

March 2, 2023



**President's Message: Dr. Jitendra Barmecha**  
Progress Note:



Over the past month, 60 ACP chapters have been actively working to contact unpaid members with information about the importance of membership retention. These efforts have yielded great success with a 176% increase in member renewals when compared to last year's dues collection during the same period. NYACP's Bronx-Manhattan Region stood first in the nation and fourth globally. Congratulations to the chapter leaders and staff for this incredible

recognition! As a token of appreciation, ACP is rewarding the top 10 chapters with two \$1,000 stipends for two Early Career Physicians to attend the 2023 Annual Internal Medicine Meeting in San Diego.

The Center for Health Workforce Studies (CHWS) has recently released "[Graduate Medical Education in New York: The Nation's Largest Supplier of Physicians](#)", a research report commissioned by the Greater New York Hospital Association (GNYHA). The report states that today, of the more than 950,000 active physicians in the United States, 156,838 (17%) completed their Graduate Medical Education in New York. In 2021, about 13% of all physicians training in the US were doing so in the more than 1,350 accredited and combined residency and fellowship programs in New York. More detailed information about the impact of GME in New York is shared in a newsletter article below.

Last week, the FDA under EUA authorized the first over-the-counter at-home test that can detect and differentiate between a test result for flu and a test result for COVID-19 for ages above 14 and older. The "Lucira COVID-19 and Flu Home Test is a single-use test," in which "a nasal swab is used as with an at-home COVID test; in 30 minutes or less, the test displays the results – positive or negative for influenza A, Influenza B and COVID-19".



Last week, the [CDC reported](#) a sharp rise in serious gastrointestinal infections caused by strains of Shigella bacteria that are highly resistant to available drugs. In 2022, nearly 5% “of Shigella infections reported to the CDC were caused by super-resistant strains, compared with none in 2015. The infection has been most common in children ages 1 to 4 years in the U.S., but the CDC has additionally reported a rise in antimicrobial-resistant Shigella infections among men who have sex with men, people experiencing homelessness, international travelers, and people with HIV.

Annals of Internal Medicine and ACP are launching the [Annals of Internal Medicine Editorial Fellowship Program](#) on July 1, 2023, and it is for early-career Internal Medicine Physicians interested in academic medicine. The 12-month program is designed as an opportunity to gain insight into the editorial and publishing processes at a highly selective, peer-reviewed journal. Internal medicine physicians in their final year of fellowship training or in the first three years of a faculty position are encouraged to apply for this unique, year-long opportunity. To be eligible, candidates must be ACP members in good standing.

Many large, enormously profitable insurance companies, often deny hospitals payment for medically necessary covered emergency services. Gov. Hochul included a common-sense plan in her executive budget to ensure that health insurers pay hospitals on time for emergency services they have already provided. **Our advocacy is needed** – let’s urge our state legislators to support the governor’s proposal as part of the final 2023-2024 budget. Please visit the [Stop the Delays website](#) to learn more.

Finally, as Hippocrates once said, “Let thy food be thy medicine,” but the sentiment still rings true. National Nutrition Month, celebrated in March, stresses the importance of a balanced diet and exercise.

Stay safe and healthy!



Jitendra Barmecha, MD, MPH, FACP, SFHM  
President

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### Public Health Emergency (PHE) 1135 Waivers: Updated Guidance for Providers

On February 9, the Department of Health and Human Services (HHS) announced the [Public Health Emergency \(PHE\) for COVID-19 will end on May 11, 2023](#). COVID-19 remains a significant priority for the Biden-Harris Administration and, over the next several months, the Centers for Medicare & Medicaid Services (CMS) will work to ensure a smooth transition. During the PHE, CMS has used a combination of emergency authority waivers, regulations, enforcement discretion, and sub-regulatory guidance to ensure easier access to care during the PHE for health care providers

and their beneficiaries.

Some of the flexibilities that were created during the pandemic were recently expanded by the Consolidated Appropriations Act, 2023. Others, while critical during our initial responses to COVID-19, are no longer needed. CMS has made further updates to our CMS Emergencies Page with useful information for providers – specifically around major telehealth and individual waivers – that were initiated during the Public Health Emergency (PHE).

## [Updated Guidelines](#)

### Updated! The NYACP/BU CME Pain Management Course

Prescribers who took the training course in 2017 and 2020 must renew again by **July 1, 2023**. The course is available to all NYS licensed prescribers, and fulfills NY's mandated 3-hours of CME training in addiction and pain management for prescribers as required by NY Public Health Law Sec. 3309-A(3).



