President’s Message: Dr. Daniel Pomerantz

Last week, the NYACP Resident/Fellow and Medical Student Forum in Albany was a great success! Thank you to everyone who submitted work to be presented, mentored students and residents, reviewed abstracts to select the posters for presentation, and everyone who served as an onsite poster judge. I also want to thank everyone who contributed to the Doctor’s Dilemma competition. This includes team coaches, participants, question writers, judges, the MC, and, of course, our amazing Chapter staff. Congratulations to the winners of Doctor’s Dilemma -Jacobi Medical Center and all of the winners of the poster competition. Please take a moment to review the list of volunteers and winners below.

Earlier this month, NYACP “went” virtually to Albany to advocate for the needs of New York’s Internal Medicine Physicians and our patients. This cause was led by Dr. Kellin King, HPPC Chair and Dr. Nandini Anandu, HPPC Co-Chair.

This week, representatives from our Chapter traveled to Washington, DC to join other ACP Chapter leaders and members from all over the country for ACP Leadership Day. We were excited to learn about ACP’s national policy priorities and to meet with our elected US Representatives and Senators to advocate for US Internal Medicine physicians and our patients. It is an honor and a privilege to be able to address our elected representatives. I hope that next year you will consider joining us to advocate in Albany and in Washington.

Each of these events works because of the efforts of our members, who generously volunteer their time. If you are interested in any of these activities or want to get more involved, but are not sure how, please complete this interest form or reach out to any of the Chapter Governors or to our Executive Director, Loretta Ponesse. We are happy to help you find your place in NYACP.

Another way that you might get involved is by checking our Chapter Awards page and nominating a colleague for a Chapter Excellence Award. If you know someone worthy, please honor them by submitting a nomination. There are Chapter Awards for excellence in education, clinical practice, humanism in medicine, and in work for diversity, equity and inclusion (DEI). Nominating someone for an award is possibly even more rewarding than receiving one.
Are you an FACP from the Hudson Valley Region and would like to get involved? We are looking for a District President (DP) to succeed Dr. Nandini Anandu. I am grateful to Dr. Anandu for her generosity to our chapter. While I will miss working with her as DP, I look forward to working together with her as Vice Chair of the Health and Public Policy Committee. If you live or work in the Hudson Valley South District, or know anyone who may be interested in a leadership position, please contact either myself or Loretta Ponesse.

I hope that many of you will consider becoming more involved in the Chapter. The more members that are engaged in the Chapter, the more the Chapter truly represents NYS Internal Medicine physicians. Whether it is a long term engagement like becoming a District President, or a short term engagement like nominating someone for an award, feel free to send us a note to let us know how you think the Chapter and the College are doing. We also encourage you, or a worthy colleague, to apply for Fellowship (FACP). Your contributions can help make the Chapter better and more meaningful to you and other Internal Medicine physicians across New York. Please get as involved as you can. I have found that the more I work with ACP and NYACP, the more meaningful it has been.

With gratitude,

Daniel Pomerantz, MD, FACP
President

A Case Report with a Call to Action for Older Adults
Winnie Chu, D.O., NYACP Advocacy Intern

**Background:** There will be a projected number of 73 million Americans aged 65 years or older by 2030 (1). Ensuring that all older adults and their families receive adequate care requires a multi-disciplinary approach, as well as changes on the legislative level, as highlighted in our case.

**Case Description:**

An 84-year-old female with past medical history of hypertension, hyperlipidemia, anxiety and breast cancer in remission presented for a geriatric consultation. She was accompanied by her son. During the Covid pandemic, the patient had been living alone with little social contact. Her son noticed a decline in her short-term memory, and subsequently arranged for the patient to move in with him and his wife and children. She had a Montreal Cognitive Assessment (MoCA) score of 10/30 with deficits in multiple domains. Her dementia continued to progress, with a repeat MoCA score one year later of 5/30 and worsening behavioral issues.
Despite some respite through her participation in the adult day program, her son felt considerable caregiver burden, especially at night when the patient would be difficult to redirect and constantly wandering. The patient did not have long-term care insurance or Medicaid, and a home health aide (HHA) was not covered under her insurance as she did not have any skilled nursing needs. The son had considerable financial burden, having been unemployed for almost two years during the pandemic, and was not able to afford a private home health aide. The son consulted with an elder law attorney to arrange finances and began the process of applying for community Medicaid.

Conclusions: With an increasingly older population, there is an urgent need for reform to the long-term services and support (LTSS) sector. As traditional Medicare does not cover custodial care, the bulk of the financial and labor burden often falls to families and informal caregivers. The process of applying for insurance or financial aid for long-term care services also remains fragmented and few can navigate the complex system without additional guidance. In 2022, the ACP released a position paper supporting reform of long-term care insurance and with policy recommendations, including a new mandatory, catastrophic LTSS benefit. This case highlights the continued need to advocate for changes to the LTSS, relieving the burden for caretakers and allowing access to quality aging services and long-term care.

