

December 11, 2017

Education



Regional MOC Sessions Are Back!

Earn up to 10 ABIM MOC points and 10 CME Credits™ per topic!

NYACP is hosting MOC sessions at four locations throughout New York in Early 2018.

SAVE-THE-DATE and register for the events below!

Fishkill, NY (Hudson Valley Central District) - Saturday, January 20, 2018

Ramada Conference Center, Kristopher Room, 542 Route 9, Fishkill NY 12524

2017 Update in Hospice and Palliative Medicine: *Daniel Pomerantz, MD, FACP (8:00am-10:00am)*

2017 Update in Geriatrics: *T.S. Dharmarajan, MD, MACP (10:30am-12:30pm)*

[Online Registration](#)

Bronx District - Saturday, February 3, 2018

St. Barnabas Hospital Auditorium, 4422 Third Ave, Bronx, NY 10457

2017 Update in Hospital Medicine: *Jitendra Barmecha, MD, FACP (8:00am-10:00am)*

2017 Update in Hospice and Palliative Medicine: *Daniel Pomerantz, MD, FACP (10:30am-12:30pm)*

[Online Registration](#)

Staten Island District - Wednesday, March 7, 2018

Regina McGinn Medical Center, 475 Seaview Ave, Staten Island, NY 10305

2017 Update in Geriatric Medicine: *Donna Seminara, MD, FACP and Anita Szerszen, MD, FACP (6:00pm-8:00pm)*

[Online Registration](#)

Buffalo District - Saturday, March 31, 2018

Buffalo Garden Hilton, 4201 Genesee Street, Buffalo, NY 14225

2017 Update in Internal Medicine: *Ed Stehlik, MD, FACP (8:00am-10:00am)*

2017 Update in Geriatric Medicine: *Leslie Algase, MD, FACP (10:30am-*

12:30pm)

[Online Registration](#)

[Event Flyer / Fax Registration](#)

Mark Your Calendar!

NYACP Scientific Meeting Saturday, June 2, 2018

Make plans now to join us at the next Annual Scientific Meeting of the New York Chapter of the American College of Physicians on Saturday, June 2, 2018 at the Westchester Hilton Hotel in Rye Brook, New York.

Take advantage of the Chapter's rich resources in knowledge and networking by attending our premier meeting for all Internists (general and subspecialty), as well as residents and medical students. This one-day program offers something for everyone – you can earn up to **7.5 CME Credits**, along with viewing the outstanding posters by our Resident and Medical Student Members. You can also earn up to **30 MOC points** if you register for the SEP Breakout sessions.

The complete program agenda and registration information can be found here: [NYACP Scientific Meeting](#)

Call for Papers: 2018 Poster Competition - Online Forms are Now Available!

Do you want your winning abstract to be featured in a future NYACP Newsletter?

The next NYACP poster competition takes place at the Annual Scientific Meeting on Saturday, June 2, 2018 at the Westchester Hilton Hotel in Rye Brook, New York. If you have worked on a research project or have an interesting clinical case, submit your abstract!

Separate poster competitions for residents and medical students will be held for entries in the following categories:

- Research
- Clinical Vignette

Residents/Fellows and Medical Students will be combined in the following category:

- Quality, Advocacy and Public Policy Category

If your abstract is chosen during the preliminary judging phase, you will be invited to present your poster at the NYACP Scientific Meeting on Saturday, June 2, 2018 at the

Hilton Westchester Hotel. **Deadline to submit abstracts is Friday, March 2, 2018.**

[To find out more please click here.](#)

Chapter Highlights the Winning Abstracts from the Chapter's October 28th Poster Competition

(This is the second in a series of four poster competition highlights)

Winner: Medical Student Clinical Vignette

CHELIDONIUM MAJUS INTOXICATION: A RARE CAUSE OF HEPATOTOXICITY

Author: Muhammad Yaasen Bhutta, SUNY Downstate Medical Center

Additional Authors: Maria Correa MD, Manjeet Bhamra, MD, Paul No BSc, Jihae Lee MD, Latif Salam MD



Complementary and alternative medicine (CAM) has become increasingly popular amongst Americans for the past decade. Although many "natural" products seem harmless, there is little awareness about the rare, but serious adverse effects. *Chelidonium majus*, (Greater Celandine) from the poppy (Papaveraceae) family is used externally for skin conditions (warts, eczema) or internally for gastric and biliary disorders. It has a rare yet known cause of herb induced liver injury (HILI) causing typical symptoms and signs of cholestatic hepatitis.

