

## SHELLY LATTE-NAOR, MD

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Dr. Shelly Latte-Naor is an Integrative Medicine Physician. Her area of expertise lies in Mind-Body Medicine for stress management and resilience building. In her clinic, she practices Integrative Medicine to support cancer patients during cancer treatment and survivorship. She helps cancer patients and survivors with the evidence-based use of complementary methods, in order to optimize adherence to treatment, minimize adverse effects and improve quality of life. Her research interests lie in evaluating Mind-Body modalities in group settings and optimizing their efficiency in the cancer population. As a Berlin native, Dr. Latte-Naor obtained her medical degree at the Charité Berlin, then went on completing her Internal Medicine residency training at Albert Einstein Medical Center and her Infectious Disease fellowship at Mount Sinai St. Luke's and Mount Sinai West. She has decade-long practice in Mindfulness Meditation and is trained to teach Mindfulness Based Stress Reduction and Cognitive Behavioral Therapy for Insomnia. She is a graduate of the Fellowship for Integrative Medicine at the University of Arizona.

