

September 1, 2022



President's Message: Dr. Jitendra Barmecha Progress Note:

Last month, President Joe Biden signed into law H.R. 5376, The Inflation Reduction Act of 2022 (IRA). This act aims to curb inflation by reducing the deficit, lowering prescription drug prices, and investing in domestic energy production while promoting clean energy. Arguably, it has made the most significant changes to U.S. prescription drug pricing ever by including:

- Government regulation, for the first time, of certain drug pricing through the Drug Price Negotiation Program under Medicare and whereby government must establish a “maximum fair price” for these certain drugs.
- A requirement for pharmaceutical manufacturers to pay rebates on drugs covered under Medicare Part B and Part D if they increase prices faster than the rate of inflation.
- A redesign of Medicare Part D outpatient prescription drug benefit that would cap beneficiary cost-sharing at \$2000/year.

At the state level, recent primary election results include Senator Gustavo Rivera (NYS Senate Health Committee Chair), who won the NY Democratic Party primary in the redrawn 33rd Senate District against Miguelina Camilo. [View all New York State primary results here!](#)

ACP has launched a new identity campaign designed to provide education about the breadth, depth, and diversity of the Internal Medicine profession, underscore the vital role of Internal Medicine physicians, and inform about the value “we” bring to health care. It emphasizes that internal medicine physicians are:

- Experts in complexity;
- Brilliant connectors for our patients and health care systems using our knowledge and expertise;
- The foundation of adult clinical care;
- Vital to both patients and other medical professionals; and
- Leaders in design and structure of the evolution of health care across the globe.

For updates, browse [ACP's website](#) and follow ACP on social media to engage in the conversation.



Visit the relaunched [Medicaid Prescriber Education Program \(MPEP\) website](#) and learn about the latest evidence-based home study program, [Outpatient Antibiotic Stewardship as a Tool to Curb Antibiotic Resistance](#). Upon completion of the program, participants will be better prepared to take action against the public health threat of antibiotic resistance.

Please join me for September National Health Observances: Healthy Aging, Women in Medicine, Food Safety & Education and Substance Use Recovery.

Let us save a day to honor you and your hard work. Enjoy your Labor Day!



Jitendra Barmecha, MD, MPH, FACP, SFHM
President

Interested in joining the NYACP Council Board? If you are a Master or Fellow of the College, continue reading...

New York Chapter ACP Call for Nominations!



What is a Councilor expected to do?

Governance - The Council is the formal decision-making body for all policy, service and fiscal decisions for the Chapter. Council members will attend three meetings of the Council/Board each year.

Communicate with Colleagues - The Council member, along with the District President, is the liaison between leadership and local NYACP members. It is the responsibility of the council member to communicate to local colleagues the many programs and services provided by the Chapter. The Councilor will provide feedback to the NYACP Council/Board on membership needs and emerging issues. All activities are supported by Chapter staff.

Promote Membership and Fellowship- Councilors are asked to become more involved in membership recruitment, retention and Advancement to ACP Fellowship.

Educational Planning - Councilors work with the District President to assist with local events, encourage member participation, and support the local internal medicine community.

7 open council seats - New Councilors will serve a three-year term on the Council/Board from April 2023-April 2026. [See Regional/District map.](#)

- Manhattan District Councilor
- Brooklyn/Queens/Staten Island Region Councilor-At-Large

- Staten Island District Councilor
- Long Island Region Councilor-At-Large
- Hudson Valley Central District Councilor
- Upstate Region Councilor-At-Large
- Suffolk District Councilor

[More Information](#)



Attention Early Career Physicians -Invitation to Join ACP's Guided Fellowship Program

Fellowship in the American College of Physicians is a mark of distinction that honors your achievements over and above the practice of medicine.

ACP's [Guided Fellowship Program](#) gives you the opportunity to gain the experience needed to attain the FACP credential over a 3-year timeframe, combined with personalized guidance and mentorship.

What's more, to thank you for your continued commitment to the College, the ACP Member Insurance Program will pay your program enrollment fee.

Check your mailbox in the coming weeks for a mailing that includes more details about the program, or [learn more now and apply online](#). Application deadline is November 15, 2022.

Please note that your membership must be renewed through June 30, 2023, before you enroll in the ACP Guided Fellowship Program.

Be sure to sign up for the [Chapter's Advancement to Fellowship Webinar](#) on Wednesday, September 14th at 6pm.

If you have any questions, please call ACP at 800-ACP-1915 or 215-351-2600 (M–F, 9:00 a.m. –5 p.m. ET), or [e-mail ACP](#)

Help your Medicaid patients keep their coverage

Medicaid continuous coverage protections are set to expire soon after the COVID-19 Public Health Emergency ends, and your patients may need to renew their coverage. You can help your patients determine if they still qualify for coverage by encouraging them to:



Update their contact information: Your patients should make sure their Medicaid or CHIP program has their current address, phone number, email, and other contact information.