A 54-year-old female of Eastern European descent presented with sudden onset jaundice and abdominal discomfort 6 days prior. She had no medical conditions or drug allergies other than chronic rash on her back for 7 years. She denied any medication use, alcohol or substance abuse, or exposure to hepatitis viruses. Physical examination revealed marked jaundice, scleral icterus, and tenderness of the right upper quadrant without rebound or guarding and an enlarged liver on palpation. Her laboratory work-up showed significantly elevated liver enzymes with alanine aminotransferase (ALT) of 1247 IU/L, aspartate aminotransferase (AST) of 894 IU/L, total bilirubin of 8.6 mg/dL, alkaline phosphatase (ALP) of 190 IU/L. Labs confirmed an absence of acetaminophen and alcohol in the blood and a negative hepatitis panel. Common causes of liver diseases including autoimmune hepatitis were ruled out with negative antinuclear antibody, anti-smooth muscle antibody and urine porphobilinogen tests. Ultrasound examination showed mild hepatomegaly with no evidence of focal hepatic mass. Gallbladder findings were suggestive of adenomyomatosis of the gallbladder, a benign condition that would not lead to the findings in our patient. Upon detailed questioning, patient admitted to drinking *Chelidonium* tea daily for two months prior to presentation to treat her chronic rash. Intake of *Chelidonium* was discontinued immediately and she was treated with N acetyl-cysteine (NAC) for 4 days. Symptoms of abdominal discomfort and jaundice improved with treatment. Upon discharge, ALT and AST levels had decreased to 984 IU/L and 607 IU/L, respectively.

Using the Naranjo Drug Reaction Probability Scale in Drug Induced Liver Injury, a score of 7 was calculated which was consistent with a PROBABLE interaction as there was a temporal relationship to a substance with known toxicity in the literature that improved upon withdrawal and which could not be explained by other causes.

Our case provides another significant source of causality between the oral use of *Chelidonium* with HILI. It raises concern as *Chelidonium* is legally sold in the United

States with little oversight on the potential risks involved with its consumption. Prescribers and customers should be made aware of risks involved in herbal remedies. As there is no diagnostic means for herbal-related toxic hepatitis, clinicians should always inquire about alternative remedies especially when there is liver damage of unknown etiology.

Medical Students: How to Survive Post-Match

Although you may be very busy preparing for the Match right now, remember that once it is over, you will still have significant time remaining in medical school.

Here are 5 things to think about to make the most of your fourth year experience:

1. Avoid the temptation to make the transition to residency too quickly. Minimizing your participation in school activities diminishes your own learning and experience.
2. Once you have successfully matched, enjoy your newfound opportunity to put your knowledge into practice. With your classwork is behind you, focus on developing your skills as a medical professional.
3. It isn't necessary to focus only on internal medicine content at the expense of participating in other unique learning experiences offered by your school.
4. Take advantage of electives and rotations that may broaden your skill set and enrich your abilities as a physician.
5. Be a leader by sharing the knowledge and experiences you've gained with other students in your school.

Taking advantage of the freedom and your accumulated wisdom during your fourth year will help make you a better physician.

Learn more about how to make the most of your fourth year at [ACP Online](#).

Practice Management

ACP and CDC Issue Recommendations for Hepatitis B Screening, Vaccination, and Care



ACP and the CDC have released an ACP High Value Care Task Force [paper](#) to present best practices for hepatitis B vaccination, screening, and linkage to care. Reducing chronic hepatitis B infections by screening at-risk adults, increasing hepatitis B vaccination rates, and linking infected persons to care is a public health priority, ACP and the CDC advise. An excerpt:

Best Practice Advice 1:

Clinicians should vaccinate against hepatitis B virus (HBV) in all unvaccinated adults (including pregnant women) at risk for infection due to sexual, percutaneous, or mucosal exposure; health care and public safety workers at risk for blood exposure; adults with chronic liver disease, end-stage renal disease (including hemodialysis patients), or HIV infection; travelers to HBV-endemic regions; and adults seeking protection from HBV infection.

[To read the rest of the paper, please click here.](#)

High Value Care: Complete CME and MOC Requirements at Home from the ACP Online Learning Center!

HVC cases aim to improve health, avoid harms, and eliminate wasteful practice and can be completed in 30 to 60 minutes on your computer, tablet, or smart phone. You can review the clinical cases online, answer the associated questions, and read through critiques, as well as download take-home tools that will help you incorporate HVC principles into your practice. Both adult and pediatric cases are available.

Topics covered include:

- High Value Hospitalization
- High Value Quality Improvement
- Overcoming Barriers to High Value Care
- Preventative Care and Value
- Eliminating Health Care Waste and Over-ordering of Tests

Don't Delay! 2018 is right around the corner! [Find out More About ACP High Value Care here.](#)

Attention All Physicians Who Treat Workers' Compensation Patients: Health Provider Registration is Now Open



The Workers' Compensation Board has initiated a registration process to update the list of medical providers who are authorized to treat injured workers. The updated list will ensure that an injured worker can easily identify Board authorized providers.

Authorized providers are required to register by January 15, 2018. Providers who have not registered by the deadline will:

- Be removed from the public directory of authorized providers
- Become ineligible for the Board's disputed bill process.

The up-to-date list will ensure that an injured worker can easily identify Board authorized providers.

How to Register

The Board is using the existing New York State Health Commerce System (HCS) for the registration process and future updates to your registration information. You will need to create an HCS account if you do not already have one. Information on creating an account can be found on the New York State Department of Health website: <https://apps.health.ny.gov/pub/top.html>.

