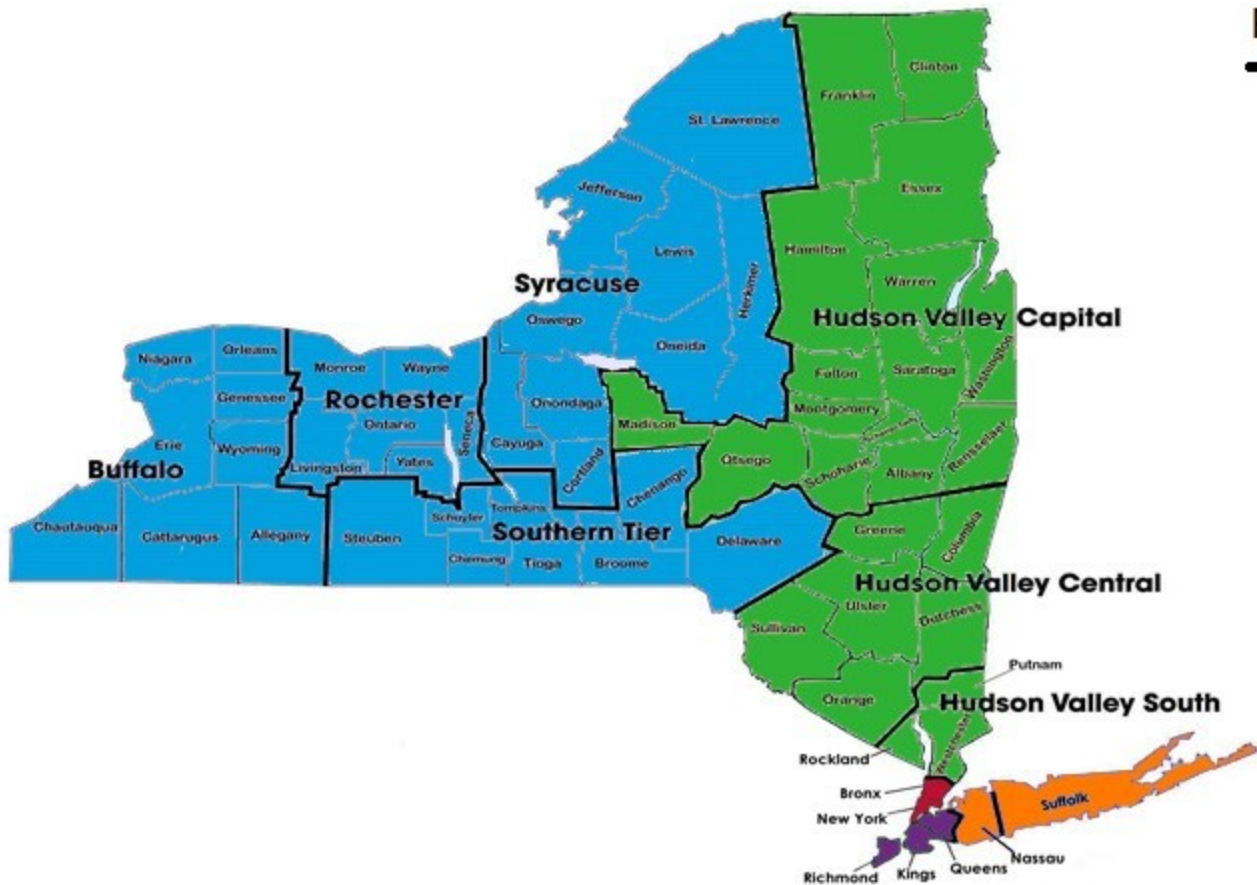


## Regions (5) and Districts (16)



- Manhattan and Bronx**
  - Manhattan (North/South)
  - Bronx
- Brooklyn, Queens, Staten Island**
  - Brooklyn
  - Queens
  - Staten Island
- Long Island**
  - Nassau (East/West)
  - Suffolk
- Hudson Valley**
  - HV Capital
  - HV Central
  - HV South
- Upstate**
  - Syracuse
  - Rochester
  - Buffalo
  - Southern Tier