

**June 24, 2021**



**Presidents Message: Dr. Parag Mehta**  
Addressing Transgender, Mental Health & Heroes Circle Moment

**Conversations among the leadership:** I had the pleasure of meeting several of our district presidents virtually on June 21, 2021. We have energetic, enthusiastic, articulate and leaders with a clear vision of addressing the needs of our patients and physicians. Together, we aim to further discuss the following topics in the coming weeks:

- **The mental health of physicians and patients:** Healers are hurt, stressed, and need help. Physician burnout is at its peak. We should help each other and our patients.
- **Standing in Solidary with Our Transgender Patients and Peers:** The lives of transgender individuals are complex and influenced by many factors. There is a dire need for radical change within medical education programs and practices. We must address the issue of transgender health disparities through improving medical training and awareness.
- **Advocating for Equity and Equality:** EQUALITY aims to ensure that everyone gets the same things to enjoy full, healthy lives. On the other hand, EQUITY involves trying to understand and give people what they need, to enjoy healthy lives.
- **Supporting Student Interest Groups:** Students are the future of medicine and the health of humanity, and we give the highest importance to the student section.
- **Increasing Membership:** Together, we are stronger. ACP promotes quality patient care, advocacy, education, and career fulfillment in internal medicine and its subspecialties.

Once again, thank you to the leaders who participated in these conversations: Chapter Governors: Leslie Algase, MD, FACP, Dan Pomerantz MD, FACP, Susan Lee, MD, FACP, Governor-Elect, Todd Simon, MD, FACP and District Presidents: Kimberly Krantz, MD, FACP, Nandini Anandu, MD, FACP, Lana Vardanian, MD, FACP, David Bernstein, MD, FACP, Nidhish Tiwari, MD, FACP, David Heisig, MD, FACP, Mohammad Samih, MD, FACP, Caroline Gomez-Dicesare, MD, FACP, Miriam Smith, MD, FACP, Tiffany Pulcino, MD, FACP, Sofya Kostanyan, MD, FACP (NYACP has 16 district Presidents and Five Governors and two Governor-elects). We have started working on addressing these topic areas, and very shortly, you will have excellent programs coming your way.

If you have suggestions or ideas, please reach out to me at [DrParagMehta@gmail.com](mailto:DrParagMehta@gmail.com), or my cell is 516-526-3631.

[<<Read More>>](#)

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Member Update:  
NY's Support of ACP's Washington DC Leadership Day Held on May 25 - 26, 2021



Leadership Day is the College's annual two-day advocacy event that enables members from across the country to bring our issues of concern to U.S. lawmakers. This is a great opportunity for the College and members to bring our policy priorities to Congress and try to influence the legislative process on behalf of internal medicine. This year's advocacy program was held virtually on May 25th and 26th.

This year, delegates from NY met with US House of Representatives Members Lee Zeldin, Chris Jacobs, Brian Higgins, Antonio Delgado, Thomas Suozzi, and Jamaal Bowman, and Senators Kirsten Gillibrand and Charles Schumer.

ACP leaders urged members of Congress and their staffs to support the following priorities:

- **Expand health coverage and affordability:** Congress should pass legislation to expand access to health coverage and make it more affordable by supporting policies that would continue expanded eligibility for higher premium tax credits to purchase coverage through the Affordable Care Act and provide higher federal payments for states to expand their Medicaid population.
- **Train and support frontline physicians during and after COVID-19:** Congress should pass legislation to ensure an adequate supply of internal medicine specialists trained in primary and comprehensive care that includes increasing Graduate Medical Education positions, addressing medical education debt, decreasing barriers to increase the number of international physicians in the United States, funding Title VII Health Professions grants and addressing the behavioral health and well-being of physicians.
- **Support the value of primary and comprehensive care:** Congress should pass legislation to ensure patients continue to have access to vital primary care services by stabilizing and improving payments for undervalued office-based visits under both Medicare and Medicaid, providing sufficient funding to prevent scheduled and future cuts in payments and maintaining incentives for physicians to transform their practices into Advanced Alternative Payment Models under the Medicare Quality Payment Program.
- **Improve access to prescription drugs and reduce costs:** Congress should pass legislation to improve access to prescription drugs by reducing excessive prescription drug costs through pricing transparency, providing authority to the federal government to negotiate prescription drug prices under the Medicare Part D program, eliminating federal tax

deductions for direct-to-consumer advertising and removing harmful step therapy protocols.

[<<Read More>>](#)

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## NY Chapter Member Satisfaction Rating

In December, we asked: *"Would you recommend membership in NYACP to a colleague?"*

Your responses were calculated into an industry-standard rating called the Net Promoter Score (NPS) that is used for gauging members' overall satisfaction. The closer to 100, the more members are satisfied and likely to actively promote membership to others. Anything over 70 is the gold standard. 50 and above is excellent.



**Your feedback from 2019 impacted Chapter activity in 2020 and that is reflected in the Chapter's NPS rating. Thank you for helping NYACP improve from a NPS of 23 to 51 in one year! Member Engagement is our goal and member support is critical.**

Members also shared qualitative feedback that helps the Chapter understand your needs and continually make improvements to your experience with NYACP. Look for a summary of what we learned in an upcoming newsletter!

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## NYACP Early Career Physicians Task Force Invites you to a Virtual Meet & Greet

Thursday, August 5, 2021: 7:30 - 8:00 pm



Dr's Ankita Sagar and Harvir Gambhir invite you to a virtual Happy Hour - bring your favorite beverage, sit back and join the conversation!

Are you a physician in New York and looking for a diverse group of new colleagues from around the state? Are you a Chief Resident interested in learning more about life in Fellowship or practice? Or do you have some pearls of wisdom to share with other Early Career Physicians?

