

2019

New York Chapter Scientific Meeting



Saturday, October 12, 2019

Hilton Westchester Hotel
699 Westchester Avenue
Rye Brook, NY 10573

[Register Online Today!](#)

Fostering Excellence in Internal Medicine

This live activity has been designated for 6.5 CME credits and 6.5 MOC points.



New York
Chapter

Meeting Highlights

- Special MACRA lunch presentation
- Closing plenary on avoiding medical liability lawsuits
- Social Media: Strategies to Meaningful Engagement
- Repurposing Old Medicines for New Uses
- Direct Oral Anticoagulants: Pearls and Pitfalls
- Resident and Medical Student Poster Competition

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the New York Chapter of the American College of Physicians, being held Friday–Saturday, October 11–12, 2019, at the Hilton Westchester Hotel.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, Chapter leaders, and great speakers. Connect with the New York Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at www.nyacp.org.

I look forward to seeing you in Westchester!

Sincerely,

Louis Snitkoff, MD, FACP
ACP Governor, New York Chapter



Schedule at a Glance

Fostering Excellence in Internal Medicine

Saturday, October 12, 2019

7:00 a.m.

Poster Judging Begins

7:00

Registration/Posters/Exhibits

8:00

Welcome and Introductions

Naveed Masani, MD, FACP

8:15

MA Memorial Plenary

The Technology of Health Care—Artificial Intelligence

Pat Hale, MD, FACP

Daniel Barchi, CIO NewYork–Presbyterian Hospital

9:15

Break and Finish Judging/Exhibits

9:30–10:30

Breakout Session 1

- a. **Direct Oral Anticoagulants: Pearls and Pitfalls**
Andy Dunn, MD, MACP
- b. **Women's Health: Cardiovascular Issues in Pregnancy**
Sonia Tolani, MD
- c. **Point-of-Care Ultrasound**
Ashutossh Naaraayan, MD, FACP

10:40–11:40

Breakout Session 2

- d. **Repurposing Old Medicines for New Uses**
Mone Zaidi, MD, MACP
- e. **Managing Osteoporosis**
Stanislaw Klek, MD
- f. **Evidence-Based Management of Hypertension in 2019**
Naveed Masani, MD, FACP

9:45

Residents Track

Leadership in Medicine

Louis Aledort, MD, MACP and Viren Kaul, MD

10:45

Burnout/Physician Wellness

Connie Newman, MD, FACP

11:45

Lunch/Awards/Business Meeting



Noon

MACRA Update

Marc Adler, MD, FACP

12:30–1:30 p.m.

Breakout Session 3

- g. **Conflicting Data of Aspirin**
Kerry Esquitin, MD, FACP
- h. **Update on Lipids Management**
Cindy Bredefeld, MD, FACE
- i. **Musculoskeletal Diagnosis Utilizing History and Physical Examination: Focus on Spine**
Ralph Della Ratta, MD, FACP, and Kevin Curley, MD, FACP

12:30–1:30 Residents Track

Social Media: Strategies for Meaningful Engagement as Clinicians and Educators

Viren Kaul, MD

1:40–2:40

Breakout Session 4

- j. **Population Health**
Moro Salifu, MD, MACP
- k. **Women's Health: Diabetes and Cardiac Problems**
Connie Newman, MD, FACP
- l. **Medical Marijuana**
Kelly Ramsey, MD, FACP

2:50–3:50

Final Plenary

Avoiding Medical Liability Suits

Russell Corker, Esq.

Al Mercado, Esq., MLMIC

Michael Schoppmann, Esq.

Meeting Information

Faculty

Marc Adler, MD, FACP, Nephrologist, Clinical Assistant Professor, Department of Medicine, NYU Winthrop Hospital, Mineola

Louis Aledort, MD, MACP, Professor, Medicine Hematology and Medical Oncology, Icahn School of Medicine at Mount Sinai, New York City

Daniel Barchi, Group Senior Vice President and Chief Information Officer, New York–Presbyterian Hospital, New York City

Cindy Bredefeld, DO, Endocrinologist, Clinical Assistant Professor, Department of Medicine, NYU Winthrop Hospital, Mineola

Russell Corker, Esq., MLMIC, New York City

Kevin Curley, MD, FACP, Clinical Assistant Professor, Department of Medicine, NYU Winthrop Hospital, Mineola

Ralph Della Ratta, MD, FACP, Clinical Associate Professor, Director Medical Clerkship, NYU Winthrop Hospital, Mineola

Andrew Dunn, MD, MACP, Professor, Hospital Medicine, Icahn School of Medicine Mount Sinai, New York City

Kerry Esquitin, MD, FACP, FACC, Cardiologist, Assistant Professor of Medicine, Columbia University Medical Center, New York City

Pat Hale, MD, FACP, Chair, Informatics Committee, New York Chapter, American College of Physicians

Viren Kaul, MD, Fellow, Pulmonary Disease, Icahn School of Medicine, Mount Sinai Health, East Elmhurst

Stanislaw Klek, MD, Professor, Medicine, Endocrinology, Diabetes and Bone Disease, NYU Winthrop Hospital, Mineola

Naveed Masani, MD, FACP, Nephrologist, Clinical Assistant Professor, Department of Medicine, NYU Winthrop Hospital, Mineola