How to Access the Registration Form (for existing HCS Users)

[Please use this link to a .pdf of Health Provider Registration Instructions](#)

Complete the Registration Form

Complete your registration, be sure to click the Save All, Review & Submit and Submit to DOH buttons. This will ensure you are found on the public directory of authorized providers and remain eligible for the Board's disputed medical bill process.

If you are registering multiple providers on their behalf, do not close the PERDS application after you register the first provider. For each subsequent provider:

1. Select the *Home* tab located at the top left of the page (next to the Data Entry tab).
2. Follow steps 7-10 in the How to Access the Registration Form section.
3. Follow steps 1-5 described above in the Search Entity (Validation of Information) section.

If you do not have computer access to complete the registration online, you may request a paper copy be mailed to you by contacting the NYS Workers' Compensation Board Medical Director's Office at (800)-781-2362, option 6.

Questions?

For instructions that include screen shots of the registration process, please email wbccustomersupport@wcb.ny.gov with the subject "Provider Registration Instructions."

If you have general questions regarding health care provider registration, please contact the NYS Workers' Compensation Board Medical Director's Office at (800)-781-2362, option 6.

CMS Now Offers Accredited CME Courses Online for the Quality Payment Program

Two new accredited online courses are now available from CMS:



A new Quality Payment Program 2017: Merit-Based Incentive Payment System (MIPS) Advancing Care Information (ACI) Performance Category Web-Based Training (WBT) course is available through the MLN LMS. Learn about:

- Base, performance, and bonus score reporting requirements for
- Advancing Care Information performance category of the Merit-based Incentive Payment System (MIPS)
- Identify the two Advancing Care Information performance category measure sets available for the 2017 transition year that vary depending on the edition of Certified Electronic Health Record Technology
- Identify the scoring and reweighting methodology for the Advancing Care Information performance category

This course is the seventh course in an evolving curriculum on the Quality Payment Program, where participants will gain knowledge and insight on the program all while earning valuable continuing education credit.

The Centers for Medicare & Medicaid Services designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Credit for this

course expires August 1, 2020. *AMA PRA Category 1 Credit™* is a trademark of the American Medical Association.

A second new course, Quality Payment Program: Merit-Based Incentive Payment System Participation in 2017 Web-Based Training (WBT) course, is also available through the MLN LMS. Learn about:

- Participation in the 2017 Quality Payment Program Merit-based Incentive Payment System (MIPS), including recognizing who is a MIPS eligible clinician and who is exempt for 2017
- Pick Your Pace options and the difference between individual and group reporting
- Data submission methods, available resources, and where to go for help with the Quality Payment Program

This course is the eighth course in an evolving curriculum on the Quality Payment Program. Keep checking back with us for updates on new courses. First time participants will need to register for the MLN Learning Management System. Once registered, you will be able to access additional courses without having to register. For information on how to login or find training, please visit our MLN Learning Management System [FAQ sheet](#).

The Centers for Medicare & Medicaid Services designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Credit for this course expires November 1, 2020. *AMA PRA Category 1 Credit™* is a trademark of the American Medical Association.

[To take the course, please click here.](#) (username and password required)

Accreditation Statements

[Please click here for accreditation statements](#)

New York DOH Weekly Influenza Report

The New York State Department of Health (NYSDOH) collects, compiles, and analyzes information on influenza activity year round in New York State and produces this weekly report during the influenza season (October through the following May).



During the week ending November 25, 2017:

- Influenza activity level was categorized as geographically local. This the first week that local activity has been reported.
- There were 212 laboratory-confirmed influenza reports, an 38% increase over last week.
- Of the 760 specimens submitted to NYS WHO/NREVSS laboratories, 16 (2.11%) were positive for influenza.
- Of the 40 specimens submitted to the Wadsworth Center, five were positive for influenza. Four were influenza A (H3), and one was influenza B (Yamagata).
- Reports of percent of patient visits or influenza-like illness (ILI³) from ILINet providers was 2.13%, which is below the regional baseline of 3.10%.
- The number of patients hospitalized with laboratory-confirmed influenza was 75, a 56% increase over last week.

- There were no influenza-associated pediatric deaths reported this week, and none yet this season.

[Read the entire report here](#)

Member Benefits

Auto Insurance Reduction Course

Do you have points on your driving record or would you like a 10% reduction on your personal automobile insurance?

If so, you will want to read about the online Auto Insurance Reduction Course that is currently available as an exclusive NYACP member benefit.

NYACP continues to offer a 6-hour Insurance and Point Reduction Course that is approved by the NYS Department of Motor Vehicles and available to NYACP members, their families, office staff and friends. This convenient online member benefit allows registered "students" the ability to start and finish the course within 30 days for only \$42.00. The benefit includes a 10% reduction on your automobile insurance (liability, no-fault and collision) and up to 4 points off of your driving record (if applicable). More information can be found [by clicking here](#).



Lower Your Car Insurance Rates
6 hr Online Course - NYACP Member Benefit

No Classroom Required
Up to 30 Days to Complete
Up to 10% Insurance Reduction
Up to 4 Points Off Driving Record

 > Start Course

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