

September 23, 2015

NYACP Recognizes Falls Prevention Awareness Day Today!

One-third of people 65 and older fall each year, and 20% of those falls cause a serious injury such as head trauma or a fracture. With proper precautions, these falls and accidents are preventable. To heighten awareness of these issues, the NYSDOH organized the 8th annual **Falls Prevention Awareness Day** today, **September 23, 2015**. This year's theme was *Take a Stand to Prevent Falls*.

Below are several resources to further your knowledge and practices to assist patients in falls prevention, including opportunities to earn free CME Credits! Also be sure to take advantage of the free patient/caregiver resources, distributed with permission by the New York State Department of Health, to help your older patients stay independent as long as possible.

CDC Online STEADI Training:

You can take the CDC's new STEADI (Stopping Elderly Accidents, Deaths, and Injuries) Online Training for Providers at: www.cdc.gov/steady. All you need to do is create a free account on CDC TRAIN, Log in, and search "STEADI".

The content is based on established clinical guidelines. You will learn:

- Two easy screening methods to determine a patient's fall risk
- Three rapid standardized gait, strength and balance assessment tests
- To apply the STEADI algorithm to determine a patient's fall risk level
- To select appropriate evidence-based interventions based on risk level
- To engage your older patients in interventions to reduce their fall risk



CDC developed the STEADI (Stopping Elderly Accidents, Deaths, and Injuries) Initiative to help providers incorporate fall prevention into clinical practice. CDC created this training to give you the tools you need to make fall risk screening, risk factor assessment, and falls interventions part of your clinical practice.

Patient/Caregiver Resources:

- [What You Can Do to Prevent Falls Pamphlet](#)
- [Check for Safety Checklist](#)
- [Be Car Ready Feet Steady Pamphlet](#)
- [Debunking the Myths of Older Adult Falls](#)
Print and share this article with older adults and caregivers
- [6 Steps to Protect Your Older Loved One from a Fall](#)
Print and share this tip sheet at your falls prevention event
- [Osteoporosis and Fall Prevention](#)
Share this one-page handout on the link between fall-related injuries and osteoporosis.

Please Note: Some resources are large files that may take a long time to download

Attention Long Island Members: Voting for the Long Island Governor-elect Election is Now Open!

The ballots for the current Long Island Governors-elect election have been mailed by ACP. The voting membership in the Long Island region (Masters, Fellows, Members, and Resident/Fellow Members with a membership effective date of 9/1/2013 or earlier) can vote [online](#) or mail-in ballot. **You will need your mailed ballot with your ACP Member Number and Election Passcode** in order to record your vote.

Below are the vision statements of the candidates. More information on their background and activities can be found in the official ballots.

**Maria T. Carney,
MD, FACP**



Present Position(s):
Chief, North Shore-LIJ Health System Division of Geriatric and Palliative Medicine

Candidate Statement: I would be honored if elected to the Board of Governors for ACP. As an internist/geriatrician and member of ACP since 1997, I have strived to promote longevity and advocate for the most vulnerable. I currently enjoy continued clinical work in both the inpatient and outpatient settings. I became a Fellow in 2008; same year I was sworn in as Commissioner of Health for Nassau County, New York. I served as District Councilor (2012-15), Physician Engagement Consultant for the Adult Immunization Grant with ACP in 2013 and now sit on the Immunization Technical Advisor Committee for ACP. It is my belief that my unique clinical,

academic and public health experience will serve me well if given an opportunity to be Governor. I will continue to work with ACP to advocate for physicians and the needs of a growing aged and advanced ill population in New York State.

**Linda S. Efferen, MD,
FACP**



Present Position(s):
Vice President, Medical Director; Office of Population Health; Stony Brook Medicine; Clinical Professor, Department of Medicine; Hofstra North Shore-LIJ School of Medicine at Hofstra University

Candidate Statement: The dynamics of healthcare delivery transformation has catapulted primary care physicians to the forefront of strategic planning at the state and national level. Sub-specialists remain essential (I'm one of them) but the primary care physician is well-primary. The Triple Aim: providing patient-centered care that is efficient, effective and value-based resonates with physicians whose goal is to provide excellent care. I believe I am uniquely positioned based on my long-standing association with ACP, commitment to education and advocacy, and familiarity and exponentially expanding experience in population health and health care delivery

system transformation to represent the Chapter at both the State and National level. Change must include solutions to allow physicians to work independently in their practices, at the top of their licenses, achieving professional satisfaction, and supporting their efforts to care for their patients across the continuum of health and disease and education to prepare and inform current and future physicians.