#### What You Need to Know:

- **Target Audience:** Physicians, nurse practitioners, residents, registered nurses, nurses, physician assistants, dentists, and pharmacists.
- **CME/MOC:** The NYACP/BU educational activity offers participants 3 Hours of *AMA PRA Category 1 Credits™* in addition to 3 MOC Points through the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.
- Licensed prescribers in NY are mandated to complete 3 hours of training every 3 years.
- Newly licensed prescribers are mandated to complete training within 1 year of receipt of their license and every three years thereafter.
- **For Residents prescribing under a hospital or facility DEA number:**
  - Residents must complete the course within 1 year of the start of their residency and every 3 years thereafter.
  - Hospitals must attest that ALL residents prescribing under their institutional DEA number have completed the required training.
- **The course is \$25.00**
- **A group payment option is available for new residents and/or other institutional prescribers.**
- To be in compliance, prescribers must file the self attestation after completing the course.

**This updated course has been made possible with the enormous contributions of NYACP's Pain Management Task Force:**

- **Paula E. Lester, MD, FACP, CMD - NYACP Task Force Chair**
- **Daniel H. Pomerantz, MD, MPH, FACP - NYACP Task Force Member**
- **Kelly S. Ramsey, MD, MPH, MA, DFASAM, FACP - NYACP Task Force Member**
- **Stephanie Jones, MD, FACP - NYACP Task Force Member**

- Radhika Prasad (NYACP Health Disparities Fellow) – NYACP Task Force Contributor

### Course Information and Access

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## Commissioned Report Shows New York GME's Contribution to National Physician Workforce

Courtesy: GNYHA



The Center for Health Workforce Studies (CHWS) has released [\*Graduate Medical Education in New York: The Nation's Largest Supplier of Physicians\*](#), a GNYHA-commissioned research brief demonstrating the exceptionally large contribution of New York's graduate medical education (GME) system to the nation's physician workforce. CHWS's research found that, in 20 states, more than 10% of the active physicians had completed GME in New York.

CHWS is an academic research center based at the School of Public Health, University at Albany, State University of New York. Its mission is to provide timely, accurate information and conduct policy-relevant research about the health workforce. GNYHA commissioned CHWS to undertake this research in the interest of having up-to-date information for the nation's policymakers about the importance of New York's GME infrastructure not only to New York but other states that rely on it to care for their communities.

The research brief is a 2023 update to similar research studies CHWS has produced in previous years. The 2023 brief includes information on the overall GME infrastructure in New York and individual state information on practicing physicians and the number of those physicians who received GME training in New York. Among individual states, the highlights include:

1. 18% of all active physicians in Florida and New Hampshire had completed GME in New York.
2. 12% of all active physicians in Nevada and Virginia had completed GME in New York.
3. 10% of the active physicians in Georgia, Arizona, and Texas had completed GME in New York.
4. 10% or more of the active physicians practicing in rural areas in Maine, New Mexico, Virginia, and North Carolina had completed GME in New York.

GNYHA hopes that the brief's timely information encourages policymakers to rightly view New York's GME infrastructure as an asset of great importance to the nation's health. GNYHA will continue to advocate for the elimination of Medicare's outdated resident cap so that New York's teaching hospitals—and all teaching hospitals around the country—can supply even more physicians nationwide to promote access to needed care and better health outcomes.

## Congratulations to NYACP Medical Student Recruitment Challenge Winners

Thank you to the Internal Medicine Interest Groups who participated in the Recruitment Challenge sponsored by the NYACP Medical Student Committee. The enthusiasm and efforts of these groups resulted in ACP welcoming 100 new student members from New York! The Chapter awarded certificates and NYACP logo gear to the winning groups.

### **Greatest percentage increase in membership**

NYU Long Island School of Medicine

### **Highest number of new student members (tie)**

SUNY Downstate

Albany Medical College

Renaissance School of Medicine at Stony Brook University

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## Toolkit: Modernizing License and Credentialing Applications to Not Stigmatize Mental Health



ACP [policy](#) recognizes that physicians' commitment to care for those who are ill includes physicians caring for one another. ACP supports recommendations from the Federation of State Medical Boards (FSMB), especially their [approach to physician wellness and burnout from a nonpunitive perspective](#), and with regard to evaluating whether it is necessary to ask probing questions about mental health, addiction, or substance use, particularly in the applicant's past.

[View ACP's Toolkit](#)

[Register for the March 14th Webinar](#)

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## Doctors Across New York (DANY) Cycle IX is open!

Doctors Across New York is a state-funded initiative enacted in 2008 to help train and place physicians in underserved communities in a variety of settings and specialties to care for New York's diverse population.