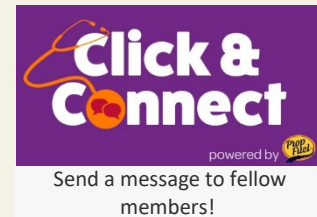
We hope you will join us for an informal gathering on Thursday, August 5th at 7:30 pm to meet Early Career Physicians from around New York State to network, make new friends and get involved if you are interested!

[Register Here!](#)

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## IM Connected is Now Connecting Members!

The Chapter has learned so much from your responses to our PropFuel questions. Now, we would like to provide a new connection option for you through the IM Connected Newsletter! There will be a simple topic or question that gives you the opportunity to share stories, thoughts, tips, etc. **In less than a minute, you can share with each other!** NYACP will gather the responses and publish them in the following IM Connected Newsletter.



Since July is a time of transition for so many, our first opportunity invites you to share well wishes, stories, reflections and even tips with new interns, advancing residents and our newest Early Career physicians who have just completed residency or fellowship.

**Do you remember taking those first steps into residency or the first steps out? Your well-wishes, reflections, congratulations, tips, etc. can inspire the next generation of physicians!**

[Share them by clicking here](#)

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### Residents and Medical Students:

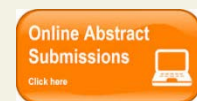
Call For Abstracts

NYACP Abstract / E-Poster Competition - *Three weeks left to submit!*

If you have worked on a research project or have an interesting clinical case, submit your abstract for a chance to present at the Fall NYACP E-Poster Competition!



Separate poster competitions for residents/fellows and medical students will be held for entries in the following categories: Research, Clinical Vignette and Quality.



Deadline to submit abstracts is Friday, July 16th at 5 pm

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### Albany Medical College Students Seeking Your Input:

Below is a brief (approximately 2 minute) survey created by two second year medical students at Albany Medical College. The goal of this study is to determine if primary care providers are more likely to refer patients to a specialist trained in otolaryngology, or another relevant specialty, for treatments/procedures in which responsibilities may overlap across specialties.

Your response will help guide research. Please share your responses today by clicking the link below. Thank you!

Survey link:

[https://amc.az1.qualtrics.com/jfe/form/SV\\_2obPO0RC9v51CMI](https://amc.az1.qualtrics.com/jfe/form/SV_2obPO0RC9v51CMI)

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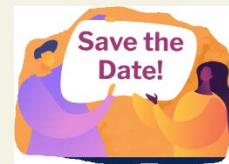
## CALENDAR OF EVENTS

*SUNY Downstate Health Sciences University, Black Health Trust, NYACP and the Brooklyn Health Disparities Center Present:*

**Zoom Webinar:**

**1st International Symposium on COVID 19 Long Haulers Syndrome**

Friday, June 25, 2021: 11:00 am - 3:30 pm (ET)



This virtual symposium will delve into why patients, who have had acute COVID 19 infection, continue to have symptoms that reduce their quality of life and may be life-threatening.

[Register Here](#) Or Use this Registration Link: <https://bit.ly/3ybg1si>

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ACP Webinar:

**Navigating Disequilibrium as a Black Woman Internal Medicine Physician**

Wednesday, July 7, 2021: 3:00 p.m. ET



In this free 1-hour webinar, Fatima Cody Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS, describes obstacles associated with progress and advancement for Black physicians across the life course, explores the role of race/ethnicity and gender in medicine and science, and discusses strategies to navigate disequilibrium encountered in life as a Black woman physician.

[Register Here!](#)

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*NYACP Early Career Physicians Task Force sponsors:*

**Women in Medicine Webinar Series Part 3: Allyship**

Monday, July 12, 2021: 5:00 - 6:00 PM



**Sponsorship & Writing Letters of Recommendation and Support for Women in Medicine**

Tiffany Leung, MD, FACP



**Mentorship and Allyship #HeforShe**

Harvir Singh Gambhir, MD, FACP

[More Information](#)

[Register Here!](#)

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**Women in Medicine Webinar Series Part 4:**

Tuesday, September 14, 2021

6:00 - 7:00 PM

**Burnout in Women in Medicine**

Connie Newman, MD, FACP

**Peer Support Group and Impact on Women in Medicine**

Stephanie Catanese, MD, FACP

Details to follow!

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**Women in Medicine Webinar Series Part 5:**

Tuesday, November 9, 2021

6:00 - 7:00 PM

**Building your Brand Intentionally Every Day**

Dawn Sears MD, FACP

**Social Media & CV Building**

Avital O'Glasser, MD, FACP

Details to follow!

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**Save the Dates!**

**Thursday, October 7, 2021: 6:00 pm -Business Meeting & Awards**

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**NYACP Annual Scientific Meeting - *online live presentations!***

Friday, October 8, 2021: 8:00 am- 3:45 pm  
*Earn up to 13 CME credits and 13 MOC points!*

We hope you will join us for a day of learning, networking and idea sharing for the NYACP Annual Scientific Meeting - held virtually in homes and offices everywhere! Plenary and Breakout sessions can be viewed at a later date for CME credit and MOC points.



[Full Details/Registration \(\\$50 per member\)](#)

[Abstract/Poster Competition Details](#)



NYACP ABIM MOC Courses  
Friday, October 22, 2021  
*(virtual in real time)*

**8:30 - 10:30 am • 2020-21 Update in Internal Medicine**

*Tejas Patel, MD, FACP and Nicholas Berbari, MD, FACP*

**11:00 - 1:00 pm • 2020-21 Update in Hospital Medicine**

*Jitendra Barmecha, MD, MPH, FACP and Parag Metha, MD, FACP*

***Earn up to 20 CME credits and 20 MOC points!***

**Information and Registration Details: [ABIM MOC Courses](#)**