

September 15, 2017

## Membership

### NYACP Member's Only Section Is BACK: How to Utilize this Member Benefit

NYACP has reintroduced its Member's Only section of the website after a brief hiatus to provide exclusive services for our valued members. Within the Member's Only section, educational materials such as recorded webinars and important articles from the Chapter's Legal Counsel are featured.

#### What You Can Access:

- **Counsel's Forum:** Nixon-Peabody, the Chapter's award-winning legal counsel, regularly publishes advice and tips on legal issues pertaining to practice management.
- **Recorded Webinars:** Any previous webinar NYACP has produced is available on this page. Some are worth CME Credit!
- **Chapter Resources:** Practice Management Tools, ACP Resources, and E-Prescribing Guidelines are just some of what's available on our resources page.
- **News Archive:** A comprehensive archive of the Chapter's newsletter, "Your Chapter in Action."

#### How to Access:

ALL Members can access the Member's Only portion of the site using these credentials. Please note that this information is not for distribution. This is an exclusive member benefit:

Username: nyacpmember  
Password: benefit

### Celebrate Women in Medicine Month by Nominating Colleagues to ACP Membership or Fellowship!



September is Women in Medicine Month, NYACP is proud to say that not only are our two Chapter Presidents women, but our Executive Director and a large number of Council Members are as well.

However, we can do better. We're asking any Chapter Member or Fellow throughout the month of September to nominate a colleague for membership or advancement to fellowship. If you feel a current member or colleague is deserving, send her name and a CV to Loretta Ponesse at [lponesse@nyacp.org](mailto:lponesse@nyacp.org). We look forward to your nominations!

## If They Are Not Yet a Member - Use our Chapter Recruit-A-Colleague Program!

All members are encouraged to help strengthen the New York Chapter by recommending ACP membership to colleagues. By joining the College, your colleagues will enrich their clinical knowledge and skills and have access to all of the ACP and Chapter member benefits that you enjoy.

To thank you for your help and dedication, ACP offers incentives for the recruiting member and their Chapter through the Recruit-a-Colleague Chapter (RACC) Rewards Program.

The RACC Program rewards successful individual recruiters with dues credits for each new full Member or Physician Affiliate member recruited and a chance to win a trip to the annual Internal Medicine meeting.

The 2017-18 Recruit-a-Colleague Chapter Rewards Program runs until March 1, 2018.

To participate, simply forward to your colleagues a [membership application found here](#). To qualify for the program, your name must be listed on the recruiter line of the application, and the form must include the code RACC.

Thank you for your help in strengthening our New York Chapter!

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## Member Recognition

Paula Lester MD, FACP was recently awarded the Outstanding Physician Award by the Long Island Alzheimer's Foundation for her work with the Alzheimer's community. You can see her receive the award on November 14 at the Alzheimer's Foundation's Casino Night in Farmingdale, NY.



Congratulations Dr. Lester!

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## Practice Management

### Stand Together to Prevent Falls: Annual Falls Prevention Day is September 22

The first day of fall is just around the corner, and with it brings the 10th Annual Falls Prevention Day.

This year's theme, *10 Years Standing Together to Prevent Falls*, aims to raise awareness about how to prevent fall-related injuries among older adults. One-third of people 65 and older fall each year, and 20% of those falls cause a serious injury such as head trauma or a fracture. With proper precautions, these falls and accidents are preventable.

CDC Online STEADI Training:

To engage your older patients in interventions to reduce fall risk, CDC developed the STEADI (Stopping Elderly Accidents, Deaths, and Injuries) Initiative to help providers incorporate fall prevention into clinical practice. CDC created this training to give you the tools you need to make fall risk screening, risk factor assessment, and falls interventions part of your clinical practice.

The content is based on established clinical guidelines. You will learn:



- Two easy screening methods to determine a patient's fall risk
- Three rapid standardized gait, strength and balance assessment tests
- To apply the STEADI algorithm to determine a patient's fall risk level
- To select appropriate evidence-based interventions based on risk level
- [You can take the CDC's new STEADI Online Training for Providers here.](#) All you need to do is create a free account on [CDC TRAIN](#), Log in, and search "STEADI".

