

September 29, 2022



President's Message: Dr. Jitendra Barmecha
Progress Note:

I.M – Internal Medicine is the foundation of Clinical Health. Internal Medicine physicians are experts, dot connectors, and they provide the foundation of clinical care. Recently, [ACP Launched a New Identity Campaign Celebrating the Depth and Diversity of Internal Medicine Physicians.](#)



Also of interest is the [AMA's Digital Health Research](#) that includes a survey of 1,300 physicians, in three regular intervals between 2016 and 2022, for the purpose of investigating physician motivations and requirements for integrating digital health tools into their practices. According to the physician survey, the following adoption trends are helping to propel the digital transformation of health care:

- The percentage of physicians who feel digital health tools are an advantage for patient care grew from 85% in 2016 to 93% in 2022
- Improved clinical outcomes and work efficiency are the top factors influencing physician interest in digital health tools. The ability to help reduce stress and burnout has also gained importance as a key driver of digital tool adoption. Liability coverage remains the most important requirement for physician adoption of digital health tools and is followed by integration with their EHR and assurances for data privacy.
- The percentage of physicians using tele-visits/virtual visits grew from 14% in 2016 to 80% in 2022, while the percentage of physicians using remote monitoring devices grew from 12% in 2016 to 30% in 2022.

[ACP's Career Connection Virtual Career Fair](#) is being held on October 27, 6-9 p.m. EDT, and it's FREE to attend. Whether you will be completing your residency, fellowship, or have been a practicing physician for many years, this event is for you. Chat with experts about your CV and/or immigration questions and check out job opportunities available within the US.

ACP supported [National Physician Suicide Awareness Day](#) on September 17th, and ACP is an official sponsor of the Council of Residency Directors in Emergency Medicine's (CORD) effort to help spread awareness about the issue of physician suicide. The CORD led a collaborative effort with ACP, and other professional organizations, to encourage grassroots activities around National Physician Suicide

Awareness Day (NPSA). The theme of NPSA is "Vision Zero," a call to action to break down stigma, raise awareness, and support each other to reach zero physician suicides.

Lastly, our hearts go out to the people of Puerto Rico, who have endured so much suffering following the recent category 4 hurricane named Fiona. If you wish to donate, please follow the link: [Organizing Resilience, a project by Amalgamated Charitable Foundation Inc. — Donate via AB Charities \(actblue.com\)](#)

Stay safe and please do not forget to get COVID 19 bivalent booster and Influenza vaccines!



Jitendra Barmechea, MD, MPH, FACP, SFHM
President

Long Island's Meet-Up: A Return of the In-Person Regional Events!

Last week, Chapter leaders from the Long Island Region welcomed members, and their families, for NYACP's first in-person regional event in over two years! Members expressed sincere appreciation for the opportunity to network and brainstorm with peers. Attendees also brought donations with them, and these food items were contributed to the Long Island Cares Harry Chapin Food Bank.



NYACP District Presidents are in the process of planning future events! Keep an eye on email, social media, IM Connected and the [Chapter's Upcoming Events](#) page for a virtual or in-person meeting to be held locally within your District!

[List of NYACP Leaders by Region](#)



Saturday, November 5, 2022
8:00 am- 4:15 pm

Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591

Have you registered for the Chapter's Scientific meeting yet?

Don't miss out on:

- Outstanding plenary speaker and panel presentations on timely topics including: Updates on cancer screening, Post-Acute COVID Treatment, Lyme Disease, Cardiac Risk Reduction and much more!
- A chance to congratulate our Laureate Winners:
 - Inderpal Chhabra, MD, FACP
 - TS Dharmarajan, MD, MACP
 - Tina Dobsevage, MD, FACP
 - Moro Salifu, MD, MACP
- Poster competition from our Resident/Fellow and Medical Student Members
- Exhibitor Visits
- [An Introduction to POCUS pre-course - Friday, November 4th](#)

[Registration Here](#)

[Overnight Accommodation Reservation Link](#)

[Schedule & Information](#)

Legislative Update



For FY 2022-23, a \$220 billion state budget was enacted by Governor Hochul and the NYS Legislature. The budget included a significant number of health care related issues of importance and priority to the Chapter:

- Telehealth pay parity
- Extension of the Excess Medical Malpractice Insurance Program
- An increase in DANY funding
- An increase in Medicaid payments

During the 2022 legislative session, a variety of bills, closely monitored and acted upon by NYACP, passed the Assembly and Senate and are now awaiting action by the Governor. Members are encouraged to send a [quick note to the Governor](#) in **support** of any or all of these issues:

- A.2085-A/S.906-B – requires health insurers to cover recommended colorectal cancer screening tests, including colonoscopies, for patients starting at the age of 45.
- A.1741-A/S.5299-A – allows patients to use copay cards or coupons toward meeting their insurance plan deductible. *This was a priority issue for NYACP's May 2022 Annual Advocacy Day.*
- A.879/S.8113 – prohibits health insurers from denying a claim or prior authorization request for patient care unless the reviewing physician is board certified or board eligible and within the same or similar specialty as the physician. In addition, the reviewing physician must be a NYS licensed physician.