Reference:

NYACP Poster Winners
Resident and Medical Student Forum
Friday, May 12, 2023

Resident/Fellow Clinical Vignette
1st - Jessica Chung, Maimonides Medical Center
2nd - Joseph Kuruvilla, Nuvance Health, Vassar Brothers Medical Center
3rd (Tie) - Moyosoreoluwa Onobun, Coney Island Hospital
3rd - Yordanka Diaz-Saez, Bronx Care Health System

Resident/Fellow Research
1st - Htun Aung, One Brooklyn Health, Interfaith
2nd (Tie) - Ido Goldenberg, Westchester Medical Center
2nd - Manaski Abdu, University of Buffalo, Catholic Health System

Medical Student Clinical Vignette
1st - Ryan Ruia, SUNY Upstate

Medical Student Research
1st - Shreya Srivastava, Albany Medical College
Resident/Fellow, Medical Student Quality, Patient Safety and Advocacy
1st - Catherine Meyer, Albany Medical College
2nd - Gunjan Umarji, Montefiore Medical Center

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Congratulations to the 2023 NYACP Dr’s Dilemma Champions!
Jacobi Medical Center

Dr. Daming Shao
Dr. Bisrat Hussien Adal
Dr. Charan Thej Reddy Vegivinti
Dr. Yi-Yun Chen

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Spring 2023 Poster Book
Poster Competition Video Album
Doctor’s Dilemma Video Album

Fall Poster Competition: Online Abstract Submission Forms Now Available!

Are you interested in becoming an online abstract reviewer or in-person poster judge? Please let us know by emailing Karen LaBello at: klabello@nyacp.org.

ACP National Winners
Congratulations to the following NY members who won at ACP IMM23!

Azucena Herrera, MD - Research Poster Winner
Osteoporosis Screening Of Liver Transplant Patients In A Tertiary Urban Medical Center: A Quality Improvement Project
Montefiore Wakefield, Bronx, NY

Mitchell Dittus, MD - 2023 ACP Quality Improvement Excellence Award
Promoting Safe Gun Storage Among Veterans to Prevent & Reduce Suicide and Accidents
Medicine

NYACP- IMM23 San Diego Highlights
Don’t miss out on this member recognition opportunity!

Who will you Nominate for a Chapter Excellence Award?
Submission Deadline is Thursday, June 15th!

Only a few weeks remain to submit a nomination for a NYACP Chapter Excellence Award! These awards recognize members for excellence and distinguished contributions to Internal Medicine. This year, the committee will issue 3-5 Chapter awards. The categories for candidate nominations include: Education, Advocacy, Clinical Excellence, Research, Diversity, Equity and Inclusion (DEI), and Public Health.

To nominate a member, submit the online form, including a 500-word Letter of Nomination, and a copy of the nominee’s CV. The submission deadline is June 15, 2023. Medical students and residents are also eligible to be nominated!

Please help the New York Chapter ACP recognize, honor and congratulate the truly deserving members of our Chapter for their amazing and outstanding work.

Valuable Resources and Information for Members!

- National Kidney Foundation: Ending Disparities in Kidney Disease-Workgroup Involvement Opportunity - RESPOND NOW to Loretta Ponesse
- LRANY 2023 Medical Liability Costs Report
- NYS DOH Bureau of Narcotic Enforcement: Guidance for Telemedicine
- Advancement to Fellowship (FACP)

Members in the News
Congratulations to Crain's New York Business Notable 2023 Leaders in Health Care!

**Jitendra Barmecha, MD, MPH, FACP, SFHM** - SVP Chief Information and Digital Strategy Officer, SBH Health System

**Parag Mehta, MD, MACP** - Chief Medical Information Officer at NewYork Presbyterian Brooklyn Methodist Hospital

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**Upcoming Events**

**Wisdom and Well Being Series #10**

**So, the Family Wants to Talk - Responding to Uncertainty in Serious Illness**

**Tuesday, June 6, 2023 / 7:00 - 8:00 pm / Zoom**

Internal Medicine physicians frequently care for patients with serious illness and are often called upon to advise patients and families about situations in which the prognosis is serious but uncertain. These discussions can be challenging, even for experienced clinicians. In this session, participants will learn an approach to help patients and families think about how to proceed when facing serious illness and uncertainty. The session will include a review of key skills and will also offer time to discuss or debrief challenging situations that participants have faced.

**Register Here**

**Small Feedings of the Soul: Readings and Reflections**

**Thursday, June 8, 2023 / 7:00 - 8:00 pm / Zoom**

Explore the practice of medicine through shared experiences. This month, the theme of humor is back by popular demand. Join fellow physicians to hear stories that are sure to evoke a hearty laugh that is good for the soul. Attendees are invited to share their own humorous stories during the discussion as well!

**June’s Theme:**
Let’s Smile a Little
Readings:
Laughter is the Best Medicine by Dr. Marion McCrary
Pronouncing by Dr. Brendan Reilly

Facilitated by: Nandini Anandu, MD, FACP and Lito Gutierrez, MD, FACP

Program Directors:
Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

Register Here

Save the Date!

NYACP Annual Meeting
Saturday, October 28, 2023

Hyatt Regency Hotel
125 East Main Street
Rochester, NY  14604

Topics and Speakers