Resources for Patients:

- [6 Steps to Prevent a Fall](#)
- [Falls Prevention Programs: Saving Lives, Saving Money](#)
- [Falls Prevention Fact Sheet](#)
- [Debunking the Myths of Older Adult Falls](#)
- [6 Steps to Protect Your Older Loved One From A Fall](#)
- [Osteoporosis and Falls Prevention](#)

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## Information for Physicians and Patients on New York's Step Therapy/Fail First Reform Law

As previously reported, Governor Cuomo signed legislation on December 31, 2016 that would add new protections for patients when their health insurance plans require them to go through "step therapy" or "fail first" protocols when accessing prescription drugs to treat a medical condition(s). The new law took effect on January 1, 2017 but was applicable to "health insurance plans delivered, issued for delivery, or renewed after that date".

As January 1, 2018 rapidly approaches, the Chapter reminds members that the new law applies to all state-regulated commercial health insurers, HMO plans, Medicaid Managed Care plans and Child Health Plus plans. The new law does not apply to Medicare, Medicaid fee-for-service or "self-insured" plans which are exempted by the federal Employee Retirement Income Security Act of 1974 (ERISA).

Through stakeholder collaborations, several resource fact sheets have been prepared for both physicians and patients. These documents were created in a Q&A format for the purpose of explaining the law, providing details about requirements and compliance by health insurance plans, and dispensing valuable information about the appeals process.

To read these Fact Sheets, click on the following:

- [Physician Fact Sheet](#) – how the law impacts health care providers
- [Patient Fact Sheet](#) – how the law impacts/helps patients

These documents have been provided through a joint collaboration with Reid, McNally, and Savage LLC, and Cary Collaborative Strategies.

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## The Advanced Primary Care Initiative: What You Need to Know

The Advanced Primary Care (APC) initiative is part of the State Innovations Model (SIM) Grant by the Centers for Medicare and Medicaid Innovation (CMMI), the focus of which is to transform healthcare delivery in New York and shift to value-based care.

The APC Program provides free practice transformation technical assistance to eligible practices to enable them to deliver high-quality, coordinated care, earn payment incentives, and thrive under value-based payment arrangements, including MIPS Quality Payment Program (QPP).

There are 16 Practice Transformations Agents across New York that are contracted to provide free practice transformation technical assistance to you through on-site, remote and collaborative learning and coaching. The complete listing of the available transformation agents, regions served and contact information can be found [here](#).

*"The project described was supported by Funding Opportunity Number CMS 1G1CMS331402 from the U.S. Department of Health & Human Services, Centers for Medicare & Medicaid Services. The contents provided are solely the responsibility of the authors and do not necessarily represent the official views of HHS or any of its agencies."*

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## Help Transform Your Practice With This ACP Webinar



Wednesday, September 27, 2017 6:00 - 7:00 pm  
The ABC's of Practice Transformation

Practice transformation can be overwhelming and confusing, especially with the different programs and incentives available today. Regardless of the program your practice is pursuing, however, there are several core tenets required to achieve true and sustained transformation. Nicole Harmon, MBA, PCMH CCE from HANY Solutions Practice Advancement Strategies will discuss the key components such as understanding the people side of change, health information technology (HIT) implications as well as workflow redesign and other considerations during this informative session.

*This webinar is provided with the support of the American College of Physicians Support and Alignment Network*

[Register Here](#)

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## Webinar: Paid Family Leave in New York: What Physicians Need to Know

Tuesday, October 17, 2017 - 5:30pm-6:45pm  
Paid Family Leave Benefits are Coming to New York: What Physicians Need to Know Now

Topics we will address include:

- An in-depth description of the requirements of the law and regulations
- A summary of the recent guidance and anticipated guidance associated with the law and regulations
- How the law and regulations compare with the FMLA
- Employer options regarding how benefits are paid to employees
- Collecting employee contributions before January 2018
- The additional steps that employers should take between now and January 2018

[Register Here](#)

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## MLMIC's Update on the Berkshire Hathaway Transaction



It has been a year since MLMIC first shared the news that the company entered into a definitive agreement to be acquired by National Indemnity Company, a subsidiary of Berkshire Hathaway, Inc. In February 2017, MLMIC provided a [timeline](#) of the anticipated steps in the process, and they are happy to report that the transaction is moving according to plan.

According to MLMIC, policyholders have reacted to the affiliation with Berkshire Hathaway with enthusiasm, and questions raised were typically about timing, payouts, next steps and notices. Below is the information that is most relevant to those inquiries:

- The transaction is still expected to close around year end.
- Cash consideration to owners of eligible policies will be distributed after the closing of the acquisition.
- There is no change in the estimate of cash consideration at this time. The payout is expected to approximately equal the premiums paid by owners of eligible policies from July 14, 2013, to July 14, 2016.
- Policies issued or renewed after July 14, 2016, are required to have a [notice](#) that says that such policies are not eligible to receive cash consideration in connection with the transaction.

