Dr. Otis Gowdy, Jr., is a 1995 graduate of Xavier University of Louisiana. He received his medical degree from University of South Alabama in 1999. He completed his residency training in internal medicine and nephrology fellowship from the University of Mississippi Medical Center in 2002 and 2005 respectively. Dr. Gowdy received his MBA from Auburn University in 2012. He is a member of the National Medical Association, the American Medical Association, and the American Society of Nephrology. He is a former member of the Fresenius Medical Care Advisory Board. He resides in Meridian, MS where he practices nephrology and medicine at the Internal Medicine Clinic and serves on the executive committee for the clinic. He is a former Chief of Staff at Anderson Regional Medical Center in Meridian. He also served as president of the advisory board for the Mississippi Children's Museum-Meridian. Dr. Gowdy serves as the chair of the city planning commission. He serves on the Meridian Museum of Art board, and on the Aldersgate board. He is the former Mississippi Governor for the American College of Physicians. Over the last three years, Dr. Gowdy has been working to restore the historic Holbrook Building in downtown Meridian which served as a cultural, educational and economic hub in the African American business district.