

June 1, 2016

Practice Management

Help Your Patients Quit Smoking

New York Kicks Butts Campaign: Encouraging New York City Residents to Quit Smoking



The New York Chapter ACP has joined with the American Cancer Society, the American Lung Association, and Tobacco Free Kids, as well as more than 50 other associated health organizations and media outlets to encourage New York City residents to quit smoking. The goal of the campaign is to encourage all New York City smokers to quit smoking with the aid of qualified health care professionals and to learn about the tools and support available to assist them during this week and beyond.

The *New York Kicks Butts* campaign will be held this week and physicians that practice in New York City are asked to discuss with patients smoking cessation treatment options. By offering medication and counseling, physicians can help patients to double their quit rates.

Helpful tools can be found on line at PlanMyQuit.com/NYC, by calling the New York State Smokers' Quit line at [1-866-NY-QUITS \(697-8487\)](tel:1-866-NY-QUITS) or by just dialing 311.

Physicians can find an information flyer [here](#). Patient information can be [found here](#).

There is also a new *5 Steps to Quit Smoking flier* in both ENGLISH and SPANISH found on the resources page of nykicksbutts.org. You can also [click here for additional information](#).

Sponsor a New York Chapter Grand Round on Tobacco Cessation!

In addition to the NYC Campaign, the Chapter is active in a number of tobacco cessation activities and initiatives across New York State. We are sponsoring a series of Grand Rounds and webinars with curriculum developed by the Chapter's Advisory Task Group entitled "Closing the Gap: Treatment of Tobacco Dependence." Speakers are prepared to present this extensive program which can be eligible for CME Credit. If you are interested in sponsoring a Grand Round event, contact Meg McCarthy at mmccarthy@nyacp.org or call the chapter office at (518) 427-0366.

NYACP Pushes for Expansion of the Clean Indoor Air Act as Part of Tobacco Lobby Day

The Chapter is actively following more than 50 bills currently pending in the NYS Legislature, on a variety of tobacco related issues. As part of these efforts, the Chapter participates in a statewide coalition to push for inclusion of Electronic Nicotine Delivery Systems (ENDs) in New York's Clean Indoor Air act.

With a focus on ENDS, a strong coalition with the American Cancer Society, the American Lung Association, the Medical Society of the State of New York (MSSNY), the County Health Officials of New York and other medical organizations participated in a Tobacco Control Lobby Day on May 24th, and urged Legislators to include E-cigarettes in the Clean Indoor Air Act. The medical organizations presented information on the dangers of E-cigarettes and vapor devices now being used frequently by men, women and children. The organizations highlighted the current studies on ENDS and asked for legislators to support passage of S2202B/A5955.

Advocacy

Your Chapter in Action at the State Capital: Representing Members and Their Patients on Multiple Legislative Issues

As the Legislature comes to its final three weeks of session, your Chapter continues to monitor, meet with regulatory and legislative leaders and represent members on important pending issues that impact your practice and patient care.



A sample of some of the many topics covered by our advocacy efforts includes:

- Several bills to mandate continuing medical education on opioid prescribing, pain management, addiction response and treatment, end of life care, and palliative care
- The State's administrative requirements of I-STOP and e-prescribing
- Proposals to adjust the current system related to medical liability that would create costly premium increases
- A resurgence of previously enacted legislation relating to tanning and dense breast notifications
- Aid in Dying proposals
- Adjustments in the medical marijuana laws
- Physician collective negotiations, expansion of peer review protections for physicians who participate in meaningful review processes

These are just a sampling of the more than 18,000 bills introduced in the current NYS legislative session. More than 500 of these are health bills targeted by our Chapter for active monitoring.

2016 Specialty Care Coalition Lobby Day

A Specialty Care Coalition lobby day was held on May 17, 2016, where NYACP joined with the New York Coalition of Specialty Care Physicians to lobby in Albany. NYACP representatives met with Assembly Majority leader Joseph Morelle and Senator Joseph Robach, among others. Key issues discussed during the day included support of e-prescribing changes which would remove the requirement to e-mail the Department of Health each time a physician invokes an exception. The NY Chapter also spoke in opposition to current legislation that would extend the statute of limitations for malpractice cases to 30 months after the date of discovery.

New York State Fail First/Step Therapy Lobby Day

On Monday, May 23, 2016, NYACP joined together with other coalition members to urge support of passage of legislation [S.3419-B (Young) /A.2834-B (Titone)] that would regulate the use of "fail first" or "step therapy" policies by commercial health

insurance companies in New York State. The Fail First/Step Therapy Coalition is comprised of over 60 organizations from across the state, and met with more than 70 legislators and/or key office staff.

A fail first or step therapy policy/protocol used by an insurer requires a patient to try and fail on other, generally less expensive drugs before coverage is granted for the drug initially prescribed by the patient's physician. The bill includes two basic patient protections to improve the safety and efficacy of such policies:

1. It requires clinical review criteria used by an insurer to establish fail first/step therapy policies based on science and evidence-based clinical practice guidelines.
2. It requires a clear and expedient appeals process that can be used by physicians and other prescribers to request an override of a fail first/step therapy requirement. Under the bill, an override would *only* be granted if the patient's physician can demonstrate that the drug(s) being required by the insurer will likely cause patient harm, is expected to be ineffective, has been tried by the patient and was proven ineffective, the patient is stable on the drug being recommended by the physician, or the drug is otherwise not in the best interest of the patient, as demonstrated by the physician.