The grant is being offered as a Solicitation of Interest (SOI), and it is posted on both of the following websites:

[Doctors Across New York \(DANY\)](#)

[New York State Contract Reporter](#)

Due to statutory changes, all new awards will require a 3-year service obligation for a maximum amount of \$120,000.

**Important reminders:** (1) A Grants Gateway account is no longer necessary to apply and (2) the deadline for application has been extended to **March 8, 2023** at 4:00 pm.

**Important change:** Applicants no longer have to be “new” to an underserved area. Any doctor that will be working in an identified underserved area during the DANY obligation period of July 1, 2023 to June 30, 2026 is eligible to apply.

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**Results of Annual Chapter Survey Question:**  
*“Would you recommend membership in NYACP to a colleague?”*

Every year for the past 4 years, the Chapter has asked members one question: “Would you recommend membership in NYACP to a colleague?” The responses allow the Chapter to gauge performance vs. member needs.



Thank you to members for sharing their thoughts, concerns, and ideas!

From the responses, chapter staff and leadership learned:

- Members would like to better understand opportunities for involvement.
- Members are seeking more networking at the local level.
- Retired physicians are interested in staying involved.
- Members enjoy the Chapter’s educational, advocacy, and networking opportunities.

This year, the Chapter asked the respondents if it was permissible to follow up with them after the survey. Outreach to those who permitted follow up has begun! Leadership has also discussed how to improve the survey responses to ensure that we hear from as many members as possible. Considerations include adjusting the timing and the messaging.

The staff has already improved the [member engagement form](#) on the website to expand and clarify opportunities for involvement in the Chapter. Local, in-person district events are starting up again. To learn more about events near you, bookmark the [upcoming events page](#), follow us on social media and stay on our email subscriber list! Events will also include a new mentorship series that will promote engagement from medical students to retired physicians.

Once again, many thanks to those members who took the time to respond to NYACP’s survey and for helping the Chapter address member needs.

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**Volunteer Opportunity: Mentoring High School Students Interested in Healthcare**

Get Ahead in Healthcare is a grant-funded program run by the [Futures and Options](#) organization. This program provides career exploration, real-world work experience, and skills building opportunities to NYC high school students interested in healthcare. NYACP members are invited to participate in volunteer opportunities listed below.



Virtual opportunities are also open to members outside of New York City.

The volunteer opportunities include:

- **Healthcare Internship Program: Host an Intern for 6 Weeks (Mid-July to Mid-August).** Wages are grant-funded and duties can include administrative work, aiding in room preparation, registration, shadowing and more.
- **Career Field Trip Host (Virtual or In-Person).** It is recommended that this 1.5 hour session include a company overview, career panel and Q&A.
- **Mock Interviewer.** Conduct speed round interviews with students and provide feedback.
- **Judge for Final Student Project.** Review and score student-led mock healthcare presentations.

### [Dates and details](#)

### [Internship Program](#)

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## [Upcoming Events](#)

*The NYACP Early Career Physicians Committee invites you to a multichapter collaboration webinar:*

### **Modernizing License and Credentialing Applications to Not Stigmatize Mental Health**

**Tuesday, March 14, 2023 / 8:00 pm - 9:00 pm / Zoom**



#### **Objectives:**

1. Understand how the licensing and credentialing process serves to deter physicians and trainees from seeking timely and appropriate mental health care.
2. Explore best practices in the use of non-stigmatizing language in these processes by several medical boards and other credentialing bodies.
3. Leverage ACP & IHI Toolkits at a local, state, and national level to eliminate stigmatizing language on applications.
4. Brainstorm opportunities for advocacy at the state and/or organizational levels.

[Register Here](#)

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**Managing Substance Use Disorders in Older Adults**

**Wednesday, March 15, 2023 / 7:00 - 8:00 pm / Zoom**

*Jointly provided by MAGS and the NYACP Geriatric Task Force.*



**Aleksander Shalshin, MD, FACP**

[ACP Members - Register Here](#)

[MAGS Members - Register Here](#)

[Non-Members - Register Here \(\\$25 fee\)](#)

This one-hour session will focus on diagnosis and treatment in the PA/LTC setting for Substance Use Disorder. Information will include appropriate referral and treatment methodology for treatment of older adults in PA/LTC setting.

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**Small Feedings of the Soul: Reading and Reflections**

**Thursday, March 23, 2023 / 7:00 - 8:00 pm / Zoom**



Explore the practice of medicine through shared experiences! Come for discussion, camaraderie, and to meet authors of select pieces from 'On Being A Doctor'.