Online voting began on September 21, 2015 and ends on November 9, 2015 at 11:59 PM Eastern. **Please be sure to vote!** For replacement ballots and election customer service, [e-mail](#) or call toll-free 1-866-909-3549, Monday-Friday, 8:00 a.m.- 5:00 p.m. Central. For general election information, you may email [Evelyn James](#), Governor Election Coordinator, or call her at 215 351 2699.

Practice Management

How Effective Are State Vaccination Laws?

An article by W. David Bradford and Anne Mandich in the August issue of Health Affairs looks at how vaccine exemption laws affect immunization rates and outbreak of preventable disease. The article shows that policies such as requiring health department approval of non-medical exemption applications, physician signatures on applications and criminal or civil punishments for noncompliance significantly affects the reduction of vaccine exemptions.

An excerpt: "Vaccination exemption rates vary significantly across the United States. In 2012 exemption rates ranged from a low of approximately 0.45 percent in New Mexico to a high of 6.5 percent in Oregon. If an increasing number of parents do not vaccinate their children and instead opt for an exemption, the United States could experience a general increase in preventable disease. If this association holds, state public health officials may want to advocate reconsidering state laws and policies that ease the exemption process, to avoid unnecessary illness. Note that the rules governing when a child must be vaccinated may be included in laws, policies, or both."

[You can read the full article here.](#)

[In addition, ACP has an official policy opposing personal and non-medical exemptions.](#)

The Advanced Primary Care Model: Better Health, Better Access, Lower Cost

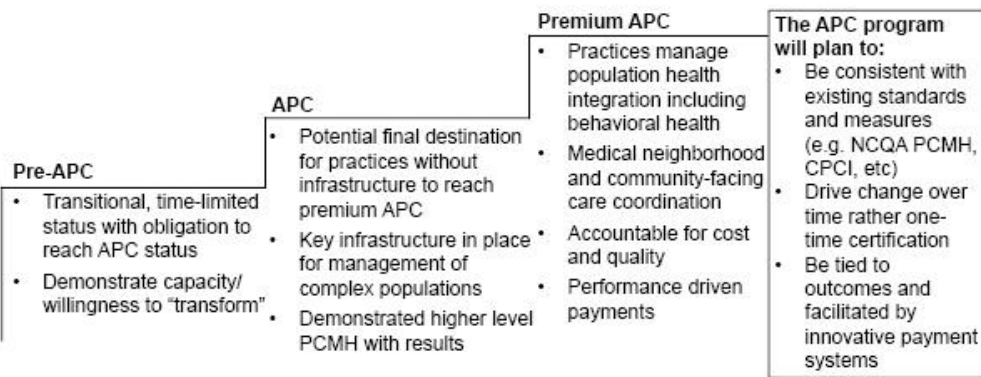
This is the first in a series designed to explain New York's path toward Value Based Care through Alternative Payment Models.

For the past four years, the New York Chapter ACP has been working with the NYS Department of Health (NYSDOH) and more than 40 other collaborative stakeholders in shaping the State Health Innovation Plan to achieve the vision of healthier New Yorkers, lower costs, engaged patients and system alignment. Representing the views of our members and physicians across the state has been a vital part of that process, and has consumed a significant amount of time and effort by leaders and staff.

The NY Chapter co-hosted a series of "Listening Sessions" in Buffalo, Rochester, Syracuse, NYC, Long Island and Albany throughout July and August. These sessions allowed the NYSDOH to obtain feedback from our members on several key components of the proposed model: Advanced Primary Care (APC) standards; milestones for practice transformation; core performance measures; practice transformation support; and payment models to support APC.

Primary care is a core component of the NYS State Innovation Model (SIM). As part of the SIM Grant, NYSDOH is developing an APC delivery model which is inclusive of behavioral and population health; a payment methodology that is reasonable, workable and sustainable; while ensuring access to high quality care for all New Yorkers.

