

Medical Student Webinar: Insights into your Future

Planning your Residency Application

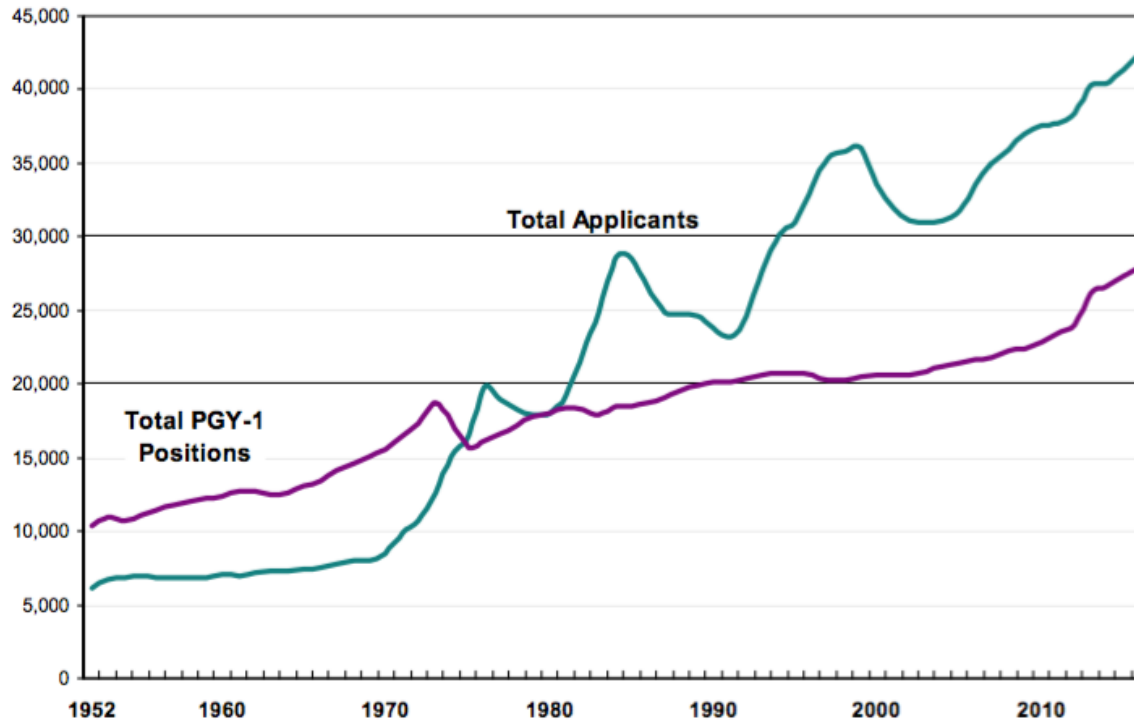
Student Webinar hosted by the NYACP Medical Student Council:
Karen Tucker, NY Chapter of the American College of Physicians
Abhimanyu Amarnani, Medical Student, SUNY Downstate
Joseph Wayne, MD, MACP, Albany Medical College
Stephen Knohl, MD, FACP, SUNY Upstate Medical University
Patrick Cocks, MD, FACP, NYU SOM
Michael LoCurcio, MD, FACP, NYU SOM

Goals, the Match and the Electronic Residency Application System (ERAS)

- The AAMC website has important basic information, the timetable, frequently asked questions, and resources to help you with interviews.
- AAMC.org >> Link for students >> Link for residency applications:
- <https://students-residents.aamc.org/applying-residency/applying-residencies-eras/>
- You are on-time if you are applying to the Residency Match in 2019. Anxiety about the process is normal. Learning about the process and staying on track are the best ways to minimize this stress.
- Goals:
 - Briefly Introduce the Match, ERAS, the NRMP and the number of internal medicine positions that are available
 - Review the broad timetable for the Class of 2019
 - Open a discussion with Program Directors, Clerkship Directors and medical students

The Match, an Overview

Figure 1 Applicants and 1st Year Positions in the Match, 1952 - 2016



Residency Programs, Applicants from the United States and Total Applicants

Program	Number of Programs	Total Number Positions	Number applicants US	Total applicants	Number Matches US	Total Matches	Positions filled US	Positions filled Total
Categorical	467	7233	3837	11,666	3245	7101	45%	98%
Primary Care	65	341	713	1890	224	341	66%	100%
Med/Peds	78	381	342	507	291	356	76%	93%
Other Medicine Combined programs*	45	72	253	368	51	69	71%	96%

*EM/IM (26 total positions), Med/Psych (24), Med/Anesth (6), Med/Derm (6), Med/preventive (6), Med/Family (2), and Med/Genetics (2)

Residency Application Timeline, Class of 2019

Now through September 15th

DATE	EVENT or TASK
November through April	If your Dean's Office has advisors available, set up a meeting
	Request a Departmental Advisor. If not known, ask about the process for obtaining a Departmental Letter of Recommendation.
	Personal meeting with advisor
	Prepare your CV and Personal Statement
	Request an ERAS token from your SOM's Registrar
April through June	Begin doing research on different programs, ask you advisor where students from your school have matched in Medicine over the past few years.
	Learn about ERAS and the NRMP (noting important deadlines*) MyERAS opens in June.
	Review CV and personal statement with your advisor
June and July	Request letters of recommendation (LoRs) from individual faculty members. Offer to send your CV, personal statement, and meet one on one with each letter writer.
August	Check –in with letter writers to offer any more information or set up a meeting if necessary. Goal for all letters to be uploaded into ERAS by September 1 st giving you time to react to problems. You should have already uploaded your CV and Personal Statement.
Early September (September 15, 2018)*	Submit ERAS application early (well prior to deadline). This includes your information (CV, PS), LoR's (personal and departmental), and you must apply to the programs that you choose.

Residency Application Timeline, Class of 2019

September 15th through July 1st

DATE	EVENT or TASK
Early September (September 15, 2017)*	Submit ERAS application early (well prior to deadline). NRMP opens for registration
September, 2017	Meet with advisor to prepare for interviews
	Register with the NRMP
October through January	Interviews. Frequently check your emails for interview offers and schedule interviews.
January 1 to January 31	NRMP Match Rank Order List opens
	If you like, discuss your rank list with your advisor
Late-January to February	Prepare final match list and submit it prior to the deadline*
February (normally mid-February)	NRMP Match Rank Order List deadline*
Mid-March*	<ul style="list-style-type: none"> Log in to the NRMP's R3 system on Monday of Match Week (the third week of March) to see whether you matched to a program. If you did not match contact your advisors, you may be eligible for the Supplemental Offer and Acceptance Program (SOAP) Participate in your Match Day Ceremony
April - June	<ul style="list-style-type: none"> Sign the contract with your residency program Prepare to start your residency training program (i.e. moving, credentialing)

*Projected dates – the NRMP has yet to publish dates
For the following academic year.

Frequently Asked Questions



- To how many programs should I apply?
- How do I know which programs are best for me? Should I perform an away elective?
- How many letters of recommendation do I need for a categorical, primary care, research track, or other track?
- What makes a good personal statement?

Trends in Applying to Internal Medicine Programs

Trend in number of applications received per program

