Medical Student Webinar: Insights into your Future

Planning your Residency Application

Student Webinar hosted by the NYACP Medical Student Council: Karen Tucker, NY Chapter of the American College of Physicians Abhimanyu Amarnani, Medical Student, SUNY Downstate Joseph Wayne, MD, MACP, Albany Medical College Stephen Knohl, MD, FACP, SUNY Upstate Medical University Patrick Cocks, MD, FACP, NYU SOM Michael LoCurcio, MD, FACP, NYU SOM
Goals, the Match and the Electronic Residency Application System (ERAS)

• The AAMC website has important basic information, the timetable, frequently asked questions, and resources to help you with interviews.

• AAMC.org >> Link for students >> Link for residency applications:

  https://students-residents.aamc.org/applying-residency/applying-residencies-eras/

• Your are on-time if you are applying to the Residency Match in 2019. Anxiety about the process is normal. Learning about the process and staying on track are the best ways to minimize this stress.

• Goals:

  • Briefly Introduce the Match, ERAS, the NRMP and the number of internal medicine positions that are available

  • Review the broad timetable for the Class of 2019

  • Open a discussion with Program Directors, Clerkship Directors and medical students
The Match, an Overview

![Figure 1: Applicants and 1st Year Positions in the Match, 1952 - 2016](chart.png)
## Residency Programs, Applicants from the United States and Total Applicants

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Programs</th>
<th>Total Number Positions</th>
<th>Number applicants US</th>
<th>Total applicants</th>
<th>Number Matches US</th>
<th>Total Matches</th>
<th>Positions filled US</th>
<th>Positions filled Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Categorical</td>
<td>467</td>
<td>7233</td>
<td>3837</td>
<td>11,666</td>
<td>3245</td>
<td>7101</td>
<td>45%</td>
<td>98%</td>
</tr>
<tr>
<td>Primary Care</td>
<td>65</td>
<td>341</td>
<td>713</td>
<td>1890</td>
<td>224</td>
<td>341</td>
<td>66%</td>
<td>100%</td>
</tr>
<tr>
<td>Med/Peds</td>
<td>78</td>
<td>381</td>
<td>342</td>
<td>507</td>
<td>291</td>
<td>356</td>
<td>76%</td>
<td>93%</td>
</tr>
<tr>
<td>Other Medicine Combined programs*</td>
<td>45</td>
<td>72</td>
<td>253</td>
<td>368</td>
<td>51</td>
<td>69</td>
<td>71%</td>
<td>96%</td>
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</tbody>
</table>

*EM/IM (26 total positions), Med/Psych (24), Med/Anesth (6), Med/Derm (6), Med/preventive (6), Med/Family (2), and Med/Genetics (2)
### Residency Application Timeline, Class of 2019
**Now through September 15th**

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT or TASK</th>
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<tr>
<td>November through April</td>
<td>If your Dean’s Office has advisors available, set up a meeting&lt;br&gt;Request a Departmental Advisor. If not known, ask about the process for obtaining a Departmental Letter of Recommendation.&lt;br&gt;Personal meeting with advisor&lt;br&gt;Prepare your CV and Personal Statement&lt;br&gt;Request an ERAS token from your SOM’s Registrar</td>
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<td>April through June</td>
<td>Begin doing research on different programs, ask you advisor where students from your school have matched in Medicine over the past few years.&lt;br&gt;Learn about ERAS and the NRMP (noting important deadlines*)&lt;br&gt;MyERAS opens in June.&lt;br&gt;Review CV and personal statement with your advisor</td>
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<tr>
<td>June and July</td>
<td>Request letters of recommendation (LoRs) from individual faculty members. Offer to send your CV, personal statement, and meet one on one with each letter writer.</td>
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<td>August</td>
<td>Check—in with letter writers to offer any more information or set up a meeting if necessary. Goal for all letters to be uploaded into ERAS by September 1st giving you time to react to problems. You should have already uploaded your CV and Personal Statement.</td>
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<tr>
<td>Early September (September 15, 2018)*</td>
<td>Submit ERAS application early (well prior to deadline). This includes your information (CV, PS), LoR’s (personal and departmental), and you must apply to the programs that you choose.</td>
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*Projected dates – the NRMP has yet to publish dates for the following academic year.
## Residency Application Timeline, Class of 2019
September 15th through July 1st

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<th>DATE</th>
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<tr>
<td>Early September (September 15, 2017)*</td>
<td>Submit ERAS application early (well prior to deadline). NRMP opens for registration</td>
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<td>September, 2017</td>
<td>Meet with advisor to prepare for interviews</td>
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<td>Register with the NRMP</td>
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<td>October through January</td>
<td>Interviews. Frequently check your emails for interview offers and schedule interviews.</td>
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<td>January 1 to January 31</td>
<td>NRMP Match Rank Order List opens</td>
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<td>If you like, discuss your rank list with your advisor</td>
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<td>Late-January to February</td>
<td>Prepare final match list and submit it prior to the deadline*</td>
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<td>February (normally mid-February)</td>
<td>NRMP Match Rank Order List deadline*</td>
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<td>Mid-March*</td>
<td>• Log in to the NRMP’s R3 system on Monday of Match Week (the third week of March) to see whether you matched to a program. If you did not match contact your advisors, you may be eligible for the Supplemental Offer and Acceptance Program (SOAP) • Participate in your Match Day Ceremony</td>
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<td>April - June</td>
<td>• Sign the contract with your residency program • Prepare to start your residency training program (i.e. moving, credentialing)</td>
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*Projected dates – the NRMP has yet to publish dates For the following academic year.
Frequently Asked Questions

• To how many programs should I apply?

• How do I know which programs are best for me? Should I perform an away elective?

• How many letters of recommendation do I need for a categorical, primary care, research track, or other track?

• What makes a good personal statement?
Trends in Applying to Internal Medicine Programs

Trend in number of applications received per program

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