The APC model is meant to help PCPs fulfill their potential to improve healthcare delivery in NY and achieve value-based care payment rewards. **These are the Advanced Primary Care Components:**



APC will align with multiple allied initiatives:



A series of articles will follow in upcoming YCIA editions to relay more details of the alternative payment models underway in NYS. For more information go to: http://www.health.ny.gov/technology/innovation_plan_initiative/sim.htm

ACP Leadership Academy: Training and Resources for Leadership Roles

The ACP Leadership Academy provides members with training and resources to prepare you for leadership roles in your organization and in the greater healthcare environment.

Formal Leadership Training

In partnership the American Association for Physician Leadership, ACP offers live meetings, faculty-led online courses, and self-study modules to help fill gaps in your leadership knowledge and to build your CV - all while earning CME.

- ACP members receive the American Association for Physician Leadership member rate on all courses plus an additional 15% on selected courses.
- Earn ACP Certificates of Completion for each course you finish.
- Courses count toward becoming a Certified Physician Executive (CPE) or toward a master's degree program in medical management from one of four prestigious universities.

Topics include strategic thinking, financial decision-making, managing physician performance, marketing, ethics, and more. Register today for the following instructor-led courses:

- [Managing Physician Performance](#)
- [Techniques of Financial Decision Making](#)
- [Three Faces of Quality](#)

[Learn more](#) about all of the available courses offered through the ACP Leadership Academy.

Resources for Resident/Fellow Members

The ACP Leadership Academy recognizes that residents and fellows-in-training face unique challenges in mapping out their professional goals. In partnership with the American Association for Physician Leadership, the College has developed a program to address the specific needs of Resident/Fellow Members. [Learn more](#).

Quality

PQRS Public Reporting Webinars Available Through CMS!

Did you know that some 2014 PQRS quality measures will be publicly reported on Physician Compare later this year?

The Centers for Medicare and Medicaid Services (CMS) will host a series of one-hour webinars about public reporting and the [Physician Compare](#) website. Each webinar will provide stakeholders the opportunity to ask questions about public reporting on Physician Compare and this year's measure preview period.

Webinars will be conducted via WebEx at the following times:

- **Wednesday, September 23, 2015** at 4:00 pm ET/ 1:00 pm PT
- **Thursday, September 24, 2015** at 11:00 am ET/8:00 am PT

[Register today](#) for a session.

All sessions will present the same information. Multiple times are offered to help best accommodate your busy schedules. During the webinar, the Physician Compare Support Team will present information about public reporting of 2014 quality measures and the 30-day preview period and address your questions.

Education

September 2015 Meetings: Save These Dates!

- **NYACP Bronx District Meeting**
In collaboration with the National Kidney Foundation
Tuesday, September 29, 2015
A Primary Care Approach to CKD Management
Jacobi Medical Center • Corporate Training Center, Building 4, Floor 2
1400 Pelham Parkway South • Bronx NY 10461
1-Hour CME Category I Credits™
[Online Registration](#) • [Brochure](#)

- NYACP Brooklyn District Meeting
Tuesday, September 29, 2015
A Multiple Small Feedings of the Mind Educational Program
Marco Polo Ristorante • 345 Court Street • Brooklyn, NY 11231
6:00pm Registration • 6:30pm Dinner and Educational Program
[Event Flyer](#) • [Online Registration](#)

From Blueprint to Action: Ending the Epidemic - An AIDS Discussion Series

Be Part of the plan to end AIDS - *Join this important discussion for FREE!*



- Receive updated information about HIV/AIDS in your region/borough
- Provide input on identified service gaps in your region/borough
- Participate in regional/borough discussions about ending the epidemic

Dates:

Brooklyn

Thursday, September 24, 2015
9:00 AM - 1:00 PM
Brooklyn Borough Hall
209 Joralemon Street,
Community Room
Brooklyn, NY 11201
[Register Here](#)

Queens

Tuesday, October 13, 2015
9:00 AM - 1:00 PM
Queens Borough Hall
120-55 Queens Boulevard -
2nd Floor, Room 200
Kew Gardens, NY 11415
[Register Here](#)

Staten Island

Wednesday, October 14, 2015
9:00 AM - 1:00 PM
St. George Library
5 Central Avenue
Staten Island, NY 10301
[Register Here](#)

Questions? Please e-mail eoabml@health.ny.gov

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