

**NYACP Annual Scientific Meeting**  
Saturday, November 5th | 8:00 AM - 4:15PM | Westchester Marriott

**Register Today!**

October 13, 2022



**President's Message: Dr. Jitendra Barmecha**  
Progress Note:

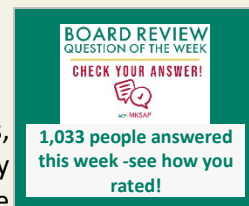
It is that time of the year again - **election time!** And yes, as Internal Medicine physicians (I.M), we must be ready to vote! Our voice and vote are important for the purpose of shaping the health and public policy agenda.

The COVID-19 pandemic and its aftermath on our patients and healthcare service delivery, and the ongoing debates over healthcare, health insurance, and public health have all highlighted the importance of using our voices. Please [register to vote](#), [educate](#), and get involved! Our colleague and NYACP's Hudson Valley Region Governor, **Dan Pomerantz, MD, MPH, FACP**, attended an insightful webinar titled "*Creating a Roadmap for Civic Engagement in Healthcare*" that was organized by the [Civic Health Alliance](#). This organization [has a multitude of resources](#) to support you in civic engagement.

Due to Hurricane Ian, ACP's Fall Board of Governors meeting pivoted to a virtual-only meeting. Besides the usual business agenda and resolution discussions, meeting highlights included: an update on strategic planning, information about ACP's new Internal Medicine brand identity campaign, and a session geared toward the effects of "*Group Belonging and Inclusion on Health—Personal Reflections*" by Kimberly Bates, MD, FACP, FAAP (Dignity Health).

First, the COVID-19 pandemic, then the recent Polio & Monkey Pox outbreak in NY, and now the CDC has announced an outbreak of the [Ebola virus disease](#) (Sudan EVD) which was first reported as occurring in central Uganda on September 20, 2022. As of October 6, 2022, there were 44 confirmed cases, 10 confirmed deaths, and 20 probable deaths linked to EVD. Persons traveling from Uganda by air will be redirected to five U.S. airports, including JFK in NYC. A health screening for each traveler will be conducted prior to exiting Uganda and upon arrival at JFK.

A new ethics case study from ACP, "[Lab Result Reporting, Ethics, and the 21st Century Cures Act Rule on Information Blocking](#)," is now available for CME credit and MOC points. The case study dives into the benefits and potential ethical implications for patients and clinicians of the 21st Century Cures Act Rule. The information sharing standards of the 21st Century Cures Act has standardized informational formats to allow patients direct access to their clinical information.



New information just received from ACP's 2021-2022 membership growth analysis indicates that ACP membership is currently just over 160,000 members, with a small decline of 0.28% in total membership. Out of the five regions in NY, the Brooklyn/Queens/Staten Island Region saw the highest growth in membership at 6.53% overall! The Chapter's primary focus must be on early career physicians to ensure sustainability and to enhance loyalty through the retention of existing members. Sharing best practices, learning from other service industries, and using digital tools are key components to engage and enhance the full member experience. I want to thank all NYACP regional leaders and chapter staff for their continued efforts in recruitment, retention, and member engagement.

Lastly, let us increase awareness for Breast Cancer & Health Literacy during the month of October and enjoy the onset of Autumn!



Jitendra Barmecha, MD, MPH, FACP, SFHM  
President

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### Health Advisory Regarding Ebola Virus Disease

Please review the [Health Advisory from the Centers for Disease Control and Prevention \(CDC\) confirming the Ebola virus disease outbreak \(EVD\) in Uganda caused by the Sudan virus \(species Sudan ebolavirus\)](#). The advisory summarizes CDC's recommendations for clinicians, case identification and testing, and clinical laboratory biosafety considerations.



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### Congratulations to the Newly Elected ACP Master and Award Winners

NYACP is thrilled to celebrate the NYACP members who have received Mastership and National Awards from ACP! [Click here to send a congratulatory message to one or more of the following master/award recipients.](#)

**New ACP Master**



**Parag Mehta, MD, MACP**

**ACP Award Winners**



**R. Curtis Mills, MD**

Ralph O. Claypoole Sr. Memorial Award for  
Devotion of a Career in Internal Medicine to the Care of Patients



**Danielle Ofri, MD, FACP**

Nicholas E. Davies Memorial Scholar Award for  
Scholarly Activities in the Humanities and History of Medicine



**Kelly S. Ramsey, MD, MPH, MA, FACP, DFASAM**  
[ACP Award for Distinguished Contributions to Behavioral Medicine](#)



**Louis S. Snitkoff, MD, MACP**  
[ACP Award for Outstanding Contributions to Improving Well-being and Professional Fulfillment in Internal Medicine](#)

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### Hudson Valley Region Governor-Elect Elections - Vote Now!