2016 ACP Leadership Day – Washington DC

ACP's Leadership Day was held in Washington DC on May 3-4, 2016 in conjunction with ACP's Annual Internal Medicine Meeting. The NY Chapter delegation consisting of members, residents, medical students and staff visited with staff in the offices of: Senators Charles Schumer and Kirsten Gillibrand, and 20 of our elected officials in the House of Representatives.

Discussion focused on:

- Improving the Care of Patients with Chronic Disease
- Making Graduate Medical Education (GME) Funding More Effective
- Improving Health Information Technology challenges
- Enhancing Telemedicine opportunities
- The Current Opioid Abuse crisis
- Rising Prescription Drug Costs
- Integrating Behavioral Health into Primary Care.



Member Recognition

In this edition of Your Chapter in Action, NYACP recognizes these members for their recent accomplishments:

Published Articles:

Susan Lane, MD, FACP: Dr. Lane recently co-authored an ACP Position Paper relating to Graduate Medical Education (GME) funding entitled, "*Financing U.S. Graduate Medical Education: A Policy Position Paper of the Alliance for Academic Internal Medicine and the American College of Physicians.*" The paper makes a series of recommendations to reform the current GME financing system to better align GME with the needs of the nation's health care workforce. [To read the full text of the paper, please click here.](#) Also contributing to this paper were former NYACP President Doug Delong, MD, FACP and former NYACP Health and Public Policy Chair Alwin Steinmann, MD, FACP.

Samy I. McFarlane, MD, MPH, MBA, FACP was recently named Distinguished Teaching Professor, College of Medicine, SUNY-Downstate.

If you or a colleague you know has recently received local recognition, an award, or has been published in a scholarly journal, the Chapter wants to know! You can contact Benjamin Max at bmax@nyacp.org or call the NYACP office at (518) 427-0366 with any recommendations.

Education

Buffalo District Meeting Offers CME and Addresses Regional Concerns

The NY Chapter continues to address member concerns through local district meetings as was demonstrated at the Buffalo District on May 10th at the Protocol Restaurant. Over 35 physicians listened as Greg Young, MD, acting Associate Commissioner and Medical Director for the NYSDOH's Western Region addressed member concerns surrounding the loss of DEA privileges of a Buffalo pain management specialist and subsequent coverage concerns and challenges to assure adequate patient care.



The National Kidney Foundation provided CME for a presentation by Chet Fox, MD, FAAFP, FNKF, entitled "A Primary Care Approach to CKD Management." Howard Lippes, MD, FACP rounded out the program with an interactive presentation on "SGLT2 Drugs: Are they Good or Bad for the Kidneys". Dr. Lippes tested the group's technological savvy, as he asked several questions which the audience had to respond via a smart phone polling application.

NYACP 2016 Annual Scientific Meeting

Final Call: On site registration is available!

**Opportunities to receive up to 7.5 CME credits and 30 ABIM MOC points
Saturday, June 4, 2016
Rye Town Hilton
699 Westchester Avenue • Rye Brook, NY**



- **Begin the day with our very popular poster competition which will display over 100 posters from the Chapter's Resident/Fellow and Medical Student Members**
- **Plenary talks from distinguished faculty such as Stephen Peterson, MD, MACP from NY Methodist Hospital and Louis Aledort, MD, MACP from Mount Sinai Hospital**
- **Plenary and Breakout sessions include: Update in Malignancy Screening, Update in the Management and Diagnosis of Hepatitis C and A Combination Approach to Managing Hyperlipidemia *and many more!***

Use this link for the [full agenda and faculty bios](#).

Don't miss this day-long event of cutting edge education and networking. Overnight accommodations for the Westchester Hilton are still available. You can easily book your overnight room online: [Westchester Hilton Reservation \(NYACP Room Block is no longer available\)](#)

While online registration is now closed, you may register onsite.

2016 District Meetings

Southern Tier District Meeting: Tuesday, June 7, 2016
CKD Inform: Early Detection and Prevention
Little Venice Restaurant
111 Chenango St • Binghamton, NY 13901
Registration 6:00 • Dinner and Educational Program: 6:30
[Event Flyer](#) • [Online Registration](#)



Tuesday, June 7, 2016 • 2-Hour CME Educational Opportunity in Long Island
Veterans Mental Health - Primary Care Training Initiative: Recognition, Management and Prevention of Veteran Suicide
Hosted by: The New York State Psychiatric Association and the Greater Long Island Psychiatric Society
Offered in collaboration with: The New York Chapter of the American College of Physicians and The New York Academy of Family Physicians
Long Island Marriott Hotel - 101 James Doolittle Blvd, Uniondale NY 11553
Registration 6:30 • Dinner and Educational Program 7:00pm – 9:00pm
RSVP is Required - call (516) 542-0077 or email centraloffice@nyspsych.org.
[Event Flyer](#)