- A.3276/S5909 – for prescription medication in mental health conditions, this bill prevents health insurers from imposing step therapy (fail first protocols). *NYACP remains committed to supporting step therapy.*
- A.7889-A/S.4486-B – protects health care providers who are audited by the Office of the Medicaid Inspector General (OMIG) with additional due process protections. *Earlier this year, NYACP was active in addressing this legislation by signing on to a joint letter with MSSNY and various other NYS medical and specialty societies.*

Wrongful Death Campaign

Of critical importance, physicians must contact the [Governor's office](#) to express **strong opposition** to the wrongful death liability expansion proposal (A.6770/S.74-A). After many years of pending in the legislature, this bill passed the Assembly and Senate this year. If enacted, physicians would face a significant increase in medical liability premiums. This legislation would:

- Expand non-economic damages to include grief and anguish and “disorders caused by such grief or anguish,” among other damages
- Expand, with no limit, the universe of individuals who may recover damages to include the undefined/unclear term of “close family members”
- Nearly double the statute of limitations for wrongful death actions from 2 to 3.5 years.

NYACP is working with MLMIC and MSSNY on a campaign to defeat this legislation from becoming law. More information on this issue, including a Member Call-To-action from the Chapter, will be forthcoming.

Forty-Seven Professional Organizations Attend the Second Summit on Firearm Injury Prevention

In response to the rising rates of firearm violence occurring throughout the U.S., ACP co-hosted the second Medical Summit on Firearm Injury Prevention in Chicago. During the weekend of September 10-11, representatives from 47 multidisciplinary medical and injury prevention professional organizations resumed their conversation on forming firearm violence prevention strategies using a public health approach. Dr. Sue S. Bornstein, MD, FACP, Chair, Board of Regents attended the summit as a representative of ACP.



“The American College of Physicians is proud to be part of this collaborative effort to confront the scourge of firearm injuries and deaths. Along with our colleagues, we see the effects of this public health epidemic in our communities every day, both inside and outside of the exam room,” said Sue S. Bornstein, MD, FACP, Chair, Board of Regents, ACP. “The medical community joining together in these efforts signals the magnitude of this problem.”

A primary outcome of the second Summit was a commitment from all participating organizations to work together to make firearm ownership as safe as possible and address the root causes of violence

in our communities. ACP envisions a longitudinal and sustained engagement among the participating professional organizations to continue this work.

ACP Medical Educators Resources

ACP's [Medical Educators Brochure](#) is now available on [ACP's Website](#). Browse the newly updated interactive catalog for in-depth details about ACP's resources and tips for using them in your institution.



From clerkship rotations and conferences to exam prep and faculty development, ACP is here to help. Brochure content:

- Identify Learning Gaps
- Enhance Your Curriculum
- Prepare Trainees for Exams
- Demonstrate Scholarship and Enhance Your CV
- ACP Publications to Enhance Your Instruction
- Refine Clinical Teaching Pearls
- Support for Medical Education Programs
- Customized Communications for Residents and Medical Students

Classified Ad - Job Postings #1:

**NYSDOH: Community Health Program Manager 3
Albany, NY**



Preferred Qualifications: The preferred candidate should have work experience related to the management of a large, multi-faceted, statewide public health program with a strong understanding of state and federal government management processes and fiscal management. Excellent communication, analytical and organizational skills and a strong command of technology solutions is critical.

[Read More](#)

Classified Ad - Job Postings #2:

NYACP District Relations Liaison and Meetings Specialist



NYACP is looking for an experienced association professional to join our remote workforce team in New York. This is a full-time position with some travel required. Meeting and events experience, along with strong organizational, technology, communication and writing skills are REQUIRED ... non-profit experience a plus.

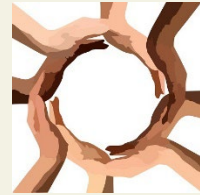
[Read More](#)

[Upcoming Events](#)

IMG Seminar

Sunday, October 9 / 9:30 am - 11:00 am / Zoom Meeting

- Forum with Ethnic Medical Associations
- Resources for IMGs
- How to Ace an Interview for a Residency- Speaker Panel



[FULL DETAILS](#)

[REGISTER HERE](#)

Wisdom and Well Being: Making Healthcare Work Better for Physicians and Patients Series

Session 5: Tx Relax: Mindfulness and Self-Compassion in Clinical Practice

Thursday, October 13 / 6:00 - 7:00 pm / Zoom Meeting

Faculty: Shelly Latte-Noar, MD

Every day, we are facing a clinical situation in which we may not be able to offer full alleviation to some of our patients. Patients with symptoms of chronic back pain, fibromyalgia, IBS, menopause, insomnia and others may have unmet symptom needs. There are non-pharmacologic approaches that have robust evidence of improving functioning and reducing symptom burden for these and other conditions: mindfulness-based practices. These are practices that have also proven valuable in addressing clinician burnout. In this lecture, we will separate the hype from what we know about mindfulness-based interventions and related practices such as self-compassion. We will learn when and how these practices can be applied clinically and personally.