Al Mercado, Esq., Managing Attorney of the Downstate Region for Fager Amsler Keller & Schoppmann, LLP, New York City

Ashutossh Naaraayan, MD, Assistant Professor, Montefiore New Rochelle Hospital, New Rochelle

Connie Newman, MD, FACP, Adjunct Professor, Department of Medicine, NYU School of Medicine, New York City

Kelly Ramsey, MD, FACP, Hudson River Healthcare, New York City

Moro Salifu, MD, MACP, Chief, Division of Nephrology, Chair, Department of Medicine, SUNY Downstate Medical Center, New York City

Michael Schoppmann, Esq., Partner at Fager Amsler Keller & Schoppmann, LLP, New York City

Sonia Tolani, MD, Assistant Professor of Medicine, Division of Cardiology, Co-Director of the Women's Heart Center, Columbia University Medical Center, New York City

Mone Zaidi, MD, MACP, Professor, Medicine, Endocrinology, Diabetes and Bone Disease, Icahn School of Medicine Mount Sinai, New York City



Program Planning Committee

Louis Morris Aledort, MD, MACP

Victoria Bengualid, MD, FACP

Cindy Bredefeld, DO

Kerry Esquitin, MD, FACP

Robert Faillace, MD, FACP

Nick Fitterman, MD, MACP

John Hall, MD, FACP

Viren Kaul, MBBS

Linda A. Lambert, CAE

Naveed Masani, MD, FACP

Parag Mehta, MD, FACP

Connie Newman, MD, FACP

Calvin Pan, MD, FACP

Chris Paras, DO, FACP

Tejas Patel, MD, MPH, MBA, FACP

Raymond Phillips, MD, FACP

Kelly Ramsey, MD, FACP

John Sellick, DO, FACP

Zubin Tharayil, MD

Nidhish Tiwari, MBBS, FACP

Meeting Information

Resident/Fellow Members' and Medical Students' Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive a paid trip to Internal Medicine Meeting 2020 in Los Angeles and be eligible for entrance into the national competition held during the meeting. Contact Karen Tucker Labello at Klabello@nyacp.org for information about entering the Resident/Fellow Members' Competition. Deadline for submissions is July 12, 2019.

Residents and medical students will be presenting the posters on the morning of October 12! Also, a special track for residents is included in the agenda.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Apply updated knowledge of osteoporosis to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Improve clinical practice by incorporating major new developments in diabetes and cardiac problems.
- Understand recent advances in internal medicine.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine



Chapter Awards

It is with distinct pleasure that the New York Chapter presents the following members with this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known.

Maria Carney, MD, FACP
Chris Elsayad, MD, FACP
Kellin King, MD, FACP
Louis Morledge, MD, FACP
Amr Shady, MD, FACP
Steven Shamosh, MD, FACP

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Additional Information

Hotel Accommodations

We have reserved a block of rooms at the following rates until September 10, 2019. When making your reservation, be sure to mention that you will be attending the ACP New York Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 914-939-6300 and using code NYCACP.

Single/Double: \$159

Hilton Westchester Hotel
699 Westchester Avenue
Rye Brook, NY 10573

Reservations can be made at <https://book.passkey.com/event/49806503/owner/3114088/home>.



Additional Fees

All registrations must be received by September 27, 2019, or a late registration fee of \$40 will be added. This includes on-site registrations. Save money by registering now!

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Questions?

If you have questions about the Chapter or the meeting program or have a disability or any special dietary needs, please contact Karen LaBello by telephone at 518-427-0366 or e-mail to klabello@nyacp.org.

To register for the meeting, complete the attached registration form and return it with your fee made payable to:

New York Chapter ACP
744 Broadway
Albany, NY 12207

Contact Us



BY INTERNET

(Credit Card only)
Visit us on the Web
www.nyacp.org



BY MAIL

Make check or money order payable to NYACP.
NYACP
744 Broadway
Albany, NY 12207



BY FAX

(Credit Cards only)
518-427-1991



BY PHONE

518-427-0366
(M-F, 9 a.m.-5 p.m. ET)

New York Chapter Registration Form

CMB

Rye Brook, New York • Saturday, October 12, 2019

RM2012

ACP # (found on mailing label)

Name

MD DO OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.
- Please exclude me from receiving mailings from the meeting exhibitors.



- Check here if you are disabled and require assistance. Please notify the New York Chapter in writing before your course. We'll be glad to help.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by 9/27/19	After 9/27/19
<input type="checkbox"/> ACP Member	\$230	\$270
<input type="checkbox"/> ACP Resident/Fellow Member	\$90	\$90
<input type="checkbox"/> ACP Medical Student Member	\$25	\$25
<input type="checkbox"/> Nonmember Physician	\$290	\$330
<input type="checkbox"/> Nonmember Resident	\$150	\$150
<input type="checkbox"/> Nonmember Medical Student**	\$25	\$25
<input type="checkbox"/> Nonmember Allied Health Professional	\$145	\$185
<input type="checkbox"/> Other (guest/spouse)—if applicable	\$100	\$100

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

Please select one of the below if you have a food restriction:

Vegetarian Vegan Gluten-free

If you require special assistance, please tell us how we can help.

PAYMENT:

Please make your check payable to **New York Chapter** and mail to:

Attention: NYACP
Karen LaBello
744 Broadway
Albany, NY 12207