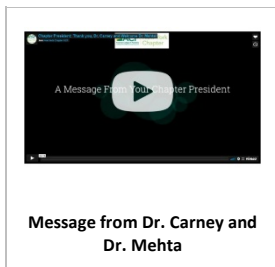


May 13, 2021

NYACP New Leader Transition

NYACP would like to thank our out-going President Maria Torroella Carney MD, FACP for her leadership this past year!



The NY Chapter Leaders would like to share a message with you, our members, as we transition into new leadership. Please take a minute to check out the outgoing message from Maria Torroella Carney, MD, FACP, immediate past-president for the NY Chapter ACP.

[NYACP-MedQuest IM Board Review Question](#)

And...NYACP is pleased to welcome:

Dr. Parag Mehta as President of the New York Chapter ACP for the first half of the 2021-22 year!

Dr. Parag Mehta, MD FACP, is the Senior Vice Chairman of the Department of Medicine at NewYork-Presbyterian Brooklyn Methodist Hospital. He is also the Chief Medical Information Officer (CMIO) and an Associate Professor of Clinical Medicine at Weil Medical College.

Dr. Mehta is Board Certified in Internal Medicine Hospice & Palliative Care Medicine. He is also certified in Health Information Technology from Cornell and Artificial Intelligence in Business from MIT. Before coming to the United States, he received board certification in Obstetrics and Gynecology.

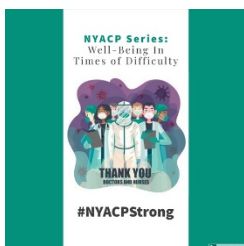
Dr. Mehta is passionate about education and he received numerous Best Teacher and Best Research Mentor Awards. As a wellness champion from ACP, he believes in bringing back the joy in medicine. He actively participates in advocacy efforts for the patient before paperwork. His other passion is to use EHR to improve face time over screen time, improving patient safety. He is the President-Elect of MSSNY and has played a leadership role in many organizations.



Dr. Mehta has an endless quest to learn new things. With his years of experience as a clinician, administrator, teacher, he takes the utmost pride in training many generations of young and enthusiastic physicians.

On behalf of the Members and Leaders of NYACP, we welcome Dr. Mehta to this new role!

A Message of Gratitude from Dr. Mehta:



I am grateful to all the members and leaders for allowing me to serve you as your Governor. I am thankful to all healthcare heroes for their courage and compassion exhibited during the COVID crisis. As the adrenaline is subsiding, we realize the toll of stress has manifested in many in the form of burnout. Let us focus on our wellbeing and take care of and appreciate each other. Gratitude and appreciation is associated with happiness. Gratitude helps people feel more positive emotions, improve their health, deal with adversity, and build strong relationships.

To those who are celebrating; Eid Mubarak; and happy belated Mother's Day to all the powerful figures who have impacted our lives.

Please take the time to thank and celebrate your colleagues and loved ones daily. Let's start today - make someone feel better - be the light in too often a dark world.

NYACP Advocacy Day a Success!

Thank you to everyone who participated in NYACP's Advocacy Day last week. As a quick reminder, if you have not had a chance to contact your Legislators to support NYACP's campaign for telehealth payment parity, please do so today by clicking here: <https://www.votervoice.net/NYACP/campaigns/84710/respond>



NYS Arthritis Program Releases Toolkit to Increase Physical Activity Counseling and Referrals to Evidence-based Interventions for Adults with Arthritis

An estimated 3.5 million adults (22.5%) have been diagnosed with arthritis in New York State. Low-impact and joint-friendly physical activity has many benefits for patients with arthritis, including decreasing pain by about 40% and preventing other chronic diseases such as diabetes, heart disease and obesity.

Health care providers like you play an important role in helping patients with arthritis become physically active to reduce arthritis pain. Yet, two out of five patients with arthritis are not receiving counseling from their health care provider. In recognition of Arthritis Awareness Month this May, the Centers for Disease Control and Prevention (CDC) and New York State Department of Health encourage you to talk to patients with arthritis about physical activity to relieve arthritis pain and symptoms. Recommend walking or refer them to an [evidence-based intervention available in NYS](#).

The Department has released the web-based [Health Care Provider Toolkit: Physical Activity Counseling for Adults with Arthritis](#) to support your counseling and referral efforts for patients with arthritis. The toolkit offers resources to help you prescribe the right "dose" of activity to get people moving, recommend local places for accessible recreation opportunities such walking in NY State Parks, and refer patients to evidence-based physical activity programs like Enhance® Fitness and Walk with Ease. Featured tools include physical activity counseling considerations for adults with arthritis and disabilities, clinical arthritis registry specifications, and a decision guide to help you determine which evidence-based program is the best fit for your patients.

To access the toolkit, please visit: https://www.health.ny.gov/diseases/conditions/arthritis/provider_toolkit/.

Contact the New York State Arthritis Program at EBSMP@health.ny.gov or 518-408-5142 for more information.

I Raise the Rates Adult Immunization Program

The New York Chapter is proud to partner with the American College of Physicians Center for Quality in supporting the I Raise the Rates Adult Immunization Program. ACP's I Raise the Rates program, which is supported by funding from the CDC, Merck, and GSK, provides QI education and virtual coaching support from ACP Advance expert coaches to support <https://wecandothis.hhs.gov/> increased adult immunization coverage.



In their monthly newsletter, [I Raise the Rates \(IRtR\)](#), you will find a variety of new resources from various public health partners, unique educational opportunities, and a brief selection of popular media articles related to immunization.

COVID-19 Educational Toolkits and Materials Available

ACP is a founding member of the HHS national volunteer COVID-19 Community Corps, a coalition working to help increase confidence in COVID-19 vaccines and encourage measures to slow the spread of disease through public education.



Toolkits, resources, and materials to help educate and increase vaccine confidence and support community outreach are available through HHS's COVID-19 ["We Can Do This"](#) Public Education Campaign. Materials are available in a variety of languages and formats and provide tailored information for at-risk groups

LIVE ONLINE! - Space is still available!
Friday, May 14 - Sunday, May 16, 2021
Earn up to 27 CME credits and 27 MOC points!



You will receive:

- Chat features available for instructor interaction
- Polling feature on case-based questions
- Compare your knowledge with your virtual classmates
- Course materials and online log in information in advance
- Earn up to 27 AMA PRA Category I credits and 27 MOC Points!

Faculty:

Conrad Fischer, MD, FACP
Chris Paras, DO, FACP
Niket Sonpal, MD, FACP

[Course Content and More Information](#)

[Register Here](#)

CME Statement and MOC statement

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates this live activity for a maximum of 27 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity (the **NYACP Weekend Board Review**), which includes participation in the evaluation component, enables the participant to earn up to 27 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Discussion and Camaraderie – Join us on May 20th at 7pm!

Small Feedings of the Soul: Readings and Reflections Series Sponsored by the NYACP Well Being Committee

[Click here to Register](#)

Do you look forward to reading 'On Being a Doctor' essays in the Annals of Internal Medicine? We love them, too! Come meet authors David Atkins, MD, MPH, David Malebranche, MD, MPH and each other while exploring the practice of medicine and our experiences through discussions stimulated by these short, provocative readings.



May Readings:

1. [Put Your Own Oxygen Mask on First](#)
2. [Permission](#)

Attendee comments from the April event:

“The chance to meet the author and new colleagues.”

“I enjoyed being with people working on wellbeing where we explore difficult issues together.”