer Support group and Impact on Women in Medicine**  
Stephanie Catanese, MD, FACP

## More Information and Registration

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### Women in Medicine Webinar Series Part 5

Tuesday, November 9, 2021

6:00 - 7:00 PM

**Building your Brand Intentionally Every Day**

Dawn Sears, MD, FACP

**Social Media & CV Building**

Avital O'Glasser, MD, FACP

Details to follow!

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**Register Today!**

## NYACP Annual Scientific Meeting

Friday, October 8, 2021: 8:00 am- 3:45 pm

*Earn up to 13 CME credits and 13 MOC points!*

Join us for a day of learning, networking, and idea-sharing at the NYACP Annual Scientific Meeting - held virtually in homes and offices everywhere! Plenary and Breakout sessions can be viewed at a later date for CME credit and MOC points.



[Schedule and Registration](#)

[Full Details/Registration \(\\$50 per member\)](#)

[Abstract/Poster Competition Details](#)

Also, join us on Thursday, October 7, 2021 at 6:00 pm (*the evening before the scientific meeting*) for NYACP's Business Meeting and Awards Presentation. [Register Here!](#)

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## Dietary and Lifestyle Strategies for Cardiovascular Risk Reduction

### Virtual CME Course

Friday, October 15, 2021: 7:45am - 2:15pm

*Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians (NYACP)*

[Register Here](#)

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## NYACP ABIM MOC Courses

Friday, October 22, 2021

(virtual in real-time)

*Earn up to 20 CME credits and 20 MOC points!*



8:30 am - 10:30 am • 2020-21 Update in Internal Medicine

*Tejas Patel, MD, FACP and Nicholas Berbari, MD, FACP*

11:00 am - 1:00 pm • 2020-21 Update in Hospital Medicine

*Jitendra Barmecha, MD, MPH, FACP and Parag Metha, MD, FACP*

[More Information](#)

[Register Here](#)

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**Advances in Cardiovascular Risk Reduction: Improving Treatment  
for Patients with Diabetes**

Thursday, December 2, 2021: 7:45am-5:00pm

*Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American  
College of Physicians (NYACP)*

[Register Here](#)

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