Check the mail: Your patients should check their mail for letters from their Medicaid or CHIP program about their coverage.

Visit [Medicaid.gov/renewals](https://www.Medicaid.gov/renewals) or call their Medicaid program: Your patients can visit the Medicaid website or call their Medicaid office to update their information or ask for help.

This CMS toolkit has important information to help inform people with Medicaid or CHIP about steps they need to take to renew their coverage: [Medicaid and CHIP Continuous Enrollment Unwinding: A Communications Toolkit](#)

2023 Herbert S. Waxman Chief Resident Teaching Scholarship

Respond by: Friday, September 23, 2022



All chief residents who are members of ACP are eligible to apply for a Herbert S. Waxman Chief Resident Teaching Scholarship. Waxman Scholars assist with teaching popular workshops under the guidance and mentorship of expert faculty in the Clinical Skills Center at ACP's Internal Medicine Meeting. The scholarship includes the cost of meeting registration, travel, and accommodations for the ACP Internal Medicine Meeting 2023 which will be held April 27 – 30 in San Diego, CA.

This is an opportunity for chief resident members to build their CVs and to gain valuable faculty workshop experience. The submission deadline for applications is **September 23, 2022**. Don't miss the chance to promote this valuable experience to your chapter's chief residents.

Please share this [application link](#) and note that the application is only viewable to paid chief resident members.

If you have any questions, please contact chiefresidents@acponline.org.

Residents/Fellow and Medical Students:

Call For Abstracts!

Deadline to submit is September 9, 2022 at 5 pm



There is one week left to submit your abstract for the NYACP Fall Poster Competition. The competition will be in person during NYACP's Annual

Scientific Meeting on Saturday, November 5th at the Westchester Marriott Hotel in Tarrytown, NY.

[Detailed Information](#)

Are you interested in becoming an online abstract reviewer or in-person poster judge? Please contact Karen LaBello at klabello@nyacp.org for additional information.

[Upcoming Events](#)

Hosted by the Chapter's Early Career Physicians Committee
Advancement to Fellowship Webinar (FACP)
Wednesday, September 14 / 6:00 - 7:00 pm

Are you interested in becoming an ACP Fellow? New York Chapter ACP invites you to join us for an exclusive Fellowship informational session facilitated by John Hall, MD, FACP, NYACP Governor for the Upstate Region. Dr. Hall will review the meaning of Fellowship, the requirements for attaining your FACP® designation and navigating the application process.



Learn more about ACP Fellowship by visiting [ACP Online](#).

Facilitated by: John Hall, MD, FACP
NYACP Governor, Upstate Region

[REGISTER HERE](#)

District Event: Long Island Region Meetup
September 22 / 6:00 pm
1 Delaware Drive
Lake Success, NY 11040

The NYACP Long Island Region leaders are excited to announce a return to in-person district events! We invite you to meet, mingle, and lift each other up.



Networking and Growth Opportunities

Come to make connections, learn from colleagues and leaders, and find opportunities for personal and professional growth.

Open to All

This meetup is open to members and non-members. We encourage you to share information about this event with friends, colleagues, residents, and medical students!

Community Service

Bring a canned/dry food item for donation to the Harry Chapin Food Bank/Long Island Cares.

Family Friendly

A coloring and homework station for kids!

[REGISTER HERE](#)

Small Feedings of the Soul: Readings and Reflections **September 22 / 7:00 - 8:15 pm**

You're in for a treat! This month, NYACP is thrilled to welcome back Michael LaCombe, MD, MACP, associate editor for the Annals of Internal Medicine, and a captivating writer and presenter. Come for discussion, camaraderie, reflection, and to meet Dr. LaCombe! Please note that this event is not recorded. This session will be 75 minutes.



September's theme:

Life's Lessons

Readings and Guest Authors:

Dr. Michael LaCombe returns to Small Feedings of the Soul to share a piece written for an invited talk at a Virginia school where the assignment was to include what advice you would give if you were facing death. The element of surprise is an important part of this piece, so it will be shared by the author on the night of the event.

Facilitated by: Lynn Cleary, MD, MACP

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[REGISTER HERE](#)

Wisdom and Well Being: Making Healthcare Work Better for Physicians and Patients Series

Session 4: Prioritizing Physician Trainee Mental Health: Recognizing and Navigating Mental Health Crisis **Wednesday, September 28 / 6:00 - 7:00 pm**



Faculty: Cori Salvit, MD, FACP & Chanchal Sharma, PsyD

Objectives:

1. Recognize the signs of psychological distress in medical trainees.
2. Understand how to manage a mental health crisis of a trainee through review of protocol and helpful tips.
3. Identify mental health supports and resources for trainees.