[INFORMATION AND REGISTRATION](#)

Dietary and Lifestyle Strategies for Cardiovascular Risk Reduction

October 14 / 7:30 am - 2:30 pm

NYU Langone Health and Live Stream

Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.



This half-day course focuses on strategies to reduce risk for cardiovascular disease and related comorbidities through lifestyle and dietary approaches. The course will provide evidence for the association between diet and cardiovascular disease, highlighting new clinical and scientific data. This

annual course provides attendees with the latest information to help their patients achieve optimal health through exercise, diet, and integrative medicine strategies.

The NYU Grossman School of Medicine designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

INFORMATION AND REGISTRATION

Aging in Place (Part 1): Managing the Risks of Elderly Patients in the Home Setting

Tuesday, October 18 / 7:00 - 8:00 pm / Zoom Meeting

Earn up to 1.0 PRA Category 1 Credit™.

Jointly provided by MLMIC and the New York Chapter American College of Physicians.



Join us on October 18th as a panel of physician and legal experts discuss the complexities of caring for elderly patients in the home setting, address the liability risks associated with this care environment, and offer strategies to mitigate the risks associated with caring for the patient aging in place.

[FULL DETAILS](#)
[REGISTER HERE](#)
[FLYER](#)

Society of Hospital Medicine, in collaboration with NYACP, is proud to sponsor the:

17th Annual Mid-Atlantic Hospital Medicine Symposium

Mastering the Care of the Hospitalized Patient

Friday & Saturday, October 21-22 / 7:30 AM

Hess Center for Science and Medicine

Davis Auditorium and Seminar Rooms, New York, NY



Hospitalists stepped up and helped lead their hospitals through the pandemic and now they can re-focus on the core conditions in Hospital Medicine.

[PROGRAM BROCHURE](#)

[REGISTER HERE](#)

Aging in Place (Part 2): Managing the Risks of Elderly Patients in the Home Setting

Tuesday, October 25 / 7:00 - 8:00 pm / Zoom Meeting



Earn up to 1.0 PRA Category 1 Credit™.

Jointly provided by MLMIC and the New York Chapter American College of Physicians.

[FULL DETAILS](#)
[REGISTER HERE](#)
[FLYER](#)

Introduction to Point of Care Ultrasound - *an interactive course*
The course is limited to the first 50 registrants - Sign Up Today!
Friday, November 4 / 8:00 am - 5:00 pm



Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591

The New York Chapter is pleased to present an interactive Introduction to POCUS Course. At the end of the course, the learner will have an introductory ability to use bedside ultrasound. Specifically, the learner will be able to: Understand ultrasound physics, machine controls, and probe selection to obtain optimal ultrasound images; Demonstrate normal lung, cardiac, abdominal, and vascular exams; Interpret normal ultrasound images; Interpret common abnormalities noted on lung, cardiac, abdominal, and vascular exams.

[NYACP Point of Care Ultrasound Course](#)

[REGISTER HERE](#)

Register Today!

2022 NYACP Annual Scientific Meeting
Saturday, November 5 / 8:00 am

Join us as we return to an in-person meeting format!

Westchester Marriott
670 White Plains Rd
Tarrytown, NY 10591



[Registration Open](#)

[Exhibitor Prospectus](#)

[Schedule & Information](#)

Thank you to our Gold Sponsors



**Irwin D. Mandel Advances in Cardiovascular Risk Reduction:
Improving Treatment for Patients with Diabetes**

December 1 / 7:45 am - 5:00 pm

NYU Langone Health and Live Stream

Jointly provided by the NYU Grossman School of Medicine and the New York Chapter American College of Physicians.



This one-day course will cover state-of-the-art management of patients with cardiovascular risk factors, with a focus on prevention. The morning session will highlight the latest scientific and clinical advances in the management of diabetes, including evidence-based strategies to reduce cardiovascular risk in diabetic patients and best practices in the care of hospitalized patients with diabetes.

INFORMATION AND REGISTRATION

Home and Skilled Nursing Facility: Post-Operative Care of Older Adults

February 9, 2023 / 7:00 - 8:00 pm / Zoom Meeting

Jointly provided by NYMDA and the NYACP Geriatrics Task Force



This one-hour session will cover Home and Skilled Nursing Facility post-op care for older adults. Themes will include how to address common complications within this patient population, telehealth, financing care, and caregiving.

REGISTER HERE

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