**March's theme:**

The Impact of the Stethoscope

**Readings and Guest Authors:**

[Power of the Stethoscope](#) by John Hall, MD, FACP

[What the Stethoscope Said](#) by Bonnie Salomon, MD

Facilitated by: Cori Salvit, MD, FACP

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[Register Here](#)

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*Brought to you by NYACP Early Career Physicians, Resident/Fellow and Medical Student Committees:*



## NYACP Mentorship Series Part 1 Webinar

Tuesday, April 18, 2023 / 6:00 - 7:00 pm / Zoom

NYACP Mentorship Series Part 1 is geared towards a Mentee group of Resident/Fellow and Medical Student members with a Mentor group of Early Career Physicians. Join us for this interactive networking session that will dive into topics such as:

- Networking opportunities
- Transitioning into fellowship
- What to expect from your first job
- How to manage a team
- Career options



[Register Here](#)

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## 2023 NYACP Leadership Academy

Begins: Thursday, May 4, 2023 / 6:30 - 8:00 pm / Zoom

Applications are now being accepted for the 2nd Annual NYACP Leadership Academy. This six-part CME accredited certificate program begins in May 2023, and ends with an in-person session on Friday, October 27, 2023 in Rochester, NY.

### Course schedule: 6:30 - 8:00 pm

Thursday, May 4 - Leadership in Medicine

Thursday, June 1 - Opportunities in Medicine

Thursday, July 6 - Strategies & Skills

Thursday, Aug. 3 - Identifying & Mentoring

Thursday, Sept. 7 - Leadership and Underrepresented Minorities

### Final session in-person:

Friday, October 27, 2023 - **Day prior to NYACP Annual Meeting**

[Apply Here](#)



Harvir Gambhir  
MD, FACP



Viren Kaul  
MD, FACP

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## NY Yankees Healthcare Workers Appreciation Week!

May 8 - 14, 2023

Join your fellow healthcare professionals and the New York Yankees for select games in May at Yankee Stadium.



The first **1,000** fans who purchase tickets through this offer will receive a special New York Yankees scrub top! Each Special Event Ticket also includes a regular sized hot dog and your

first drink (a 12oz domestic beer for those 21 years of age or older with a Valid ID, Pepsi product or Poland Spring bottled water).

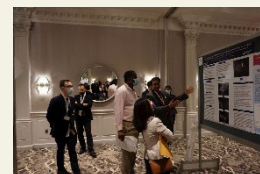
[Reserve your seats here](#)

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## **NYACP Resident/Fellow and Medical Student Forum**

**Friday, May 12, 2023**

**Desmond/Crowne Plaza Hotel**  
**660 Albany Shaker Road**  
**Albany, NY 12211**



### **Agenda:**

8:30 - 10:30 am Poster Competition  
10:30 - 1:00 pm Resident/Fellow Dr's Dilemma Competition  
1:00 - 1:30 pm Lunch  
1:30 - 2:30 pm Education Session - How to Negotiate a Contract- Laurie Cohen, Esq.  
2:30 - 3:00 pm Winners Announced

[Video of 2022 Resident/Fellow and Medical Student Forum](#)

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*Brought to you by NYACP Early Career Physicians, Resident/Fellow and Medical Student Committees:*

## **NYACP Mentorship Series Part 2 Webinar**

**Wednesday, May 17, 2023 / 6:00 - 7:00 pm / Zoom**

NYACP Mentorship Series Part 2 is geared towards a Mentee group of Medical Students with a Mentor group of Residents/ Fellows and Early Career Physicians. Join us for this interactive networking session that will dive into topics such as:

- Transitioning to Residency
- Prepping for Match Cycle
- Interviews/CV Building
- Career Options



[Register Here](#)

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## Advancement to Fellowship Webinar

Wednesday, June 21, 2023 / 6:00 - 7:00 pm / Zoom

Interested in learning about ACP Fellowship? Todd Simon, MD, FACP, Governor for the Brooklyn, Queens and Staten Island Region will review the meaning of Fellowship, the requirements for attaining your FACP®, and the application process.



Todd Simon, MD,  
FACP

ACP Fellowship is a distinguished honor within the internal medicine community. The FACP credential carries significant value because it's a peer-reviewed, peer-supported honor. ACP Fellows embody what it means to be part of the College through a demonstrated commitment to excellence, ACP, your colleagues, and especially your patients. Join over 31,000 internists who share this distinguished honor.

[Register Here](#)  
[More Information](#)

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### Save the Date!

**NYACP Annual Meeting**  
**Saturday, October 28, 2023**

Hyatt Regency Hotel  
125 East Main Street  
Rochester, NY

Details coming soon!



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To ensure deliverability of our emails, please add [info@nyacp.org](mailto:info@nyacp.org) to your contacts or accepted senders list in your email client.

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