More information about the transaction can be found in MLMIC's FAQs [here](#).

Additional details will be finalized as the NYS Department of Financial Services (DFS) oversees the transaction. A Policyholder Information Statement will be shared with policyholders prior to the demutualization vote. Further updates will be provided as the transaction progresses.

MLMIC remains one of the Chapter's most valuable membership benefits. Policyholders with additional questions can call MLMIC directly at 1-888-998-7871.

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## Updated Preventive Services Poster Educational Tool from CMS

A revised [Preventive Services Poster](#) is now available on the CMS website, highlighting the interactive tool available to access information on coding, billing, coverage and frequency requirements for each Medicare Preventive Service covered.



Physicians can link directly to the various prevention services that are covered, and provides the weblink to access each of the resources by [clicking here](#).

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# Education

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## District Meetings

Syracuse - Tuesday, October 10, 2017

A Multiple Small Feedings of the Mind

- 1. NYS Advanced Primary Care and Practice Transformation**
- 2. Don't Fear the Red Eye**
- 3. Thrombectomy and Stroke - Does it Work?**

Pascale Italian Bistro at Drumlins

800 Nottingham Road, Syracuse NY 13224

6:00pm Registration / 6:30pm Dinner and Educational Program

[Event Flyer](#) / [Online Registration](#)

Bronx - Wednesday, October 11, 2017

A Multiple Small Feedings of the Mind

- 1. NYS Advanced Primary Care and Practice Transformation**
- 2. Delaying Progression of Chronic Kidney Disease and Early Detection**
- 3. Microburst Insulin Therapy for Diabetes and Related Comorbidities**

Diabetes Relief Center

2825 Third Avenue - 3rd Floor, Bronx NY 10455

6:00pm Registration / 6:30pm Educational Program

[Event Flyer](#) / [Online Registration](#)

SAVE-THE-DATE! Suffolk: Tuesday, October 17, 2017

Therapeutic Advances in the Prevention and Treatment of Delirium

VA Northport, Room A1-5 • 9 Middleville Rd • Northport, NY 11768

6:00pm - Registration / 6:30pm - Dinner and Educational Program

***Additional information and registration details will be posted shortly***



SAVE-THE-DATE! Hudson Valley South: Tuesday, October 24, 2017

Recognition, Management and Prevention of Veteran Suicide

Westchester Burger Company • 353 N Bedford Rd • Mt. Kisco, NY 10549

6:00pm - Registration / 6:30pm - Dinner and Educational Program

***Additional information and registration details will be posted shortly***

SAVE-THE-DATE! Staten Island: Wednesday, November 1, 2017

2017 Update in Geriatric Medicine ABIM MOC Session - Worth 10 MOC Points!

Regina McGinn Educational Center

Staten Island University Hospital • 475 Seaview Avenue • Staten Island, NY 10305

6:00pm - Registration / 6:30pm - MOC Session

***Additional information and registration details will be posted shortly***

SAVE-THE-DATE! Queens: Thursday, November 16, 2017

Medication Adherence in Patients with Type 2 Diabetes Mellitus

LIJ Forest Hills Hospital • 102-01 66th Rd • Forest Hills, NY 11375

6:00pm - Registration / 6:30pm - Educational Program

***Additional information and registration details will be posted shortly***

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## **Webinars**

**Thursday, September 28, 2017 - 3:00pm-4:00pm**  
**Leadership Principles for Women in Medicine**

In celebration of Women in Medicine month, the ACP Leadership Academy will present "Leadership Principles for Women in Medicine." Join speakers Virginia L. Hood, MBBS, MPH, MACP, Darilyn V. Moyer MD, FACP, and Fatima Zahara Syed, MD, MSc as they discuss the past, present, and future of women in medicine — and the principles they have followed to shape their careers and to become leaders within the profession.

[Register Here](#)

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## **Primary Care and Neurology Conference: October 20-22, 2017**

The High Peaks Resort in beautiful Lake Placid, New York is the venue for the 2017 ***“current Topics in Primary Care and Neurology: Update for the Primary Care Practitioner”*** conference.

This annual educational event is sponsored by Albany Medical College’s Department of Medicine, Department of Neurology and the Office of Continuing Medical Education and held in collaboration with the New York Chapter American College of Physicians – Hudson Valley Capital District.

The educational programming for this meeting is designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the adult and adolescent patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful. The sessions have been planned to be concise, up-to-date and clinically relevant.

We encourage you to take a look at the [Conference Brochure](#) and register today!

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