It's time to vote for the next NYACP Hudson Valley Region Governor! NYACP's statewide structure includes five regions with one Governor for each region. The five Governors and Governor-Elects make up the Chapter's Executive Committee and, in the final year as Governor, he/she serves in the role of Chapter President. The Governor also serves as an official representative of the College, providing a link between members at the local level and leadership at the national level.



Donna Morrison, MD, FACP



Anush Patel, MD, FACP

This year the two superb candidates running for Hudson Valley Region Governor-elect are Donna Morrison, MD, FACP and Aush Patel, MD, FACP. More information about their background and experience, along with biographies and candidate statements, can be found on the [Chapter's website](#).

#### Eligible voters:

- MACPs, FACPs, Members, and Resident/Fellow Members with an election date of 9/1/2020 or earlier.
- Have an address on file with ACP within the Hudson Valley Region (extending from Westchester to Plattsburgh). [Map of NYACP Regions](#).

## How to Vote:

- Voting is open from September 30th to November 4th, 2022.
- Ballots were mailed and include the required election passcode.
- The passcode can be used for [online](#) or mail-in voting.

## Missing a Ballot?

- Check the spam folder for an email from [noreply@directvote.net](mailto:noreply@directvote.net) with the subject line "ACP 2022 Governor-elect Election Voting Information".
- For replacement ballots, e-mail [support@directvote.net](mailto:support@directvote.net) or call 866-909-3549.

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## Legislative Update - Smoking and Climate Change

NYACP closely monitors legislation related to [priority issues](#) recommended by the Chapter's Health and Public Policy Committee and approved by the Council Board. Below are updates and opportunities for action in two areas: Smoking/Tobacco and Climate Change. Advocacy toolkits for these topics can be [found on the Chapter's website in the Grassroots Action Center](#).



## New Law in NY State that Prohibits Smoking in Parks

Beginning in October 2022, there's a new law in NY that bans smoking in public parks and on beaches. This law is intended to protect public health and the environment by removing the toxins from secondhand smoke, reducing waste, and improving park access for people with certain health conditions. Many municipalities across the state already have such legislation in effect, and this law creates a statewide prohibition.

There are important details and exemptions to understand. For instance, it does not ban vaping, and the Adirondack and Catskill parks are exempt.

[Click here to learn more about the legislation.](#)

## Inaugural Meeting and Lecture - New York Clinicians for Climate Action

A new organization, NY Clinicians for Climate Action, has been started by pediatricians and invites clinicians and healthcare workers from all specialties. The [inaugural meeting and lecture](#), "First, Do No Harm: Healthcare Sustainability", will be held on October 18th from 7:00-8:30 pm. The virtual format is sponsored by the New York State American Academy of Pediatrics.

[Click here to register for the NY Clinicians for Climate Action Event](#)

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### Classified Ad - Job Postings #1:

**NYSDOH: Community Health Program Manager 3  
Albany, NY**



Preferred Qualifications: The preferred candidate should have work experience related to the management of a large, multi-faceted, statewide public health program with a strong understanding of state and federal government management processes and fiscal management. Excellent communication, analytical and organizational skills, and a strong command of technology solutions is critical.

[Read More](#)

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### Classified Ad - Job Postings #2:

**NYACP Meetings Specialist and District Relations Liaison**



NYACP is looking for an experienced association professional to join our remote workforce team in New York. This is a full-time position with some travel required. Meeting and events experience, along with strong organizational, technology, communication and writing skills are REQUIRED ... non-profit experience a plus!

[Read More](#)

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## Upcoming Events

**Dietary and Lifestyle Strategies for Cardiovascular Risk Reduction**

**October 14 / 7:30 am - 2:30 pm**

**NYU Langone Health and Live Stream**

*Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.*



This half-day course focuses on strategies to reduce risk for cardiovascular disease and related comorbidities through lifestyle and dietary approaches. The course will provide evidence for the association between diet and cardiovascular disease, highlighting new clinical and scientific data. This annual course provides attendees with the latest information to help their patients achieve optimal health through exercise, diet, and integrative medicine strategies.

The NYU Grossman School of Medicine designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## INFORMATION AND REGISTRATION

### **Aging in Place (Part 1): Managing the Risks of Elderly Patients in the Home Setting**

**Tuesday, October 18 / 7:00 - 8:00 pm / Zoom Meeting**

*Earn up to 1.0 PRA Category 1 Credit™.*

*Jointly provided by MLMIC and the New York Chapter American College of Physicians.*



Join us on October 18th as a panel of physician and legal experts discuss the complexities of caring for elderly patients in the home setting, address the liability risks associated with this care environment, and offer strategies to mitigate the risks associated with caring for the patient aging in place.