[REGISTER HERE](#)

Session 5: Tx Relax: Mindfulness and Self-Compassion in Clinical Practice **Thursday, October 13 / 6:00 - 7:00 pm**

Faculty: Shelly Latte-Noar, MD

Every day, we are facing a clinical situation in which we may not be able to offer full alleviation to some of our patients. Patients with symptoms of chronic back pain, fibromyalgia, IBS, menopause, insomnia and others may have unmet symptom needs. There are non-pharmacologic approaches that have robust evidence of improving functioning and reducing symptom burden for these and other conditions: mindfulness-based practices. These are practices that have also proven valuable in addressing clinician burnout. In this lecture, we will separate the hype from what we know about mindfulness-based interventions and related practices such as self-compassion. We will learn when and how these practices can be applied clinically and personally.

[INFORMATION AND REGISTRATION](#)

Dietary and Lifestyle Strategies for Cardiovascular Risk Reduction

October 14 / 7:30 am - 2:30 pm
NYU Langone Health and Live Stream



Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.

This half-day course focuses on strategies to reduce risk for cardiovascular disease and related comorbidities through lifestyle and dietary approaches. The course will provide evidence for the association between diet and cardiovascular disease, highlighting new clinical and scientific data. This annual course provides attendees with the latest information to help their patients achieve optimal health through exercise, diet, and integrative medicine strategies.

The NYU Grossman School of Medicine designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

[INFORMATION AND REGISTRATION](#)

Society of Hospital Medicine, in collaboration with NYACP, is proud to sponsor the:

**17th Annual Mid-Atlantic Hospital Medicine Symposium
Mastering the Care of the Hospitalized Patient
Friday & Saturday, October 21-22 / 7:30 AM**

Hess Center for Science and Medicine
Davis Auditorium and Seminar Rooms, New York, NY



Hospitalists stepped up and helped lead their hospitals through the pandemic and now they can re-focus on the core conditions in Hospital Medicine.

[PROGRAM BROCHURE](#)

[REGISTER HERE](#)

**Small Feedings of the Soul: Readings and Reflections
Wednesday, October 26 / 7:00 - 8:00 PM**

Explore the practice of medicine through shared experiences! Come for discussion, camaraderie, and to meet authors of select pieces from 'On Being A Doctor'.



Please note that this event is not recorded.

October's theme:

Coming soon!

Readings and Guest Authors:

Coming soon!

Facilitated by: Alexandra Goodman, MD (*co-founder of Women in Residency Life at SUNY Upstate Medical University*)

Program Directors: Nandini Anandu, MD, FACP, Lynn Cleary, MD, MACP, and Cori Salvit, MD, FACP

[REGISTER HERE](#)

**Introduction to Point of Care Ultrasound - an interactive course
The course is limited to the first 50 registrants - Sign Up Today!
Friday, November 4 / 8:00 am - 5:00 pm**

**Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591**

The New York Chapter is pleased to present an interactive Introduction to POCUS Course. At the end of the course, the learner will have an introductory ability to use bedside ultrasound. Specifically, the learner will be able to: Understand ultrasound physics, machine controls, and probe selection to obtain optimal ultrasound images; Demonstrate normal lung, cardiac, abdominal, and vascular exams; Interpret normal ultrasound images; Interpret common abnormalities noted on lung, cardiac, abdominal, and vascular exams.



[NYACP Point of Care Ultrasound Course](#)

[REGISTER HERE](#)

Register Today!

2022 NYACP Annual Scientific Meeting

Saturday, November 5 / 8:00 am

Join us as we return to an in-person meeting format!

**Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591**



[Registration Open](#)
[Exhibitor Prospectus](#)
[Schedule & Information](#)

Thank you to our Gold Sponsor!



**Irwin D. Mandel Advances in
Cardiovascular Risk Reduction:
Improving Treatment for Patients with Diabetes**
December 1 / 7:45 am - 5:00 pm
NYU Langone Health and Live Stream



Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.

This one-day course will cover state-of-the-art management of patients with cardiovascular risk factors, with a focus on prevention. The morning session will highlight the latest scientific and clinical advances in the management of diabetes, including evidence-based strategies to reduce cardiovascular risk in diabetic patients and best practices in the care of hospitalized patients with diabetes.

INFORMATION AND REGISTRATION

Newly Scheduled Webinar!

Home and Skilled Nursing Facility: Post-Operative Care of Older Adults

Jointly provided by NYMDA and the NYACP Geriatrics Task Force

February 9, 2023 / 7:00 - 8:00 pm



This one-hour session will cover Home and Skilled Nursing Facility post-op care for older adults. Themes will include how to address common complications within this patient population, telehealth, financing care, and caregiving.

[REGISTER HERE](#)