[FULL DETAILS](#)  
[REGISTER HERE](#)  
[FLYER](#)

*Society of Hospital Medicine, in collaboration with NYACP, is proud to sponsor the:*

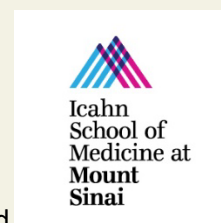
### **17th Annual Mid-Atlantic Hospital Medicine Symposium**

#### **Mastering the Care of the Hospitalized Patient**

**Friday & Saturday, October 21-22 / 7:30 AM**

Hess Center for Science and Medicine

Davis Auditorium and Seminar Rooms, New York, NY



Hospitalists stepped up and helped lead their hospitals through the pandemic, and now they can re-focus on the core conditions in Hospital Medicine.

[PROGRAM BROCHURE](#)

[REGISTER HERE](#)

### **Aging in Place (Part 2): Managing the Risks of Elderly Patients in the Home Setting**

**Tuesday, October 25 / 7:00 - 8:00 pm / Zoom Meeting**

*Earn up to 1.0 PRA Category 1 Credit™.*

*Jointly provided by MLMIC and the New York Chapter American College of Physicians.*



[FULL DETAILS](#)  
[REGISTER HERE](#)  
[FLYER](#)

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**Small Feedings of the Soul: Readings and Reflections**  
**Wednesday, October 26 / 7:00 - 8:00 pm / Zoom Meeting**

Explore the practice of medicine through shared experiences! Come for discussion, camaraderie, and to meet authors of select pieces from 'On Being A Doctor'.

*Please note that this event is not recorded.*

**October's theme:**  
Navigating the Experiences of Residency and Fellowship

**Readings and Guest Authors:**  
[Comfort Measures Only?](#) by Dr. Melanie Hundt  
[The Name of the Dog](#) by Dr. Taimur Safder  
[Medical Violence](#) by Dr. Ian Jenkins

Facilitated by: Alexandra Goodman, MD (*co-founder of Women in Residency Life at SUNY Upstate Medical University*)  
Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[REGISTER HERE](#)

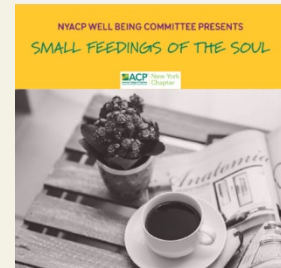
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**Introduction to Point of Care Ultrasound - an interactive course**  
*Seats are filling up - Register before the course closes!*  
**Friday, November 4 / 8:00 am - 5:00 pm**

**Westchester Marriott**  
**670 White Plains Rd**  
**Tarrytown, NY 10591**

The New York Chapter is pleased to present an interactive Introduction to POCUS Course. At the end of the course, the learner will have an introductory ability to use bedside ultrasound. Specifically, the learner will be able to: Understand ultrasound physics, machine controls, and probe selection to obtain optimal ultrasound images; Demonstrate normal lung, cardiac, abdominal, and vascular exams; Interpret normal ultrasound images; Interpret common abnormalities noted on lung, cardiac, abdominal, and vascular exams.

[NYACP Point of Care Ultrasound Course](#)





[REGISTER HERE](#)

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**3 Weeks to Go - Register Now!**

**2022 NYACP Annual Scientific Meeting**

**Saturday, November 5 / 8:00 am**

Join us as we return to an in-person meeting format!

**Westchester Marriott  
670 White Plains Rd  
Tarrytown, NY 10591**



[Registration Open](#)

[Exhibitor Prospectus](#)

[Schedule & Information](#)

Thank you to our Gold Sponsors



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**Small Feedings of the Soul: Readings and Reflections**

**Wednesday, November 16 / 7:00 - 8:00 pm / Zoom Meeting**

Explore the practice of medicine through shared experiences! Come for discussion, camaraderie, and to meet authors of select pieces from 'On Being A Doctor'.

Please note that this event is not recorded.

**November's theme:**

Hope, Touch and Connection

**Readings by Guest Author Vincent Quagliarello, MD:**

[Doctors of a Certain Age](#)

[Meaning at the Fingertips](#)

[Tiny Branches \(JAMA\)](#)

Facilitated by: Cori Salvit, MD, FACP

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP



[REGISTER HERE](#)

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**Irwin D. Mandel Advances in Cardiovascular Risk Reduction:  
Improving Treatment for Patients with Diabetes**

**December 1 / 7:45 am - 5:00 pm**

**NYU Langone Health and Live Stream**

*Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.*

This one-day course will cover state-of-the-art management of patients with cardiovascular risk factors, with a focus on prevention. The morning session will highlight the latest scientific and clinical advances in the management of diabetes, including evidence-based strategies to reduce cardiovascular risk in diabetic patients and best practices in the care of hospitalized patients with diabetes.



**[INFORMATION AND REGISTRATION](#)**

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**Home and Skilled Nursing Facility: Post-Operative Care of Older Adults**

**February 9, 2023 / 7:00 - 8:00 pm / Zoom Meeting**

*Jointly provided by NYMDA and the NYACP Geriatrics Task Force*



This one-hour session will cover Home and Skilled Nursing Facility post-op care for older adults. Themes will include how to address common complications within this patient population, telehealth, financing care, and caregiving.

**[REGISTER HERE](#)**

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